WEDNESDAY, MARCH 20, 2013 THURSDAY, MARCH 21, 2013

EDUCATION SESSION DETAILS

6:00 p.m 7:00 p.m.		NESDAY, MAR				
7.00 p.m.	CH 21, 2013	-				
7:00 a.m 8:15 a.m.	CANP CONTINENTAL BREAKFAST & CANP POSTER PRESENTATIONS See Poster Descriptions on page 15.					
8:30 a.m 9:45 a.m. In-Track Sessions	A. Diseases of the Aorta - A Comprehensive Review from Aneurysms to Ulcers Amy Ziegler, RN, MSN, ACNP-BC Background information, evaluation tools, differential diagnosis, current research and management options related to several disorders affecting the aorta. Advanced	B. Management of Type 2 Diabetes in the Primary Care Settings RaShaye Freeman, DNP, APRN, CDE, ADM, FNP, BC Diabetes has become an epidemic in America. Providers must combine a patient-centered approach with effective treatment methods to effectively prevent and delay diabetes-related complications. Beginner/Intermediate, 65% RX		C. From Bumps to Bleeds - Management of Pediatric Head Trauma Kristi Westphaln, RN, MSN, CPNP From bumps to bleeds, this talk will give nurse practitioners a "heads up" on the management of a myriad traumatic-induced pediatric head injuries. Intermediate		
9:45 a.m 10:00 a.m.	CANP NETWORKING BREAK & EXHIBIT HALL OPEN					
8:30 a.m 11:30 a.m. Workshops	Current Trends In Co-Morbid ADHD Pharmacology Susan R. Opas RN-C, PhD, CPNP, CPMHS, CHES Intermediate, 90% RX		Hormones in Harmony - The Key to Optimal Health Deborah Maragopoulos, MN, APRN, BC, FNP Learn to use holistic health care model to enhance clinical assessment of the neuro-immune-endocrine systems, as well as integrate complementary therapeutics into your practice. Intermediate, 25% RX			
10:00 a.m 11:15 a.m. In-Track Sessions	A. Chronic Pain Management Program in a Nurse Managed Center K. Chenin Kenig, RN, MSN, NP Chronic pain is very challenging to manage. Glide Health Services has a successful multi- modal program that includes pharmacology, behavioral health, physical treatment and complimentary care. Intermediate, 5% RX	Practice Patients Kristen Rhodes, RN, MSN, FNP-C Identifying prescription drug abuse, understanding the disease of addiction, recognizing abuse and knowing how to support and refer without enabling can help improve patient care and save your practice. Beginner, 30% RX B. ATP IV Cholesterol Guidelines Brenda Rodi, RN, MSN, FNP What do the new ATP IV guidelines say? Does your clinical practice need to change? Review the new recommendations and their implications for patient management.		C. It's Never "Just Arthritis" Pat Camilo, PhD, RN, WHNP, GNP, NCMP-BC Assessment of systemic inflammation, symptoms and preventing morbid illnesses, along with implications for decision-making regarding joint replacement. Intermediate		
	A. HIV Essentials for the Non-Specialist			C. Lung Nodules on Chest X-Ray Now What?		
11:30 a.m 12:45 p.m. In-Track Sessions	Steven Leiner, MS, FNP, HIV Specialist Recognize subtle clues to case-finding; current trends in prevention; HIV's unappreciated cardiovascular			Lauren Damato, RN, MSN, ACNP-BC Found a lung nodule on a chest X-ray. Now what? This presentation will serve to educate on the new lung cancer screening guidelines, work-up, staging process and		

sequelae; controversies

surrounding early treatment

initiation; and common pitfalls non-specialists need to avoid. **Beginner/Intermediate, 15% RX** treatment options.

Intermediate

CANP LUNCH & KEYNOTE SPEAKER

sponsored by



Susan Apold, Ph.D. Director for Health Policy, ANP

Susan Apold is the founding dean of Nursing and Health Studies at Concordia College New York. Dr. Apold also works in a primary care private practice in New Rochelle, N.Y. She has held elected office in the American College of Nurse Practitioners and in the Nurse Practitioner Association New York State. Dr. Apold lives with her husband, John Giampietro, in New Rochelle, N.Y.



