### President's Message

As I begin my term as President, I want to first thank Jan Sebring and the outgoing board members for their hard work over the past year. I also want to thank the current board of directors for their willingness to “step up to the bat”, and I look forward to a productive and exciting 2014-2015! This year’s focus will be on developing a strong, visible foundation. Hopefully, a new bill will be proposed next year to expand our practice. We need to establish a visible presence with legislators and the general public. Our chapter will work on developing relationships with legislators, educating them on the NP role and supporting legislators’ efforts while promoting collaboration. I challenge each of you to reach out to your legislators through community events, letters or e-mails. We can’t expect legislators to support expanding our practice if they don’t understand our role in health care. Please utilize the resources under the Advocacy tab on the CANP web site to identify and communicate with your legislators. Although bill 491 failed last year, opportunities for improvement were identified. Nurse practitioners must be active, vocal advocates for ourselves in order to optimally advocate for our patients. Anyone interested in communicating with legislators should contact Lily Conmy (Legislative chair) or myself. I look forward to talking with you at chapter meetings!

Barbara Lome  
President CANP Central SD

### Call for New Positions

Exciting news – we still have two openings on the board of directors! The first is the position as Secretary. This position involves attending meetings, recording meeting minutes, and dispersing the minutes among the board to keep everyone on track of obtaining our projected goals for the year. The second is the Membership role, one that encourages nurse practitioners out there to join our organization and keeps a close eye on recruitment and retention. Jan Sebring has graciously volunteered to act as a stand-in for this position until we have a permanent member. These are great opportunities for those who wish to be more involved with CANP! Please contact Courtney Thompson or Barbara Lome if interested in taking on either of these vital roles!
Saturday, September 6th CEU Recap

On Saturday, September 6\textsuperscript{th} we held an informative talk by representatives of the Latino Physicians of California explaining how the Affordable Care Act affected private insurance, Medi-Cal and Covered California. Two CEUs were provided. Better understanding of these complex issues is imperative to guide patients to the appropriate resources. The next open enrollment period will be from November 15, 2014 to February 15, 2015. Most people without health insurance will face a tax penalty starting next year. We need to share this information with everyone as health care advocates. The sponsor has graciously allowed us to share their presentation slides, which can be found in the News section for our chapter on the CANP web site.

Resources to guide patients include:

- Covered California enrollment counselors
  - [www.coveredca.com/enrollment-assistance/](http://www.coveredca.com/enrollment-assistance/)
- The sponsors offered to assist us and help direct us to local resources
  - Maternal and Child Health Access
    - [www.mchaccess.org](http://www.mchaccess.org)
    - (213) 749-4261
  - Neighborhood Legal Service of Los Angeles County
    - [www.nlsla.org](http://www.nlsla.org)
    - (800) 896-3202

Get Ready for NP Week

That’s right, NP Week is right around the corner – November 9-15\textsuperscript{th}. Stay tuned to the CANP Events page for more fun activities that will increase awareness of all the amazing work NPs do in our community!

Nurse Practitioners in the News

Amy Wongsampigoon of NC State was granted the 2014 Bernard A. Kershner Innovations in Quality Improvement Award for research and increased awareness of the HPV vaccination among college-aged males. [Click here](http://www.canp.org) for article link.

With the expansion of the nurse practitioner role in the primary care setting, in-office procedures, especially dermatological ones, remain controversial among many. While some argue that such procedures completed by nurse practitioners and physician assistants should be more regulated, and in some cases, not performed at all, others remind the public of additional training programs that these providers undergo. [Click here](http://www.canp.org) for article link.

Minnesota, the 19\textsuperscript{th} state to allow full-practice authority to nurse practitioners, is using its positive patient outcomes to push the Veterans Affairs facilities to move forward in expanding its role of nurse practitioners and reduce their restrictions. [Click here](http://www.canp.org) for article link.
Extending Healthcare Throughout the Community

San Diego is an innovative city, striving to decrease barriers to healthcare through unique ties and innovative measures. Community clinics and hospital systems have taken the steps needed to move in this forward direction to expand healthcare services and resources. Below are just a few examples of those actions.

San Ysidro Health Center focuses on three major barriers to healthcare in order to develop a strategy for expanding care: decreased access, lack of insurance, and chronic disease management.

University of California, San Diego utilizes medical students and volunteers to provide care in student-run free clinics throughout San Diego to reach underserved populations. The Por La Vida program for cancer detection and healthy lifestyle choices is also emphasized among Latina women. UC San Diego is affiliated with St. Vincent de Paul Village and has since created a residency program to offer both primary care and mental health services to a primarily homeless population.

Family Health Centers of San Diego provides an abundance of care to underserved individuals. From expanding transgender health services to using Mobile Medical Units known as KidCare Express to reach children and families, their service never goes unnoticed. This past June, our very own Summer Tekippe was featured in KPBS's coverage of the usage of medical mobile units to reach vulnerable populations.

Legislative Highlights

The most influential way to impact your community and nursing practice is to contact your elected officials. Click here for tips on how to talk to your legislator.

