Call for New Positions

Anyone looking to expand his or her role within CANP? Now is the time to get involved! We continue to have two openings on the board of directors: Secretary and Membership. The position as Secretary involves attending meetings, recording meeting minutes, and dispersing the minutes among the board to keep everyone on track of obtaining our projected goals for the year. The second is the Membership role, one that encourages nurse practitioners out there to join our organization and keeps a close eye on recruitment and retention. Please contact Courtney Thompson or Barbara Lome if interested in taking on either of these vital roles!

Start Networking!

We have finally launched a LinkedIn profile page for CANP - Central Chapter. This is a great way to network with others in your field, search for preceptorship, and seek out new and exciting career opportunities. As with the Facebook website, this site will be advertising CANP meetings and fun local healthcare related events.

October Meeting Recap

Our October meeting was held at True Food Kitchen San Diego and sponsored by Bristol-Myers Squibb. This fascinating talk was led by Dr. Darlene Elias, a pulmonary disease specialist at Scripps Health who specializes in deep vein thrombosis and pulmonary embolism. She discussed the anticoagulant Eliquis (apixaban), which is used to treat DVTs and PEs, and reducing the risk of recurrence of both.

Nurse Practitioner Week

We had a fun-filled week this year celebrating all the hard-working nurse practitioners out there! November 13th was the CANP-Central Chapter’s meeting which was a social networking event at MOSAIC wine bar in North Park. We chatted over drinks and pizza, and members were entered into a drawing for numerous free prizes!
**Nurse Practitioners in the News**

California’s proposition 46 failed to pass on election day, November 4, 2014. CANP, along with many other healthcare organizations, opposed this bill due to the probable increase in health care costs it would have generated. This bill would have increased the medical negligence lawsuit cap from the current $250,000 to over $1 million. It would also have required drug and alcohol testing and reporting of physicians, and required health care providers to access the prescription drug database before prescribing controlled substances. Click here for full article.

California is currently ranked 26th in the country when comparing the number of primary care physicians to patients. The 2013 SB 491 bill was proposed to aid this deficit, yet was unable to be passed through the Assembly of Appropriations Committee. Some NPs state that the Doctor of Nursing Practice degree will help in the future to pass this valuable bill, decreasing the evolving deficit of primary care providers. Click here for full article.

As nurse practitioners are stepping forward to fill the role of primary care provider for many in the midst of the healthcare reform, many barriers still exist. One barrier is the opt-out option for Medicaid expansion issued by the Supreme Court. Some states have chosen to expand Medicaid services, and nurse-run centers have proven to be a cost-effective way to manage care. Donna Torrisi, RN, MSN has a nurse-managed health center named Family Practice & Counseling Network in Philadelphia which has been recognized by the U.S. Department of Health and Human Services as a model. Click here for full article.

The Federal Trade Commission staff has issued a policy paper called “Policy Perspectives: Competition and the Regulation of Advanced Practice Nurses,” encouraging legislators to think twice before attempting to limit Advanced Practice Registered Nurses’ scope of practice. Click here for full article and link to policy paper.

**Keeping up with Healthcare**

There is a countless number of articles related to healthcare, disease, and medical management. Below are just a few of these fun health highlights:

A new study (n=9,400) shows that Pradaxa (dabigatran) carries a higher risk of gastrointestinal or major bleeding when compared to Coumadin (warfarin) when taken for atrial fibrillation. However, the study showed opposite results when comparing the risk of brain bleeds, with Coumadin being ahead. Click here for full article.

A prospective study based out of Bloomington, PA followed 899 participants for six months in order to study common causes of idiosyncratic drug-induced liver injury, which causes almost 12% of acute liver failure cases nationwide. Among the top five most common drug classes, herbal and dietary supplements ranked number two (n=145), and antimicrobials ranked number one (n=408). Click here for full article.

Cutting soda and increasing water intake has been shown to decrease recurrence of kidney stones according to American College of Physicians. To achieve this goal, one should be producing two liters of urine per day. Click here for full article.
Obese minorities are at higher risk of developing breast cancer according to American Institute for Cancer Research. A study showed Hispanic women (n=3,200) had a higher risk of estrogen receptor-negative and progesterone receptor-positive tumors when overweight or obese, whereas black women (n=15,000) had a higher risk of estrogen receptor-positive tumors. Click here for full article.

Unfortunately, the Centers for Disease Control and Prevention have verified that half of the circulating strains of H3N2 influenza have mutated! This poses a problem because the annual influenza vaccine was created prior to when the mutations occurred. Due to this fact, the CDC urges providers to prescribe antivirals for any suspected influenza cases before the diagnosis is confirmed. Click here for full article.