2:00 p.m. - 2:15 p.m.

12:45 p.m. - 2:00 p.m.

CANP NETWORKING BREAK & EXHIBIT HALL OPEN

2:15 p.m. - 3:30 p.m.

In-Track Sessions

A. A Collaborative Team Approach to the Care of **Chronic Kidney Disease**

Theresa M. Payne, RN, NP, MSN

For the Advanced Practice Nurse at all levels of expertise as it reviews their pivotal role in the continuum of care for a significant portion of this country's population.

All Levels, 30% RX

B. Ethical Decision-Making for Nurse **Practitioners**

Priscilla Lee, MN, NP-C, CWS

Participants will discuss cases that will illustrate historical events that have shaped our understanding of ethical dilemmas while applying a framework for decision-making.

Intermediate

C. SCOFF Screening Tool for **Eating Disorders**

Kathleen Rindahl, RN, School Nurse, BSN, MSN, FNP-C, DNP -Student

The SCOFF questionnaire is an effective screening tool for nurse practitioners to identify individuals at risk for eating disorders.

Beginner

2:15 p.m. - 5:15 p.m. Workshops

IOM Future of Nursing and the California Action **Coalition: Building Partnerships to Improve** Health in California

Mary Dickow, MPA, Statewide Director, California Action Coalition

Intermediate

Tuberculosis Intensive in a Nutshell

Steven Leiner, MS, FNP, HIV Specialist

Independently diagnose and manage Latent TB. Case-find and co-manage active TB. Acquire a fundamental knowledge base, enjoy and appreciate subtleties and avoid classic pitfalls.

Beginner/Intermediate, 15% RX

3:45 p.m. - 5:00 p.m. In-Track Sessions

A. Assessment & Management of Lower Extremity Vascular Disease

Priscilla Lee, MN, NP-C, CWS

Accurately assess and competently manage patients with lower extremity vascular disease.

Intermediate, 5% RX

B. Diabetic and Non-Diabetic Heart Failure Patients - Do **Educational Interests about Urinary Incontinence Exist**

Shelley Hawkins, DSN, FNP-BC, GNP, FAANP

This study explored urinary incontinence educational interest in heart failure patients with and without diabetes to develop an educational intervention for HF patients.

Advanced, 5% RX

C. Benefits of Everyday Fitness

Mary Schoenbaum, RN, MSN, ACNP-C Craig Schoenbaum, B.Sc., CSCS

Learn about the effects of physical activity focusing on exercise during daily routines. Drawing to be held for a training session while in Monterey.

5:30 p.m. - 6:30 p.m.

