



The Opioid Epidemic Continues

Preparing Nurse Practitioners to Help

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I have no financial relationships to disclose.

Objectives

- Describe the current status of the opioid epidemic
- Identify and utilize current resources and education activities related to the treatment of Opioid Use Disorder

The Problem

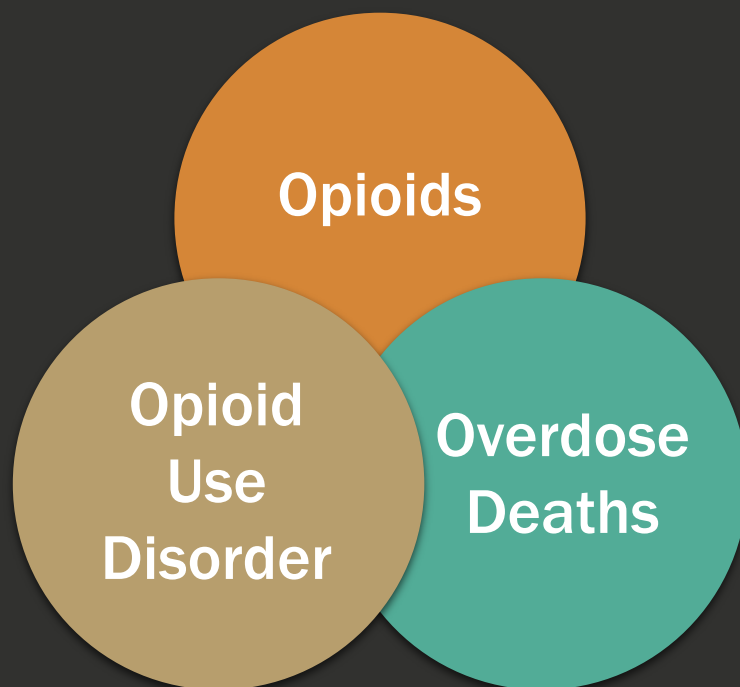


- Drug overdose is the leading cause of accidental death in the U.S.
- From 2000 to 2015, more than half a million people in the U.S. died from a drug overdose
- Six out of ten deaths involved an opioid
- Prescription opioids continue to be associated with more overdose deaths than any other drug

Centers for Disease Control and Prevention, National Center for Injury Prevention and Control, Division of Unintentional Injury Prevention; Retrieved from <https://www.cdc.gov/drugoverdose/epidemic/index.html>

Rudd RA, Seth P, David F, Scholl L. [Increases in Drug and Opioid-Involved Overdose Deaths — United States, 2010–2015](#). MMWR Morb Mortal Wkly Rep. ePub: 16 December 2016. DOI: <http://dx.doi.org/10.15585/mmwr.mm6550e1>.

The Problem



- In 2015, 20.8 million people over the age of 12 had a substance use disorder; of these 2 million were related to prescription analgesics and 591,000 were related to heroin
- Deaths associated with opioid overdose increased by 15.5% from 2014 to 2015
- Opioid use disorder (OUD) is driving the epidemic, with 33,091 overdose deaths related to opioids in 2015 (prescription opioids and heroin)

Center for Behavioral Health Statistics and Quality. (2016). Key substance use and mental health indicators in the United States: Results from the 2015 National Survey on Drug Use and Health (HHS Publication No. SMA 16-4984, NSDUH Series H-51). Retrieved from <http://www.samhsa.gov/data/>

Rudd RA, Seth P, David F, Scholl L. [Increases in Drug and Opioid-Involved Overdose Deaths — United States, 2010–2015](#). MMWR Morb Mortal Wkly Rep. ePub: 16 December 2016. DOI: <http://dx.doi.org/10.15585/mmwr.mm6550e1>.

