Message from the President

We are entering an exciting time here in California! There is a new bill (SB 323) that would allow full practice authority for nurse practitioners. Over the past few years, CANP and our lobbyists have been actively engaged with legislators and stakeholders. However we need EVERYONE to be actively involved so that this bill will pass and we can finally function at the full level of our education. There are many ways that you can help:

On the CANP web site, under the Advocacy tab:
- SB 323 Resource Center has links to find your legislators as well as talking points and information regarding NP practice
- Consider making a donation to the Political Action Committee. You can find information about their activities and how to donate.

Once you know who your legislators are:
- Sign up for their informational newsletters and consider attending a community event where you can introduce yourself as a constituent.
- "Like" them on Facebook or LinkedIn.
- Make an appointment to meet with them. You can contact our chapter’s Legislative representative Lily Conmy for guidance.

Attend Lobby Day in Sacramento on May 19, 2015. If you are planning to attend, you must sign up through the CANP website.

Talk with your colleagues, family and neighbors and ask them to contact their legislators regarding SB 323.

I know how busy we all are, and it is easy to assume that someone else is doing one of the above activities. There are 16,000 nurse practitioners in California yet there are only 3,000 CANP members. Nurse practitioners advocate for our patients daily without hesitation. Actively participating in grassroots efforts regarding SB323 is another way to advocate for our patients by removing the restrictions that limit the effectiveness of our practice. I am asking each of you to join the campaign for full practice authority!

Barbara Lome DNP ACNP-BC
President, San Diego Central chapter
Upcoming Elections

That's right everyone, election time is right around the corner! We need nominations for the following Board of Director positions to prepare for our May 2015 elections:

- President Elect
- Treasurer
- Membership
- Secretary (tentatively filled by Andrew White)

The duration is two years and time commitment is minimal (no more than 30 minutes per month). Please contact Barb Lome if you have any questions about the open positions or are interested in running for the board!

Start Networking!

Be sure to join our LinkedIn profile page named: CANP - Central Chapter. This is a great way to network with others in your field, search for preceptorship, and seek out new and exciting career opportunities. As with the Facebook website, this site will be advertising CANP meetings and fun local healthcare related events.

House of Delegates & Lobby Day

Representatives of each CANP chapter will be traveling to the House of Delegates (HOD) May 18th held at the Sheraton Grand Hotel in Sacramento to act as the voice of all CANP members. These seated representatives will be permitted to vote at HOD, however, the session is open to ALL members.

Following HOD on May 19 is Lobby Day 2015, where NPs will be able to meet face-to-face with legislators. This annual event is highly inspirational, encouraging conversation at the local level.

Nurse Practitioners in the News

As the fight against Ebola continues, many healthcare providers are traveling to Africa to treat victims of this deadly disease. Listen to the story of one Nurse Practitioner, Susie Foster, who traveled to Sierra Leone to do just that. Click here for the full link.

Cindy Tofthagen, PhD, ARNP, AOCNP, FAANP of Tampa, FL helped to open a monthly nurse-led peripheral neuropathy free clinic on the University of South Florida campus. Patients here are able to meet with not only a provider, but also an occupational therapist, physical therapist, and mental health counselor. Future plans exist to develop more clinics to address other chronic conditions. Click here for the full article link.

CVS MinuteClinic Nurse Practitioners are now able to provide DOT exams after completing FMCSA training and passing a test on physical qualification standards. Click here for the full article link.

Read about the release of SB 323, which could grant California Nurse Practitioners full practice authority. Click here for the full article link.

Keeping up with Healthcare
There is a countless number of articles related to healthcare, disease, and medical management. Below are just a few of these fun health highlights:

A study published in *JAMA* involving more than 200 thousand individuals found that middle-aged or older people participating in some form of high-intensity exercise decrease their risk of dying early by up to 13%. Click here for full article.

A study out of the *New England Journal of Medicine* reveals a higher number of deaths from heart disease and stroke worldwide due to population growth and advancing age. Click here for full article.

Review the advancement and evolution of cancer detection protocols as summarized by the Centers for Disease Control and Prevention. Click here for full article.

An article featured in *Annals of Allergy, Asthma and Immunology* showed a correlation between childhood trauma and the incidence of asthma cases. Elevated frequency and severity of emotional trauma may lead to a higher risk of asthma development. Click here for full article.

In 2012, 7% of new HIV infected were noted to be related to injection drug use. Cross-sectional behavior studies were completed in 20 cities by the National HIV Behavioral Surveillance system to look at this and other high-risk behaviors among areas with a high prevalence of acquired immunodeficiency syndrome. Click here for full article.

Over nine thousand new cases of tuberculosis (TB) were reported in the United States in 2014. While the overall disease incidence is on the decline, it does not meet the goal of TB elimination, defined as 1 case per 1,000,000. Click here for full article.