CANP WELCOME RECEPTION & EXHIBIT HALL OPEN



5:45 a.m 6:45 a.m.	YOGA WITH CANP - WATER AND TOWELS PROVIDED. NAMASTE.							
7:00 a.m 8:15 a.m.	CANP CONTINENTAL BREAKFAST & EXHIBIT HALL OPEN							
8:30 a.m 9:45 a.m. In-Track Sessions	A. Quality, Patient Satisfaction and Payment, Can We Have It All? Leslyn Watson, BSN, MSN, FNP How quality measures play a role in health care reform to improve patient satisfaction and outcomes using the Medical Home model. Advanced		B. Best Practice Model - Clinical Lactation Support in the FQHC Michele Bunker Alberts, FNP-BC, IBCLC Breastfeeding and exclusive breastfeeding is a primary health care issue, statewide and globally. This presentation will challenge NPs in the primary health care setting to use this best practice model and enhance our patient care. Intermediate		C. Involuntary Movements in Children and Adolescents - Is it Seizure, Tic or Something Else Julie Sprague-McRae, MS, RN, PPCNP-BC Ruth Rosenblum, DNP, MS, RN, PPCNP-BC This session will discuss primary care pediatric, family practice and internal medicine nurse practitioners have an active role in identifying children and adolescents with neurological conditions. Beginner/Intermediate			
8:30 a.m 11:30 a.m. Workshops	Application of Uterine and Pelvic Anatomy in the Successful Surgical Treatment of Gynecological Disease: A Premise to Understanding Disease Angela Higuchi, NP Diagnosis and treatment of women's gynecological disease is aided by adequate knowledge of pelvic anatomy. The practitioner will be familiar with minimally invasive surgical options. Intermediate, 15% RX			Understanding the Basics - ILD and Chest CT Analysis and Treatment Camille Washowich RN, BSN, CCRN, MSN, ACNP Intermediate, 5% RX				
9:45 a.m 10:00 a.m.	CANP NETWORKING BREAK & EXHIBIT HALL OPEN							
10:00 a.m 11:15 a.m. In-Track Sessions	A. Code Brain - Acute Stroke Management in the ICU Kimberly Alva, BSN, MSN, ACNP-C Travis Bradley, RN, ACNP Cherry Daniolco, ACNP-C, CNS, MSN Peony Wong, RN, MSN, ACNP-BC Review the types of stroke, current acute care management of stroke patients and current recommendations for stroke prevention. Intermediate	B. What You Have Always Wanted to Know About Childhood Lead Poisoning but Were Afraid to Ask Steven Rosenberg, MD, MPH, FAAP Effects of lead exposure, sources of exposure, children at greatest risk for poisoning, required screening regulations and resources available for lead poisoned children. Beginner/Intermediate		G. Recognizing, Assessing and Preventing Foot Ulcers and Amputations Nancy Lufkin, BA, BSN, MSN, ANP, CNS Two-minute foot exams can prevent foot and leg amputations. Nurse practitioners can be instrumental in medical and fiscal solutions by identifying the risk of foot ulcer and amputation. Intermediate		D. Advanced Practice Provider Onboarding & General Orientation Nicholas Perrino, MS, MPH, MSN, RN, FNP-BC, NE-BC The three-part orientation program focused specifically around advanced practice and the role of the provider to give the new NP an appropriate red carpet welcome. Intermediate		
11:30 a.m 12:45 p.m. In-Track Sessions	Care Delivery - A Panel Discussion on ACA Reforms, California State-Based Health Benefit Exchange and More Donna Emanuele, RN, DNP, FNP-BC Kristy Wiese, CANP Legislative Advocate Screen and Ma Donald Ga With a pri risk factor and follow hepatitis Ga hepatitis Ga			raluation nent er, DNP, FNP-BC care focus, the bidity, treatment the patient with	Jane War A compresinusitis, pathophy state-of- treatmen	C. Understanding Sinusitis - Epidemiology, Definition, Diagnosis & Treatment Jane Wang, RN, MSN, FNP A comprehensive understanding of sinusitis, from its public health impact, pathophysiology, diagnosis, to the state-of-the-art medical and surgical treatments. Intermediate/Advanced, 10% RX		

practice and discuss future legislative decisions and recommendations.