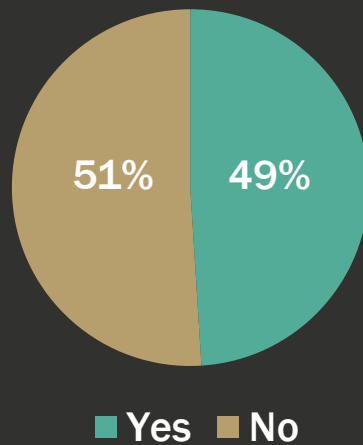
Related Legislation



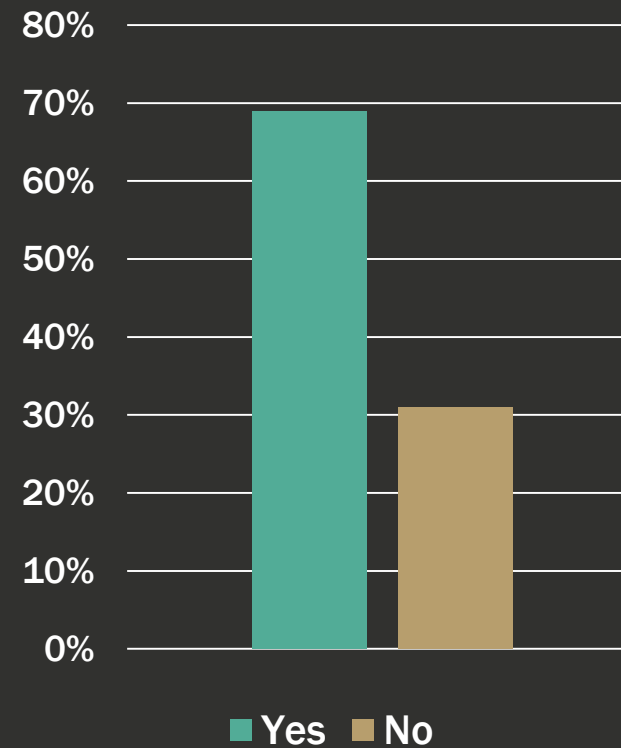
- The Comprehensive Addiction and Recovery Act (CARA) was signed into law in July 2016
- Provides for qualifying NPs and PAs to treat up to 30 patients a year for a 5 year period (ending Oct 1, 2021)
- AANP is listed in the legislation as a qualified provider for the required education

Are NPs Interested in Treating OUD?

