Exciting Update from our President Elect

In December the Department of Veterans Affairs (VA) announced that it would permit full practice authority to most APRN roles within the VA with the exception of CRNAs. NPs will be able to practice to the full extent of their education, training, and certification, regardless of state restrictions that currently limit full practice authority. This final rule is a critical step for America's veterans to be able to obtain timely, high quality care in the Veterans Health System. Hopefully CANP can look at this ruling and use it as a pivoting point to get similar laws passed with California.

Click [here](#) to read more.

Sincerely,

Andrew White, DNP, FNP-C, PNP-BC, AAHIVS
CANP San Diego-Central President Elect

Annual Education Conference

The CANP Annual Educational Conference offers nurse practitioners (as well as physician assistants, nurse midwives, nurse anesthetists and students) an exciting opportunity to learn from some of the most influential figures in the industry. Exhibitors come from all over to showcase the latest products and services. The evening programs offer terrific opportunities to network and socialize. The 40th Annual Educational Conference is set for March 16-19, 2017 at the Hyatt Regency San Francisco Airport Hotel, located just minutes south of San Francisco. Click [here](#) to register!
Start Networking!

Be sure to join our LinkedIn profile page named: CANP - Central Chapter. This is a great way to network with others in your field, search for preceptorship, and seek out new and exciting career opportunities. As with the Facebook website, this site will be advertising CANP meetings and fun local healthcare related events. A new addition to our Central Chapter social network is Twitter... so let's get tweeting!

For all of you new to the social media world, please refer to our basic "how-to" guide about the following sites: Facebook, Twitter, and LinkedIn. Click here to view these tips

Nurse Practitioners in the News

Learn more about the expansion of nurse practitioners worldwide! Click here!

The Department of Veterans Affairs (VA) recently announced that it is amending provider regulations to permit full practice authority to three roles of VA advanced practice registered nurses (APRN) to practice to the full extent of their education, training, and certification, regardless of state restrictions that limit such full practice authority, except for applicable state restrictions. Click here to learn more.

Many providers fear what will happen if the Affordable Care Act is repealed. Click here to get a variety of perspectives on the evolving partisan plans for Obamacare.

Keeping up with Healthcare

Is intensive exercise on the weekend just as good as a little active every day? Click here to find out!

Spread of triple-negative breast cancer could be halted with existing drug already approved for the treatment of estrogen receptor positive breast cancers. Click here to learn more.

A new study shows that an hour long nap may boost memory and thinking skills for older adults. Click here for the full article.

Mysterious marijuana illness spikes in legalized states. Click here to learn more.
**Legislative Highlights**

The most influential way to impact your community and nursing practice is to contact your elected officials. Click here for tips on how to talk to your legislator.

CANP follows bills that:
1. Affect NP’s scope of practice, or that of other advanced practice nurses
2. List who may be reimbursed for a medical procedure or services
3. Define the practice of medicine or nursing
4. Deal with prescribing of drugs
5. Use the term “physician” instead of “provider”
6. Impact our patient population

**AB 41 Chau D Health care coverage: discrimination.**

**Current Text:** Introduced: 12/1/2014
**Status:** 1/22/2016-Failed Deadline pursuant to Rule 61(b)(2). (Last location was 2 YEAR on 5/29/2015)
**Location:** 1/22/2016-A. DEAD
**Summary:** Current law prohibits certain discriminatory acts by health care service plans and health insurers. Current federal law, beginning January 1, 2014, prohibits a group health plan and a health insurance issuer offering group or individual health insurance coverage from discriminating with respect to participation under the plan or coverage against any health care provider who is acting within the scope of that provider's license or certification under applicable state law. This bill would provide that no reimbursement is required by this act for a specified reason.

**AB 775 Chiu D Reproductive FACT Act.**

**Current Text:** Chaptered: 10/9/2015
**Status:** 10/9/2015-Chaptered by Secretary of State - Chapter 700, Statutes of 2015.
**Location:** 10/9/2015-A. CHAPTERED
**Summary:** Would enact the Reproductive FACT (Freedom, Accountability, Comprehensive Care, and Transparency) Act, which would require a licensed covered facility, as defined, to disseminate a notice to all clients, as specified, stating, among other things, that California has public programs that provide immediate free or low-cost access to comprehensive family planning services, prenatal care, and abortion, for eligible women.
AB 637  Campos D  Physician Orders for Life Sustaining Treatment forms.

Current Text: Chaptered: 8/17/2015


Location: 8/17/2015-A. CHAPTERED

Summary: Current law requires a physician to treat a patient in accordance with the Physician Orders for Life Sustaining Treatment form (POLST form) and specifies the criteria for creation of a POLST form, including that the form be completed by a health care provider based on patient preferences and medical indications, and signed by a physician and the patient or his or her legally recognized health care decision maker. This bill would authorize the signature of a nurse practitioner or a physician assistant acting under the supervision of the physician and within the scope of practice authorized by law to create a valid POLST form.

Please visit the CANP's Advocacy page for a full list of highlighted bills.

Education Committee wanted!

The BOD is currently looking for anyone interested in assisting the Membership Chair in educating NP students about CANP. This could include presentations at local NP programs, mentoring student CANP members, and/or finding ways to increase student involvement in CANP events. If you are interested please contact Courtney Thompson or Pam Sikes.

Call for Preceptors

We have many enthusiastic and motivated students who are working hard to build their career path towards that of a nurse practitioner - but they need your help! While some graduate programs have clinical coordinators to arrange preceptorship, many do not. Please email Courtney Thompson if you, or someone you know, is willing to work as a preceptor!

Elizabeth Riley is a psychiatric NP who is attending the University of Cincinnati to complete a post masters in Family NP and would like to share the following: I am wanting to expand my practice and have found I do much educating on issues that are not psychiatric in nature (blood pressure, A1c, etc). With this education I find I need a broader base of knowledge. I have reached out to some of you and procured one preceptor so far. I understand it can be somewhat onerous to precept students in that it slows down your practice and there is required paperwork on your part. However, I am already licensed, am interested in learning from you, have a great sense of humor, and I often have chocolate.
As a RN I worked both inpatient and outpatient from PCU to ED.

These are my requirements for school:
I will be in need of 150 hours women’s health, 200 hours peds, 332 primary care (90 of these 332 may be in a specialty). This would look like:
Summer 2017 168hrs, fall 2017 168 hours, Spring 2018 168 hours, summer 2018 168 hours.
I am off work from the VA on Tuesdays and weekends but I am willing to take time off to get the hours completed.

Connections Newsletter
Connections is the California Association for Nurse Practitioners’ monthly electronic newsletter, delivering news about what’s going on at every level of the organization, from individual chapters to statewide administration. It also includes items gleaned from the news media on topics of interest to CANP members. Link to recent Connections Newsletters!

Concerned About Your Financial Future?
Our friends at WestPac Wealth Partners can help!
Please email either Nemanja Selezan or Djoko Radunovic if you would like to be included in private email alerts, inviting you to monthly FUN TOPIC meetings.
Monthly meetings will discuss such items as rollovers, debt management, budgeting, asset protection, and investing. This company works with the nursing industry frequently, and is well-versed in the specific financial needs and concerns with this profession.

Meet Suzanne Urban, your California Casualty representative, offering CANP members trusted, personalized auto and home insurance with customized coverage, competitive pricing and exceptional service. To get your quick, no obligation quote today, please call 1-888-497-5926 or visit www.calcas.com/surban
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