CANP follows bills that:
1. Affect NP’s scope of practice, or that of other advanced practice nurses
2. List who may be reimbursed for a medical procedure or services
3. Define the practice of medicine or nursing
4. Deal with prescribing of drugs
5. Use the term “physician” instead of “provider”
6. Impact our patient population

AB 548  Salas D Public postsecondary education: community college registered nursing programs.

Current Text: Chaptered: 8/15/2014

Status: 8/15/2014-Chaptered by Secretary of State - Chapter 203, Statutes of 2014.
More on NPs in the News

Location: 8/15/2014-A. CHAPTERED

Summary: Would extend the operation of provisions related to community college nursing programs until January 1, 2020, and would require the Chancellor of the California Community Colleges to submit a report on or before March 1, 2015, and annually thereafter to the Legislature and the Governor that examines and includes, but is not necessarily limited to, specified information on nursing students admitted through the multicriteria screening process. This bill contains other existing laws.

AB 809

Logue R Healing arts: telehealth.

Current Text: Chaptered: 9/18/2014


Location: 9/18/2014-A. CHAPTERED

Summary: Current law requires a health care provider, as defined, prior to the delivery of health care services via telehealth, as defined, to verbally inform the patient that telehealth may be used and obtain verbal consent from the patient for this use. This bill would require the health care provider initiating the use of telehealth to obtain verbal or written consent from the patient for the use of telehealth, as specified. The bill would require that health care provider to document the consent. This bill contains other related provisions.

SB 1266

Huff R Pupil health: epinephrine auto-injectors.

Current Text: Chaptered: 9/15/2014


Location: 9/15/2014-S. CHAPTERED

Summary: Would require school districts, county offices of education, and charter schools to provide emergency epinephrine auto-injectors to school nurses and trained personnel who have volunteered, as specified, and would authorize school nurses and trained personnel to use epinephrine auto-injectors to provide emergency medical aid to persons suffering, or reasonably believed to be suffering, from an anaphylactic reaction. This bill contains other related provisions and other existing laws.

Please visit the CANP's Advocacy page for a full list of highlighted bills.
**Follow-up on Lobby Day 2014**

Two bills were highly supported during the May 20\textsuperscript{th} CANP Lobby Day: Assembly Bill 1841 (Mullin) and Assembly Bill 2015 (Chau).

**AB 1841 (Mullin)** – In addition to administering medication via specified routes and execute skin tests, a medical assistant will now be able to hand patients labeled, prepackaged prescription drugs, not including controlled substances. This was previously approved only by licensed physicians/surgeons, podiatrists, physician assistants, nurse practitioners, and certified nurse-midwives under the California State Board of Pharmacy. This bill has officially been chaptered by Secretary of State (Chapter 333, Statutes of 2014) as of September 215, 2014.

**AB 2015 (Chau)** – Unfortunately this bill was introduced in February 2014 and died in Assembly in May. This bill attempted to insert additions to both the Health and Safety Code and Insurance Code, preventing health plans and insurers to discriminate certain provider participation or coverage that is chosen by a provider acting within his or her scope of practice as of January 1, 2015.

**Help Out with Community Involvement!**

The BOD is currently looking for anyone interested in forming a group of member volunteers to help organize outreach events; group 5k/walk/run, community education projects, volunteer opportunities, health fair booths, etc. If you are willing to help with outreach work, please email the Marketing & Communications Chair, Courtney Thompson.

**Education Committee wanted!**

The BOD is currently looking for anyone interested in assisting the Membership Chair in educating NP students about CANP. This could include presentations at local NP programs, mentoring student CANP members, and/or finding ways to increase student involvement in CANP events. If you are interested please contact Courtney Thompson.

That being said, our very own Freddy Espinoza is open to taking a student nurse practitioner at Family Health Center’s Logan Clinic for a clinical rotation. Please contact Freddy via email if you are interested!

**Call for Stories**

The California Action Coalition and National Future of Nursing Campaign offices are collecting stories from California NPs. These involve personal tales from both the patient and nurse point-of-view to highlight the significance of our profession, as well as describe barriers we face on a daily basis. The stories will be used to increase awareness of the NP role and presence to consumers, partners and patients.
If interested, please email stories to Mary Dickow.

**Call for Abstracts**

CANP’s 38th Annual Education Conference will take place March 19-22, 2015 at the Marriott Newport Beach Hotel & Spa. Please follow the link for an online application to submit abstracts. The deadline is September 26, 2014. Click here for more information.

**Learn About the Value of Psychiatric Nurse Practitioners**

On Monday, October 6th, the San Diego Integration Institute will be hosting a seminar from 12pm to 5pm focusing on many issues surrounding mental health: access, quality of care, increasing demand, etc. Please visit the Psych NP page for more details and registration information.

**Connections Newsletter**

Connections is the California Association for Nurse Practitioners’ monthly electronic newsletter, delivering news about what’s going on at every level of the organization, from individual chapters to statewide administration. It also includes items gleaned from the news media on topics of interest to CANP members. Link to recent Connections Newsletters!