



General Meeting Minutes

February 28, 2023 - General Meeting Minutes

Presentation: Hypercortisolism: Hiding in plain sight? Sponsor: Corcept Therapeutics, Shelby Hebert

Speaker: Alison Gracom, PA, Complete Care Medical Group, Irvine CA

Call Meeting to order: 7:55pm

- I. Introductions, name tags, sign in sheet/(names from Zoom/in the chat box), (approval of agenda)
 - A. Members present: Leslie Bloomquist, Maria Rubolino, Heidi He, Lorelei Punsalan, Eunyoung Kim, Gurpreet Jawanda, Charlie Shearer, Johnny Augustin, Guadalupe Galindo, Arsenio Cachero, Eleanor Leal, Laura Levingston, Katrina Price, and Kim Gonzalez
 - i. NP students present: Witchell Cabasag, Megan Campbell, and Frank Cervantes
 - B. Virtual attendees: none present
- II. Minutes from all previous meetings have been submitted and are available on CANP website. (January's meeting cancelled) Approvers of tonight's minutes? L. Punsalan and H. He
- III. Board Reports
 - A. President (Leslie Bloomquist)
 - i. Highway Clean Up in March
 1. The CANP members are deciding between March 11 and March 25
 2. Leslie will send out an email to confirm the date.
 - ii. Updates from Leadership meeting: Student Research Data Access; CANP PAC donations individual and chapter (previously we gave Amazon cards for raffle); adding Chapter events on website: template that staff will complete; new ability to contact chapter leadership, new quarterly report much shorter.
 1. Leslie explains we are a 501(c)6 organization which is a nonprofit that is made to serve the members. Therefore, CANP is unable to have raffles any longer (due to new laws). CANP is therefore asking for donations from individuals and chapters. Silent auction items at the conference will be large items, such as a week at a house in Hawaii.
 - a. Leslie explains that throughout the year we donate every other month to PAC. In addition, our chapter would normally donate \$300 in Amazon gift cards.
 - b. Leslie is asking if we would like to add an additional \$300 (because that is what we would have given in Amazon gift cards) to the PAC donations that have been collected throughout the year.
 - c. The group agreed to give the additional \$300. Leslie will remind Annie to bring a check to the CANP convention and present it from our Chapter.
 2. Student Research Data Access
 - a. Students must be members, but they can pay \$100 per survey to allow them access to all access to CANP member NPs in the state (for research purposes).
 - b. Some members thinks this is too costly for students when conducting research.
 3. Events
 - a. Lorelei can now send in the information about events to the secretary and they will complete the forms and place the information on the website.
 4. Quarterly Report
 - a. Only seven questions now, instead of 3 pages.

- B. President Elect (Lorelei Punsalan)
 - i. Lorelei does not have anything scheduled for March due to the board meeting.
 - ii. She also reports nothing is scheduled for April.
 - iii. Please refer sponsors/ reps to Lorelei so she can schedule upcoming meetings.
- C. Treasurer (Annie Huynh), Donations for PAC/Scholarship
 - i. Checking account balance: \$3,839.12
 - ii. Savings account balance: \$2,455.94
 - iii. Collection for scholarships for this month will be accepted through Venmo (Annie Huynh@canpkerntulare)
- D. Membership (Heidi He)
 - i. 133 Active Members
 - ii. 31 New Members over the last 90 days
 - iii. 10 First year students
 - iv. 15 Second year students
- E. Legislative Representative (Charlie Shearer)
 - i. If you have any health justice issues that you find are important, you can let Charlie know.
 - ii. Meetings are on Zoom now so they are easy to attend if anyone is interested.
- IV. Old Business
 - A. Annual conference Monterey, March 16-19, hybrid.
 - B. Scholarship applications will be presented to the Board in March and announced in April.
- V. New Business
 - A. 103 NP applications available, glitches being worked out, many have received 103 status, eligible NPs are encouraged to apply. (NPs do not have to become 103 or 104 NPs. They can continue to practice using standardized protocols and being supervised by physicians.)
 - i. 103 NP
 - 1. Lorelei and Heidi explained, 103 NP status means you can work in a group setting where physicians work, but without a supervising physician (no standardized procedures are required)
 - a. To apply you must complete 4,600 as an NP or 3 years of full-time in that area, with standardized protocols & MD supervision, and have national certification.
 - b. The MD that supervised you for that time will then need to certify that you have completed those hours. You only have to apply once for the 103, it does not need to be renewed.
 - 2. Lorelei also explains, 104 NP status means that after you have been working 3 years as a 103, you may then apply for 104.
 - a. Once 104 status has been given, you may perform independently (no standardized procedures required).
 - 3. Lorelei reports that she knows one NP in town that has already received 103 status.
 - ii. Leslie explains, there is a white paper that the CMA has been promoting (not published and not peer reviewed) that looked at NPs working with the Veteran facilities. In this white paper it discusses the “deficiencies of NPs”:
 - 1. Requests for imaging were higher when being cared for by an NP.
 - 2. There were also more hospital admissions when being cared for by an NP.
 - B. BRN meeting March 7, 1-3 PM
 - i. Leslie explains there is an upcoming BRN meeting, and it would be a great time to virtually attend if you have further questions re: the 103 and 104 status.
- VI. Additions from members
 - A. Need assessment survey for DNPs

- i. Heidi explains that she will be sending out a needs assessment survey for CSUB's upcoming DNP program.
- ii. This survey will go out to our chapter members.
- iii. Heidi is asking all members to complete the survey to show evidence there is a local need for a DNP program.

VII. Drawing

- A. Charlie won the drawing.

VIII. Next general meeting: April 11, 2023

IX. Board Meeting: The board meeting will take place March 14, 2023, via Zoom.

X. Adjournment: 8:39pm

- A. Respectfully submitted by: M. Rubolino
- B. Approved by: L. Punsalan and H. He.

(Kern Tulare Chapter Calendar on back)

Calendar Year for CANP, Kern/Tulare Chapter

Monthly / Scheduled	Chapter Leadership and Grassroots Call (every 3 rd Monday 7-8 PM) Membership Call (quarterly on 1 st Monday 7:30-8:30), New Member Onboarding (6:30-7:30) Highway clean-up at least 4 x year
January	Quarterly report, Application Deadline for scholarships
February	Work on resolution if any proposal (even years), nominate KT NP of the Year
March	Board Meeting (including presentation of scholarship applicants) CANP Annual Educational Conference
April	Quarterly report, Scholarships presented to winning applicants Nominating committee elected, have slate of officers ready for May's meeting (odd yrs) Potential vote on resolutions for House of Delegates (even years)
May	Vote on slate of officers (odd years) Lobby Day yearly (Sacramento) House of Delegate every other year (even years) (Sacramento)
June	Fiscal year ends 6/30, Newly elected officers installed (odd years)
July	Quarterly report New officers take over jobs
August	CSUB FNP student presentation, raffle for student membership Alignment agreement
September	Celebrate the founding of our local chapter Prepare for NP week, ribbons, activities

October	Quarterly report Leadership Summit (Sacramento) Federal and State Taxes, statement of Information (SOI) due by November 15 th
November	NP Week, membership drive Annual Federal (990N) and State (199N) Tax forms due by November 15 th , statement of information (SOI) due even years by December
December	Drawing for CANP Conference Registration fee, one full, one student member Donation to worthy cause at chapter meeting Scholarship applications in by January