

San Diego Central Chapter

Quarterly Newsletter

Issue 1, Volume VIII

Exciting Update from our new President

Welcome to Summer and the new CANP-San Diego Central Chapter. The new Board of Directors for our chapter started their session July 1st and I am excited for what this upcoming year will bring. You will see plenty of new faces as many of our board members have successfully completed their terms and eager new members have taken their place. I look forward to seeing you at the upcoming meetings!

Andrew J. White DNP, FNP, PPCNP-BC, AAHIVS CANP-SD President

Start Networking!

Be sure to join our <u>Linkedin profile page</u> named: CANP - Central Chapter. This is a great way to network with others in your field, search for preceptorship, and seek out new and exciting career opportunities. As with the <u>Facebook website</u>, this site will be advertising CANP meetings and fun local healthcare related events. A new addition to our Central Chapter social network is <u>Twitter</u>... so let's get tweeting!

For all of you new to the social media world, please refer to our basic "how-to" guide about the following sites: Facebook, Twitter, and LinkedIn. Click <u>here</u> to view these tips

Summer 2017

www.canpweb.org

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Nurse Practitioners in the News

Time to Renew? <u>Renew Your Membership</u> <u>View Member Benefits</u> <u>http://content.healthaffairs.org/con</u> <u>tent/29/5/893.full</u>

Post or See Current Job Postings



NP's are helping meet the needs of our communities! Recent data shows that nurse practitioners are choosing primary care at a higher rate than physicians and physician assistants. Click <u>here</u> to see the numbers!

Check out this interesting infographic comparing Nurse Practitioners to DNPs or Doctor's of Nursing practice including roles and pay scale differences! Click <u>here</u> to see it!

Poll shows NP's believe that retail health clinics are a good thing. They suggest that these clinics help decrease unnecessary visits to the ED as well as other favorable outcomes. Click <u>here</u> to learn more!

Keeping up with Healthcare

We have more work to do. Unfortunately, significant disparities continue to exist in readmission rate between black and white Medicare patients. Click <u>here</u> to read the article.

Eat your veggies (and vegetable protein)!! Long-term, high intake of vegetable protein from such foods as whole grains, soy and tofu, may protect women from early menopause and could prolong reproductive function, results of a new study from epidemiologists suggest. Click <u>here</u> to learn more!

One potential cause of ADHD may be pre-natal diet. A high-fat, high-sugar diet during pregnancy may be linked to symptoms of ADHD in children who show conduct problems early in life, new research indicates. Click <u>here</u> for details!

Legislative Highlights

The most influential way to impact your community and nursing practice is to <u>contact your elected officials</u>. <u>Click here for tips on how to talk to your legislator</u>.

CANP follows bills that:

- 1. Affect NP's scope of practice, or that of other advanced practice nurses
- 2. List who may be reimbursed for a medical procedure or services
- 3. Define the practice of medicine or nursing
- 4. Deal with prescribing of drugs
- 5. Use the term "physician" instead of "provider"
- 6. Impact our patient population

More Detail on Legislative Updates

Contact Your Legislator



Have any ideas for our newsletter? Contact Us



<u>SB 554</u> <u>Stone</u> R Nurse practitioners: physician assistants: buprenorphine.

Current Text: Amended: 6/14/2017

Status: 7/17/2017-Read third time. Passed. Ordered to the Senate.

Location: 7/17/2017-S. DESK

Summary: Would prohibit construing the Nursing Practice Act or any provision of state law from prohibiting a nurse practitioner from furnishing or ordering buprenorphine when done in compliance with the provisions of the Comprehensive Addiction Recovery Act, as specified.

<u>SR 26</u> Hernandez D Relative to the Patient Protection and Affordable Care Act.

Current Text: Enrolled: 3/14/2017

Status: 3/13/2017-From committee: Be adopted. Ordered to third reading. (Ayes 7. Noes 1.) (March 13). Read. Adopted. (Ayes 25. Noes 9.)

Summary: Would resolve that the Senate affirms its strong support for the Affordable Care Act and calls upon the United States Congress to reject any effort to repeal the Affordable Care Act unless it is simultaneously replaced with an alternative program that meets the standards clearly and consistently articulated by President Trump: that not one American will lose coverage and that coverage will be more affordable and of higher quality for all Americans. The Senate urges Congress to not jeopardize the health of millions of Americans by pushing through irresponsible policy in late-night hearings, but instead allow for comprehensive public review, including evaluations by the Congressional Budget Office and relevant policy committees, so that Americans have the opportunity to offer input and have their concerns heard.