**Legislative Highlights**

The most influential way to impact your community and nursing practice is to contact your elected officials. Click here for tips on how to talk to your legislator.

CANP follows bills that:
1. Affect NP’s scope of practice, or that of other advanced practice nurses
2. List who may be reimbursed for a medical procedure or services
3. Define the practice of medicine or nursing
4. Deal with prescribing of drugs
5. Use the term “physician” instead of “provider”
6. Impact our patient population

*Highlighted Bill:*

**SB 323  Hernandez D Nurse practitioners.**
Current Text: Amended: 3/26/2015

Status: 4/7/2015-Referred to Com. on B., P. & E.D.

Location: 4/7/2015-S. B., P. & E.D.

Summary: Would authorize a nurse practitioner who holds a national certification from a national certifying body recognized by the Board of Registered Nursing to practice without the supervision of a physician and surgeon, if the nurse practitioner meets existing requirements for nurse practitioners and practices in one of certain specified settings. The bill would authorize a nurse practitioner, in addition to any other practice authorized in statute or regulation, to perform specified acts without reference to standardized procedures or the specific need for the supervision of a physician and surgeon.

AB 41 Chau D  Health care coverage: discrimination.

Current Text: Introduced: 12/1/2014

Status: 1/22/2015-Referred to Com. on HEALTH.

Location: 1/22/2015-A. HEALTH

Summary: Current law prohibits certain discriminatory acts by health care service plans and health insurers. Current federal law, beginning January 1, 2014, prohibits a group health plan and a health insurance issuer offering group or individual health insurance coverage from discriminating with respect to participation under the plan or coverage against any health care provider who is acting within the scope of that provider's license or certification under applicable state law. This bill would provide that no reimbursement is required by this act for a specified reason.

AB 73 Waldron R  Prescriber Prevails Act.

Current Text: Amended: 3/16/2015

Status: 3/17/2015-Referred to Com. on HEALTH.

Location: 3/17/2015-A. HEALTH

Summary: Would, to the extent permitted by federal law, provide that drugs in specific therapeutic drug classes that are prescribed by a Medi-Cal beneficiary's treating provider are covered Medi-Cal benefits. The bill would require, except as specified, that a Medi-Cal managed care plan cover the drug upon demonstration by the provider that the drug is medically necessary and consistent with federal rules and regulations for labeling and use, as specified.
SB 128  Wolk D  End of life.

Current Text: Amended: 3/17/2015


Location: 3/26/2015-S. JUD.

Summary: Would enact the End of Life Option Act authorizing an adult who meets certain qualifications, and who has been determined by his or her attending physician to be suffering from a terminal illness, as defined, to make a request for medication prescribed pursuant to these provisions for the purpose of ending his or her life. The bill would establish the procedures for making these requests. This bill contains other related provisions and other existing laws.

Please visit the CANP’s Advocacy page for a full list of highlighted bills.

Education Committee wanted!

The BOD is currently looking for anyone interested in assisting the Membership Chair in educating NP students about CANP. This could include presentations at local NP programs, mentoring student CANP members, and/or finding ways to increase student involvement in CANP events. If you are interested please contact Courtney Thompson.

Call for Preceptors

We have many enthusiastic and motivated students who are working hard to build their career path towards that of a nurse practitioner - but they need your help! While some graduate programs have clinical coordinators to arrange preceptorship, many do not. Listed below are a few of the many students who are actively seeking preceptors for the upcoming semesters. Please email Courtney Thompson if you, or someone you know, is willing to work with these great individuals!

Stacy Kuhl:
Stacy is working towards her MSN/FNP online through Maryville University out of St. Louis, MO. As part of her clinical practicum she is responsible for finding her own preceptors. She is looking for someone that could begin rotations in adult family practice or internal medicine around May 4th for approximately 100 hours throughout the summer.
Kaitlin Hartman:
Kaitlin is seeking a preceptor to fulfill the practicum portion of her MSN program for California State University, San Marcos. She is currently a RN at Scripps Health, Trauma Observation and completed her BSN at California State University, San Bernardino.

Dia Blythe:
Dia is a FNP student enrolled in an online program at Ball State University in Indiana. She is looking for a FNP who specializes in women’s health services (prenatal/postpartum, gynecology, and reproductive health), as well as a FNP who specializes in pediatric care. Her clinical rotation begins May 2015.

Inside the Treasury

Things are going well financially and we are happy to say that CANP was able to make a generous raffle donation to this year’s conference in Newport Beach. The raffle is one of the most important fundraising events for the state.

Connections Newsletter

Connections is the California Association for Nurse Practitioners’ monthly electronic newsletter, delivering news about what’s going on at every level of the organization, from individual chapters to statewide administration. It also includes items gleaned from the news media on topics of interest to CANP members. Link to recent Connections Newsletters!