Patients in Your Practice with
SUD/OUD
n = 1358

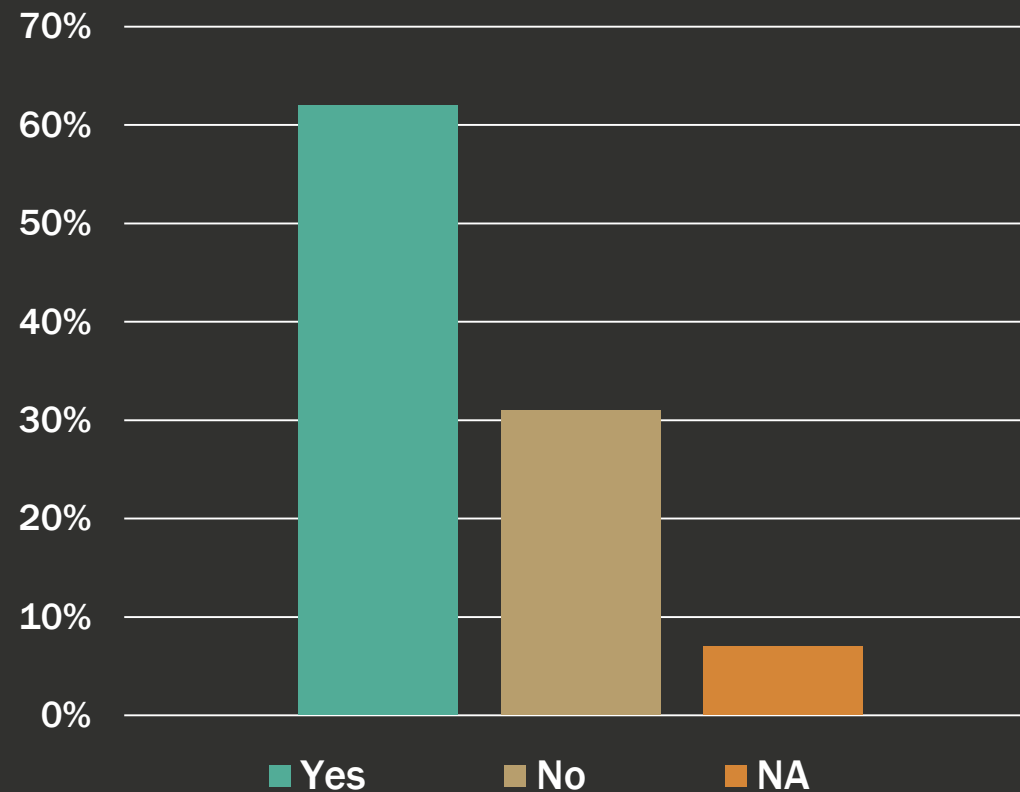


Interested in Education
n = 1290

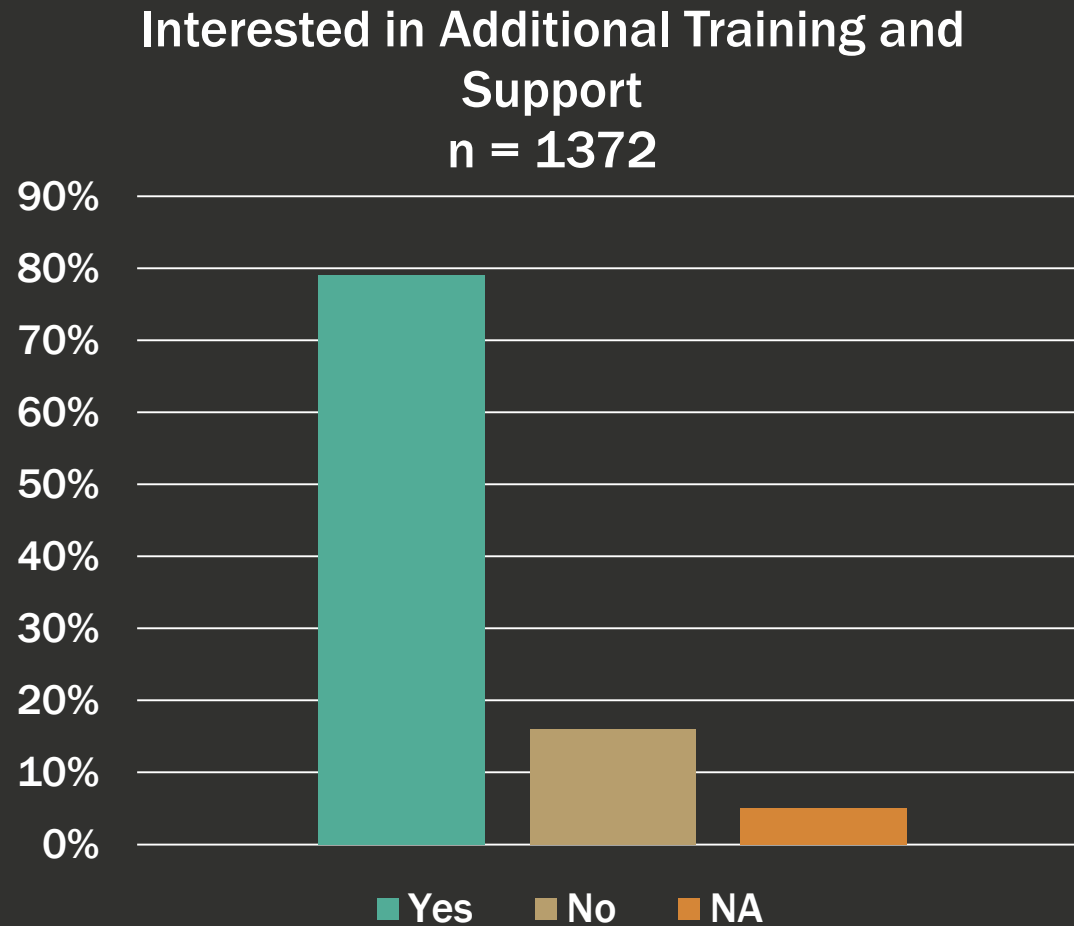


Are NPs Interested in Obtaining a Waiver?

