The North County Pulse

Winter 2019

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The San Diego North Chapter proudly serves and supports CANP members from the shores of La Jolla to Camp Pendleton and eastward. This chapter is vibrant and active with monthly educational dinner meetings, leadership opportunities, and political activism, held at many phenomenal venues among the relaxed beaches of the north county area.

If you have any NP related events or information you would like to be included in our future newsletters, please send articles or pictures to jstar45@gmail.com
Policy/Legislative Updates

Why AB 890 is crucial for Californian NP’s

By Maura Dulski, Legislative Chair

Assembly Bill (AB) 890 was introduced by California Assemblymember Jim Wood (D-Santa Rosa) in 2018 and would expand NP education and revise scope of practice regulations. This would allow NPs to practice without physician supervision after a transitional period of collaboration with a physician. In addition, performing additional specialized functions, including ordering and interpreting diagnostic procedures, certifying disability, and prescribing, dispensing, and administering controlled substances without physician oversight. **NPs do these functions everyday, however removing the restrictive standardized practices would allow NPs to practice to the full extent of our education and training.** This does not mean that we would not collaborate as collaboration is part of being a healthcare team and also part of the nursing code of ethics.

Statements from Assemblymember Woods regarding the bill express the ability for NP’s to be able to practice at the top of their license and education, reduce health care cost, reduce avoidable emergency department stays and hospitalizations, and lower costs of retail clinic use and primary care. If full practice authority is achieved by 2020, there would be nearly 50,000 fewer revisits to emergency department for ambulatory sensitive conditions, resulting in a savings of more than $58 million per year. Lastly, it would remove scope of practice restrictions and increase nurse practitioner supply by 25%!

**Currently the bill is being held in the Assembly Appropriations Committee by Assemblywoman Lorena Gonzalez of Chula Vista/District 80.** If we can get enough support, the bill will move to the governor’s desk the top of next year. If not, the bill dies in the committee. This bill is beneficial for California for patient access, decreased healthcare costs, and improved collaboration in teams in health care. It is especially fundamental for NP practice. Please support AB 890!

**4 Practical Things You Can Do!**

1. Ask your supervising physician, medical director, or local non-profit affiliate to join the coalition [closetheprovidergap.com](http://closetheprovidergap.com)
2. Email your Assemblymember and Senator to request their support for AB 890
3. Follow our CANP chapter on social media and share our posts! Support AB 890 on social media. Tag your Assemblymember and Senator and use hashtags: #AB890, #FullPracticeAuthority, #DirectAccessToCare, and #CALeg.
4. Visit the Assembly Bill 890 toolkit online at https://canpweb.org/advocacy/grassroots-resource-center/assembly-bill-890-toolkit/ to explore resources that CANP has to aid our grassroot’s efforts.

Upcoming Events

**NP Week Events: November 10-16th**

Support your chapter-get a CANP t-shirt!
Contact Carol Caloma to order: carolanncoloma@gmail.com. $15 each
**Free T-shirt for any member who brings a new member that joins CANP SDNorth**

- **Happy Hour Social: Tuesday, November 12, 2019 @ The Winery in UTC 6-8pm.** To kick off NP week join us for this casual mixer. We have rented out the patio and all NPs are welcome! We have teamed up with San Diego South Chapter to host this fun event and celebrate all of you! Drink tickets and appetizers provided. This is a free event but we will need a headcount so please register on our CANP website.
Celebration and Dinner Meeting: Thursday, November 14, 2019 @ Trulucks in UTC
6-9pm. Truvada for PrEP is sponsoring our monthly meeting. To celebrate NP Week, we will be announcing our 2 scholarship winners at the beginning of the night.

Lobby Day is May 12th, 2020. Each year CANP chapters across the state join together at the state capital to meet with legislatures in person to help advance scope of practice and the NP profession. If you are interested, we will be letting you know how to register as time gets closer.

CANP Education Conference is March 19-22, 2020. Save the Date!

Benefits of CANP Membership

By Jennifer Kessler, Marketing Chair

Being a member of CANP gives you so much more than access to educational practice updates and delicious dinners. Did you know that as a CANP member, you have access to free legal consultation? You get up to three 15 minute legal consultations. There are also numerous discounts on professional liability insurance, car/home insurance, clinical resources like Epocrates, and the annual educational conference.
Additionally, CANP serves as your political voice on Capitol Hill. CANP is the largest organization representing nurse practitioners in the state of California with a full time lobbyist to advocate just for NPs. Members have the opportunity to be as involved politically as they desire. Either joining with local chapters efforts to reach out to local government or annual Lobby Day.

Being involved as a member is a terrific networking resource. Looking for a new job or a preceptor? Several of our members have gotten these needs met by being engaged members. So with all of these benefits, only a small fraction of NPs in our region are members. Let your NP colleagues and friends know about these exclusive benefits and take advantage of them yourself! Information about all of these benefits can be found on CANPweb.org.

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<th><strong>Are you a student and need help paying for the cost of education?</strong></th>
<th><strong>Do you know an outstanding NP who is deserving of recognition?</strong></th>
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<td>Then consider applying for this year’s Student Scholarship. One winner will be announced during NP Week this November. Only active San Diego North Chapter members are eligible to apply. Access application at <a href="https://canpweb.org/chapters/san-diego-north-chapter/documents/">https://canpweb.org/chapters/san-diego-north-chapter/documents/</a></td>
<td>Please consider nominating them for this year’s NP of Distinction Award. One winner will be announced during NP week this November. Nominees must be active members of this chapter and working as an NP. Access application at <a href="https://canpweb.org/chapters/san-diego-north-chapter/documents/">https://canpweb.org/chapters/san-diego-north-chapter/documents/</a></td>
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<th><strong>Are you doing a research project and need research participants?</strong></th>
<th><strong>Do you need a job or do you have an open position you are trying to fill?</strong></th>
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<td>Your chapter members would love to help! To get the word out, contact Jennifer Kessler: <a href="mailto:jstar45@gmail.com">jstar45@gmail.com</a> to be advertised in the next quarterly newsletter.</td>
<td>Did you know CANP has an online job board? Visit <a href="https://nprac.ca.associationcareernetwork.com">https://nprac.ca.associationcareernetwork.com</a> to search and post jobs.</td>
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Executive Leadership Board for 2019-2020

Top Row: Laura Wolfgang (President), Oluwaseun Ogunjimi (Legislative Chair), Maura Dulski (Health Practice and Policy Chair), Ashley Eischeid (Education Chair), Megan Bauscher (Student Representative)

Second Row: Sara Herbenick (VP of Finance), Carol Coloma (Membership Chair), Jennifer Kessler (Communications/Marketing Chair), Elaine Henson (VP Corporate Affairs)

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CANP San Diego North