Beginner/Intermediate

12:45 p.m 2:00 p.m.	CANP LUNCH & EXHIBIT HALL OPEN						
1:00 p.m 2:00 p.m.	SIGs MEETING To further increase interchange and collaboration among CANP members, we have developed Special Interest Groups, or SIGs. These groups are comprised of CANP members who work in the same practice setting or specialty area with an interest in exchanging ideas. Current SIGs include: Acute Care, Adult, Anti-Coagulation, Cardiology, DNP, Geriatrics, Homeless Health, Leadership /Mentorship, NP Entrepreneurs, Oncology, Orthopedics, Pediatrics, Psychiatry/Mental Health and Women's Health.						
2:15 p.m 3:30 p.m. In-Track Sessions 2:15 p.m 5:15 p.m. Workshops	A. An Approach to Discussing Hospice and End of Life Care Valerie Mena, Adult NP-C, MSN, BSN, PHN Caryn Chao, NP, RN, BSN, MSN Joyce Brown, RN, BSN, MSN, FNP Learn to effectively discuss hospice using the SPIKES method with patients and family members and competently explain their hospice benefits. Advanced B. A Stepped Approach to Prescribing for Ty 2 Diabetes Glycer Control Lenora Lorenzo, DNI APRN, BC-FNP/GNP ADM, CDE, FAAANP Reviews evidence-ba prescribing to achieve glycemic control in a practical stepped approach including insulin selection, titration and technique to overcome barriers insulin therapy. 90% RX Eco Nutrition - Environmental and Nutritional Impact on Health and Illness Judy Lane, RN, MS, NP Susan Luck, RN, BA, MA, HNC, CCN		Marcia E. Tyler-Evans, RN, MSN, PhD, FNP-BC P, Michael John Evans, RN, MSN, FNP-BC Joy E. Morris, BS, MS ased Discuss the concept of bipolar spectrum disorder as defined and discussed in current literature. Intermediate, 33% RX		D. The Data Is In: Plant Nutrition Trumps Drugs in Treating and Preventing Chronic Disease Susan Lavelle, MS, FNP Dana Armstrong, RD, CDE Research proves plant- based diets prevent and treat chronic illness. Update your nutrition knowledge, improve your diet, and help your patients beat chronic disease. Intermediate Throughout the Lifespan: atients Stay Happy & Live		
3:30 p.m 3:45 p.m.	CA	ANP NETWORKING BRE	EAK & EXHIBIT H	ALL OPEN	ı		
3:45 p.m 5:00 p.m. In-Track Sessions	A. Nurse Practitioner Malpractice Claims and Risk Management Recommendations Michael Loughran, President, NSO Intermediate	B. Analgesia, Sedatic Neuromuscular Blo in the ICU Ericka Wilson MS, RN Analgesia, sedation a neuromuscular block important for the ICU has long-term effects hospital length of sta days. Beginner, 90% RX	ACNP Christina Light RN MSN ACNP ad ECG interpretate important skill for professionals. To review complex studies to increcompetence and competence and com		N ACNP CCRN-CMC repretation is an ant skill for all health care ionals. This session will complex ECG and case to increase knowledge, tence and confidence in 12 cG interpretations!		
6:00 p.m 10:00 p.m.	CANP ANNUAL TOWN HACANP AWARDS AND CASS Sponsored by INCOMPRESSOREM STATES OF THE PROPERTY OF	Gala — d meeting. silent aud sponsors	or an exciting evening inner, annual awards The evening include tion, music and lots and friends of CAN bles. Don't miss out	s ceremony es a fun-fill of fun! Ind P have spo	ed casino night, dividual chapters,		

CANP 5K FUN RUN/WALK

sponsored by

7:00 a.m. - 8:00 a.m.



Ready. Set. GO!

Enjoy the cool seaside morning with an invigorating walk, jog or run with fellow conference attendees along an easy 5K (3.1 miles) course. Always a conference highlight, the 5K Fun Run/Walk is a great way for members, exhibitors, sponsors and guests to come together and get moving before the day's educational sessions. All participants receive a t-shirt, water and a snack at the end of the race. Registration is \$15 per person. Check-in begins at 6:45 a.m.

7:30 a.m. - 8:30 a.m.

8:30 a.m. - 9:45 a.m.

In-Track Sessions

CANP CONTINENTAL BREAKFAST & EXHIBIT HALL OPEN

A. A Cosmetic
Dermatology
Practice: Four Steps
in Establishing a
Flourishing Practice

Mary Margaret Baker, RNC, MSN, MHS, FNP/ APRN

Nurse Practitioners need to enhance their practices and learn about the area of cosmetic dermatology to meet the growing needs of their patients.

Beginner/Intermediate, 20% RX

B. NP Role in Reducing
Avoidable ER
Visits and Hospital
Admission by Utilizing
Tele-Medicine

Sigalit Marmorstein, RN, PHN, MSN, FNP-BC

A series of studies that illustrates telehealth's clinical efficacy in preventing overuse of emergency medicine and prevention of hospitalizations and re-hospitalization.

Intermediate

C. Medications in Breastfeeding for Primary Care Nurse Practitioners

Linda Goldman, MSN,

RN, WHNP-BC, FNP Encouraging the Primary Care NP to provide patient-centered,

evidence-based care to

breastfeeding families.