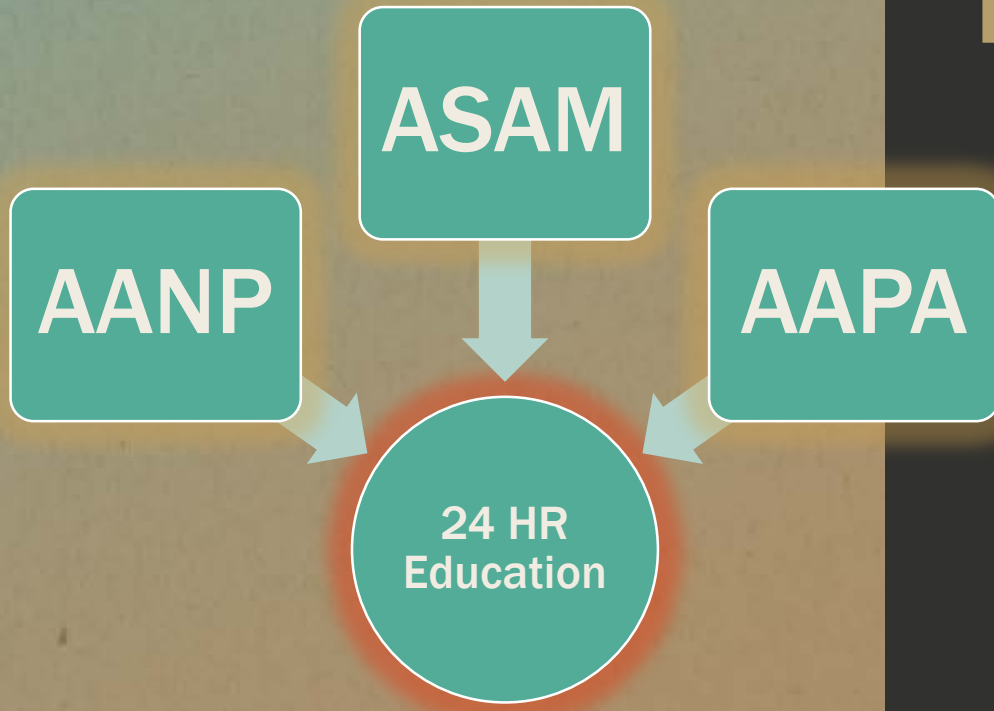
Interested in Obtaining a Waiver
n = 2156



Are NPs Interested in Ongoing Training?



Required Education for NPs and PAs



- ASAM, AANP, and AAPA formed a collaboration to provide the 24-hour waiver training for NPs and PAs
- Satisfies the requirement as described in CARA
- Launched January 17, 2017
- More than 2,000 NPs have registered for the course
- 24 hr and 16 hr bundled courses offered through the AANP CE Center

Next Steps to Treat OUD

- Be aware of any state law regarding the treatment of addiction/OUD
- Ensure you meet requirements to qualify to apply for the waiver
 - Be licensed to prescribe schedule III, IV, or V medications for pain
 - Complete a minimum of 24 hours of appropriate education provided by an organization listed in CARA
 - Demonstrate through training and experience the ability to treat and manage OUD
 - Be supervised or work in collaboration with a qualifying physician, **if required by state law** to prescribe medications for the treatment of OUD
- Apply for the waiver to prescribe medications for OUD treatment

• **Be Part of the Solution**

• **BE PART OF THE SOLUTION**

Courses that will satisfy the 24 hour requirement:

- AANP, ASAM, and AAPA 24 hour Waiver Course
<https://aanp.inreachce.com/SearchResults?searchType=1&category=e5f98b0f-eafe-4f64-9779-383732cd8a10>
- SAMHSA sponsored education through PCCS-MAT
http://pcssmat.org/calendar-of-events/list/?tribe_eventcategory=9
- Other qualified providers that may have courses:
 - AAAP
 - AMA
 - APA
 - AOA
 - ANCC

Education

Resources

Application process for waiver

<https://www.samhsa.gov/medication-assisted-treatment/qualify-nps-pas-waivers>

Surgeon General's Call to End the Opioid Crisis - "Turn the Tide" <http://turnthetiderx.org/>

Department of Health and Human Services

<https://www.hhs.gov/opioids>

NIDAMED Tools and Resources

<https://www.drugabuse.gov/nidamed-medical-health-professionals>

SAMHSA toolkit – includes resources

<http://store.samhsa.gov/shin/content/SMA16-4742/SMA16-4742.pdf>

ASAM Practice Resources <http://www.asam.org/quality-practice/practice-resources>

Injury Prevention & Control: Prescription Drug Overdose

<http://www.cdc.gov/drugoverdose/>

Prescribe to Prevent <http://prescribetoprevent.org/>

Naloxone product comparison

http://prescribetoprevent.org/wp2015/wp-content/uploads/Naloxone-product-chart.16_01_21.pdf

Thank You!