More on NPs in the News



Visit the CANP Central Chapter Facebook Page

Visit the CANP Central Chapter Linkedin Page <u>AB 1560</u> <u>Friedman</u> D Nurse practitioners: certified-nurse midwives: physician assistants: physician and surgeon supervision.

Current Text: Amended: 7/3/2017

Text

Status: 7/12/2017-Read second time. Ordered to third reading.

Location: 7/12/2017-S. THIRD READING

Calendar: 7/20/2017 #233 SENATE SEN THIRD READING FILE - ASM BILLS

Summary: The Physician Assistance Practice Act authorizes a physician assistant licensed by the Physician Assistant Board to be eligible for employment or supervision by any physician and surgeon who is not subject to a disciplinary condition imposed by the Medical Board of California prohibiting that employment or supervision. The act prohibits a physician and surgeon from supervising more than 4 physician assistants at any one time, except as specified. This bill would prohibit a physician and surgeon from supervising more than 18 nurse practitioners, certified-nurse midwives, and physician assistants at any one time.

Please visit the <u>CANP's Advocacy page</u> for a full list of highlighted bills.

Education Committee wanted!

The BOD is currently looking for anyone interested in assisting the Membership Chair in educating NP students about CANP. This could include presentations at local NP programs, mentoring student CANP members, and/or finding ways to increase student involvement in CANP events. If you are interested please contact <u>Andrew White</u> or <u>Allison Geissert</u>.

Call for Mentors!

UCSD's Health Professionals Mentor Program is looking for nurses and nurse practitioners to act as mentors for students who are interested in pursuing a career in this field. Check out their website at www.hpmp.ucsd.edu or email them at hmp3hpmp@gmail.com.

Call for Preceptors

We have many enthusiastic and motivated students who are working hard to build their career path towards that of a nurse practitioner - but they need your help! While some graduate programs have clinical coordinators to arrange preceptorship, many do not. Please email <u>Andrew White</u> if you, or someone you know, is willing to work as a preceptor!

<u>Maureen Okere</u> is a DNP-FNP student at Maryville University who is looking for a preceptor. She needs 80 hours in Health Assessment Advanced starting in August. Fields include primary care, urgent care, internal medicine, retail, ED, rural clinics, or nursing homes. She received her BSN from National University San Diego and has 2 years experience in a sub acute unit, 5 years in med-surg at UCSD. If you are able to precept for this student please click on her name to send her an email.

<u>Elizabeth Riley</u> is a psychiatric NP who is attending the University of Cincinnati to complete a post masters in Family NP and would like to share the following:

I am wanting to expand my practice and have found I do much educating on issues that are not psychiatric in nature (blood pressure, A1c, etc). With this education I find I need a broader base of knowledge. I have reached out to some of you and procured one preceptor so far. I understand it can be somewhat onerous to precept students in that it slows down your practice and there is required paperwork on your part. However, I am already licensed, am interested in learning from you, have a great sense of humor, and I often have chocolate. As a RN I worked both inpatient and outpatient from PCU to ED.

These are my requirements for school:

I will be in need of 150 hours women's health, 200 hours peds, 332 primary care (90 of these 332 may be in a specialty). This would look like: Summer 2017 168hrs, fall 2017 168 hours, Spring 2018 168 hours, summer 2018 168 hours.

I am off work from the VA on Tuesdays and weekends but I am willing to take time off to get the hours completed.



See Events Page

Job opportunities!

Scripps Clinic Carmel Valley Internal Medicine is looking for a few NPs with experience to form their care teams. Candidates can send their CVs to SCMGRecruitment@scrippshealth.org and Cc Dr. Babikian at Babikian.gregory@scrippshealth.org

Connections Newsletter

Connections is the California Association for Nurse Practitioners' monthly electronic newsletter, delivering news about what's going on at every level of the organization, from individual chapters to statewide administration. It also includes items gleaned from the news media on topics of interest to CANP members. Link to recent Connections <u>Newsletters!</u>

Concerned About Your Financial Future?

Our friends at WestPac Wealth Partners can help!

Please email either <u>Nemanja Selezan</u> or <u>Djoko Radunovic</u> if you would like to be included in private email alerts, inviting you to monthly FUN TOPIC meetings.

Monthly meetings will discuss such items as rollovers, debt management, budgeting, asset protection, and investing. This company works with the nursing industry frequently, and is well-versed in the specific financial needs and concerns with this profession.

Meet Suzanne Urban, your California Casualty representative, offering CANP members trusted, personalized auto and home insurance with customized coverage, competitive pricing and exceptional service. To get your quick, no obligation quote today, please call 1-888-497-5926 or visit www.calcas.com/surban

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