Beginner, 75% RX

D. Home is Where the Care Should Be - NPs in Home-Based Primary Care

Lynda A. Mackin, PhD, ANP-BC, GNP-BC, CNS

As our population ages, and as our healthcare system evolves, the need for convenient, economical and well-coordinated primary care for older adults grows. Discuss the advantages of homebased care; coping, safety, medication management. Tips to helping you establish an effective and rewarding home based primary care practice.

Intermediate

8:30 a.m. - 11:30 a.m.Workshops

Intrauterine Contraception: A Method That Will Prevail! IUC/EMB/PCB

Patty Cason, RN, MS, FNP-BC

See canpweb.org for updated session details

9:45 a.m. - 10:00 a.m.

CANP NETWORKING BREAK & EXHIBIT HALL OPEN

10:00 a.m. - 11:15 a.m.

In-Track Sessions

A. NPs in the Emergency Department - A Model of Care Delivery, Cost Analysis and Policy Implications

Sigalit Marmorstein, RN, PHN, MSN, FNP-BC Donna Emanuele, RN, DNP, FNP-BC

Research findings measuring patient satisfaction with care in an NP-led Emergency Department Fast Track and addresses implications for nursing practice.

Intermediate

B. Medical Marijuana - Use and Abuse

Paula Christianson-Silva, MS, ANP-BC

An apolitical review of research studies on marijuana's clinical indications, its health effects and the implication of this research for practice.

Intermediate, 100% RX

C. Severe Traumatic Brian Injury

Carl Wherry, RN, MSN, ACNP

Controversial therapeutic modalities in the management of severe traumatic brain injury patient in a neurosurgical ICU.

Intermediate, 10% RX

11:15 a.m. - 11:30 a.m.

CANP NETWORKING BREAK & EXHIBIT HALL OPEN



A. Non-Invasive Imaging. What you Should Know

Lauren Damato, MSN, ACNP Rick Carlston, MSN, ACNP

Review the standard non-invasive imaging modalities, indications for ordering studies, and physiologic impact that imaging can have on the patient. We will also provide a basic review of the interpretation of the upright chest X-ray and chest CT.

Intermediate, 25% RX

B. The Heart Failure Treatment **Spectrum From Medicines to Surgical Interventions**

Beth Keller, MSN, ACNP-BC Gina Jamero, MSN, ACNP-BC

An evidence-based discussion using a step-by-step approach to manage patients with heart failure and when to refer to a tertiary care center. This presentation will highlight the following treatments modalities: medical management, cardiac resynchronization therapy, ventricular asset devices, heart transplantation and palliative care.

Intermediate, 25% RX

C. Don't be Mellow When an Infant is Yellow -**Deciphering Cholestasis**

Catherine J. Goodhue, MN, RN, CPNP

Cover the differential diagnosis and treatment for cholestatic jaundice in the newborn as early recognition and intervention is critical.

Intermediate, 10% RX

12:45 p.m. - 2:00 p.m.

2:15 p.m. - 3:30 p.m.

In-Track Sessions

11:30 a.m. - 12:15 p.m.

In-Track Sessions

CANP LUNCH & CANP ANNUAL RAFFLE

A. Liver Cirrhosis -**Diagnosis and** Management

Donald Gardenier, DNP FNP-BC

Chronic liver diseases lead to cirrhosis, a highly morbid disease state. This session will cover the risks of cirrhosis. its evaluation, common complications and management.

Intermediate, 25% RX

B. Lessons Learned From Clinical Tele-Health **Applications**

Anita Denise Savell, DNP. RN. APHN-BC Lenora L. Lorenzo, DNP, APRN-RX, BC- FNP/ GNP/ADM, CDE, FAANP; Marcia Lydiard, BSN, RN

Review of home telehealth. live video teleconferencing and teleretinal applications for nurses serving as NP/providers, care coordinators/ casemanagers and administrators in California and Pacific Islands.

Intermediate

C. Palliative Care and **Hospice Care: What** is the Difference and **Does Your Patient** Qualify?

Susan Gibson, RN. FNP-BC, ACPN

Palliative and hospice care services available to patients facing a lifethreatening illness along the care continuum.