**Legislative Highlights**

The most influential way to impact your community and nursing practice is to contact your elected officials. Click here for tips on how to talk to your legislator.

CANP follows bills that:
1. Affect NP's scope of practice, or that of other advanced practice nurses
2. List who may be reimbursed for a medical procedure or services
3. Define the practice of medicine or nursing
4. Deal with prescribing of drugs
5. Use the term "physician" instead of "provider"
6. Impact our patient population

**AB 1667**  **Williams D**  **Tuberculosis testing in schools.**

Current Text: Chaptered: 9/15/2014


Location: 9/15/2014-A. CHAFTERED

Summary: Would require a person to submit to a tuberculosis risk assessment, and, if risk factors are identified, would then require the person to submit to a tuberculosis examination to determine that the person is free of infectious tuberculosis. The bill would also make those provisions applicable to persons under contract in any school or volunteering in a public school, except as specified. This bill contains other related provisions and other existing laws.

**AB 2139**  **Eggman D**  **End-of-life care: patient notification.**

Current Text: Chaptered: 9/25/2014

More on NPs in the News

Visit the CANP Central Chapter Facebook Page

Visit the CANP Central Chapter Linkedin Page

**Location:** 9/25/2014-A. CHAPTERED

**Summary:** When a health care provider, as defined, makes a diagnosis that a patient has a terminal illness, existing law requires the health care provider to provide the patient, upon the patient's request, with comprehensive information and counseling regarding legal end-of-life options, as specified, and provide for the referral or transfer of a patient, as provided, if the patient's health care provider does not wish to comply with the patient's request for information on end-of-life options. This bill would apply these provisions to another person authorized to make health care decisions, as defined, for a patient with a terminal illness diagnosis.

**SB 600 Lieu D Drugs.**

**Current Text:** Chaptered: 9/20/2014

**Status:** 9/20/2014-Chaptered by Secretary of State - Chapter 492, Statutes of 2014.

**Location:** 9/20/2014-S. CHAPTERED

**Summary:** Current law, commencing July 1, 2016, prohibits a wholesaler or repackager from selling, trading, or transferring a dangerous drug at wholesale without providing a pedigree, as defined, and from acquiring a dangerous drug without receiving a pedigree. Current law imposes parallel requirements with respect to pharmacies commencing July 1, 2017. Current law makes these pedigree requirements inoperative upon the effective date of federal law addressing pedigree or serialization measures for dangerous drugs, or as otherwise specified in the event of a conflict with federal law. This bill would repeal the pedigree requirements and make related conforming changes.

Please visit the CANP’s Advocacy page for a full list of highlighted bills.

**Education Committee wanted!**

The BOD is currently looking for anyone interested in assisting the Membership Chair in educating NP students about CANP. This could include presentations at local NP programs, mentoring student CANP members, and/or finding ways to increase student involvement in CANP events. If you are interested please contact Courtney Thompson.

**Call for Preceptors**

We have many enthusiastic and motivated students who are working hard to build their career path towards that of a nurse practitioner - but they need your help! While some graduate programs have clinical coordinators to arrange preceptorship, many do not. Listed below are a few of the many students who are actively seeking preceptors for the
upcoming semesters. Please email Courtney Thompson if you, or someone you know, is willing to work with these great individuals!

Anzhela (Angie) Davydov:  
Angie is a second year NP student at the University of Phoenix looking for a preceptor in Family/Adult/Geriatrics beginning 02/14/2015 - 07/11/2015 for at least 8 hours a day, once a week. Angie has been a RN for two years and currently works as a telemetry nurse.

Dia Blythe:  
Dia is a FNP student enrolled in an online program at Ball State University in Indiana. She is looking for a FNP who specializes in women’s health services (prenatal/postpartum, gynecology, and reproductive health), as well as a FNP who specializes in pediatric care. Her clinical rotation begins May 2015.

Lily Conmy:  
Lily is an Arizona State University DNP student seeking out a clinical site to expand her project titled: Hypertension Medication Adherence in Asian Americans. She is looking for a short-term site to implement and evaluate her project which is scheduled to wrap up prior to her graduation date of April 2015. She is willing to send more information out to all those interested or able to help!

**Connections Newsletter**

Connections is the California Association for Nurse Practitioners’ monthly electronic newsletter, delivering news about what’s going on at every level of the organization, from individual chapters to statewide administration. It also includes items gleaned from the news media on topics of interest to CANP members. [Link to recent Connections Newsletters](#)!