Intermediate

D. Recognizing Chronic Kidney Disease (CKD) in **Primary Care**

Elaine Go, RN, NP

This program will provide an introduction to chronic kidney disease (CKD). Risk assessment, prevention, diagnosis and treatment of the 5 stages of CKD will be presented.

3:30 p.m. - 3:45 p.m.

2:15 p.m. - 5:15 p.m.

Workshops

CANP NETWORKING BREAK & EXHIBIT HALL OPEN

The Psychology of Feeding Children

Patricia Riba, MD

Nutrition Matters -

Practical guidance in compassionate feeding that can help treat or prevent childhood obesity, picky eaters and stressful feeding dynamics.

Intermediate, 5% RX

Student Workshop

Education Committee

This session is designed for nurse practitioner students, recent graduates, and those new or returning to nurse practitioner practice; however, any registered conference participant may attend. The session helps the novice prepare for professional nurse practitioner practice. The session consists of three one-hour sessions. Participants may attend sessions individually.

Beginner



















SATURDAY, MARCH 23, 2013 SUNDAY, MARCH 24, 2013

EDUCATION SESSION DETAILS

3:45 p.m. - 5:00 p.m. In-Track Sessions

A. Dangers Lurking Within Your **Cupboards** -**Outcomes and** Management of Intentional or **Accidental Ingestions**

Mitchel Erickson, NP, BSC, BSN, MS

Intermediate, 30% RX

B. Prostate Cancer Screening: **The Other Side** of the Story

Tracie Gadler, RN, MSN, RNFA, NP-C

The U.S. Preventive Services Task Force recently issued a recommendation to eliminate routine Prostate-Specific Antigen (PSA) screening. Education on prostate cancer and the need for screening.

Advanced

C. Valvular Heart Disease & New Treatment **Options**

Andrea Ennis, RN, ACNP A review of valvular disease with an emphasis on treatment options, including the newly FDA-approved transcatheter aortic-valve

replacement. Intermediate

D. Medication Use, Misuse and Abuse in **Pregnancy**

Tracy Fremd, NP National attention is focused on the increase of reported and non-reported medication and illicit drug use in pregnancy in the past 10 years. National guidelines for screening pregnant women for drug and alcohol use will be highlighted.

All Levels

5:30 p.m. - 6:30 p.m.

6:30 p.m. - 8:30 p.m.

CANP RECEPTION

WESTERNU ALUMNI RECEPTION & DINNER

SUNDAY, MARCH 24, 2013

8:30 a.m. - 9:45 a.m. In-Track Sessions

A. Postpartum Depression in Asian-American Mothers

Deepika Goyal, PhD, FNP

Postpartum depression is not well understood in Asian-American mothers. Study findings suggests postpartum traditions play an important role in maternal well-being.

Intermediate

B. Thinking and Acting Upstream -**Prevention Strategies for Childhood Obesity**

Jyu-Lin Chen, PhD, RN, CNS Monica Kwan, MD

Childhood obesity prevalence, best practice strategies and outcomes of healthy weight management program in a primary care setting will be discussed.

Intermediate

C. See canpweb.org for updated session details

A. Know Your Risks - Coronary **Artery Disease in Women**

Christina Light Craigo, RN, MSN, ACNP, CCRN-CMC

Differences between men and women in coronary disease cannot be explained by any one mechanism but by physiological, hormonal and anatomical disparities. This disease is the leading cause of death among Americans and virtually all women should be considered at risk.

Intermediate, 20% RX

B. A Treatable Dementia - What **Primary Care Providers Should Know about Normal Pressure Hydrocephalus**

Robert Salsameda, MPA, MSN, RN, NP-C, CRNFA, CNRN

Recognizing normal pressure hydrocephalus has captured attention as a treatable cause of dementia. This presentation will address the complexity of evaluation, treatment and special considerations in the care of the patient with a ventriculo-peritoneal shunt.

Intermediate

C. See canpweb.org for updated session details



10:00 a.m. - 11:15 a.m.

In-Track Sessions

















