

# Agenda & Day Planner

## WEDNESDAY, MARCH 21

4 - 6:30 PM **CANP REGISTRATION OPEN** | Bay View Foyer

5:30 - 6:30 PM **CANP WELCOME RECEPTION** | Grande Ballroom Foyer

## THURSDAY, MARCH 22

7:15 - 8:15 AM **CANP BREAKFAST** | Pavilion

8:30 - 10:15 AM  **CANP WELCOME AND KEYNOTE** | Amelie Hollier, DNP  
Amelie Hollier is a nationally certified family nurse practitioner, CEO and co-owner of Advanced Practice Education Associates (APEA), a Fellow in the American Association of Nurse Practitioners and serves on the editorial board of the Journal for Nurse Practitioners. She is an expert on nurse practitioner practice issues, travels extensively throughout the U.S. presenting on-site certification exam review courses, and lectures on advanced pharmacology and primary care topics.  
Grande Ballroom B&C

10:15 - 10:30 AM **CANP BREAK** | Grande Ballroom Foyer  
**POSTER PRESENTATIONS** | Marina 6

10:30 - 11:45 AM **CONCURRENT IN-TRACK SESSIONS**

- CARDIAC DEVICE THERAPY 2018**  
Vanessa Kalis, DNP, APRN, CNS, ACNP-BC, PNP-AC  
Review of cardiac device therapy, specifically pacemakers and defibrillators with examination of state of the art technologies now available, including leadless pacemakers and subcutaneous defibrillators.  
Nautilus 2
- OSTEOPOROSIS THE OTHER SILENT KILLER**  
Elaine Ruth Henson, RNC MSN ANP B/C  
Osteoporotic fracture of the hip risk is greater than the combined risks of heart attack, stroke and breast cancer, yet continues until the inevitable.  
Grande Ballroom B&C
- BLEEDING TO DEATH: TREATMENT MODALITIES FOR TRAUMA PATIENTS** | Samantha Gambles Farr, MSN, RN, FNP-C CCRN, RNFA  
The appropriate management of trauma patients with massive bleeding includes early identification of bleeding sources, utilization of laboratory resources, pharmacological treatments and insertion of devices.  
Grande Ballroom A

□ **FIND, LINK AND CURE: LESSONS FROM VA MULTIDISCIPLINARY TEAMS FOR HEPATITIS C**

Jacquelyn M. Recendez, MSN, FNP-BC, CEN

Finding, linking and curing Hepatitis C in the veteran population using multidisciplinary teams will be presented. Hepatitis C lab and pharmacology will be reviewed.

Nautilus 4

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12 - 1:15 PM

**CANP LUNCH**

**TEST YOUR LIABILITY IQ: TOP REASONS NPS GET SUED** | Roxanne Filson and Lynn Pierce, NSO

A review of NSO's recently published NP Claim Report, including current California NP claim data contrasted with data for NPs from across the country. This session includes claim scenarios as a risk education tool.

Pavilion

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1 - 4 PM

**WORKSHOPS 1 - 2**



**WS1**

□ **MUSCULOSKELETAL INJECTIONS IN PRIMARY CARE: LOWER EXTREMITY (SOLD OUT)**

Kathleen Geier, DNP, FNP-C, MSN, ONC and AJ Benham, DNP, MSN, FNP

This workshop will review the most common musculoskeletal hip and knee conditions encountered in primary care which can be addressed by corticosteroid injections.

Marina 3

**WS2**

□ **NAIL PROCEDURES OF THE DIGITS (SOLD OUT)**

Dr. Karen Hoyt, PhD, FNP-BC, ENP-C, CEN. FAEN, FAANP, FAAN

During this workshop, participants will perform digital/metacarpal head blocks, partial nail removal, nailbed laceration repair, nail trephination, and fish hook removal from a digit.

Marina 4

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1:30 - 2:45 PM

**CONCURRENT IN-TRACK SESSIONS**

□ **CARDIAC TESTING** | Lynda Stoodley, DNP, NP-C, AGACNP-BC, AGPCNP-BC

This presentation will discuss the most common cardiac tests, using case studies to illustrate their use and how to interpret them as applicable.

Grande Ballroom A

□ **HEMATURIA EVALUATION IN PRIMARY CARE**

Steven Bereta, MS, RN, FNP-C and Arielle Bivas, MS, AGNP-BC

Tips for the primary care provider for managing the patient with hematuria.

Nautilus 2

□ **THE DERMATOLOGIC DETECTIVE PRIMARY CARE**

**SETTING** | Michelle Zappas, DNP, FNP-BC

Dermatology can be a challenging field for NPs. Common rashes are easily mistaken for look-alike conditions. This lecture will help the NP distinguish dermatologic disorders from one another.

Grande Ballroom B&C

2:45 - 3:45 PM

**CANP EXPO HALL | Pavilion**   
**POSTER PRESENTATIONS | Marina 6**

4 - 5:15 PM

**CONCURRENT IN-TRACK SESSIONS**

□ **PRACTICAL LIPID MANAGEMENT: NOTES FROM THE FRONT LINES OF THE LIPID CLINIC**

Brenda F. Rodi, Vanessa Adair, MSN and Sheila Jeschke, MSN

Lipid Clinic NPs present a 3 step plan for determining who to treat, how to measure lipids accurately and effective treatments to lower cholesterol.

Grande Ballroom B&C

□ **MANAGEMENT OF BPH IN PRIMARY CARE**

K. Chenin Kenig, RN, MSN, NP

BPH affects the daily life of older men and accounts for numerous PCP visits. Learn about appropriate diagnosis and medical & surgical management of BPH.

Grande Ballroom A

□ **STRATEGY FOR SUCCESS: DEVELOPING YOUR NURSE PRACTITIONER TEAM** | Surani Hayre-Kwan, RN, MSN, NP-C, MBA

This presentation will share valuable lessons to stabilize an NP workforce, proactively seek leadership opportunities and develop relationships with schools to strengthen your applicant pool.

Spinnaker

□ **PRIMARY CARE OF THE NICU GRAD: KINDERGARTEN AND BEYOND** | Martha Grant Fuller, PhD, PNP-BC

Children born preterm are at risk for adverse outcomes in the absence of severe impairment. The NP will learn to manage care of this population.

Nautilus 2

5:30 - 6:30 PM

**CANP EXPO HALL AND WELCOME RECEPTION**  
Sponsored by Retractable Technologies | Pavilion 

6:30 PM

**SYMPOSIUM A** | Hosted by Novo Nordisk  
**VICTOZA: APPROVED TO REDUCE MAJOR ADVERSE CARDIOVASCULAR EVENTS IN YOUR TYPE 2 DIABETES IN PATIENTS WITH ESTABLISHED CVD.**

Pre-registration is required, dinner will be served.

Nautilus 5

# FRIDAY, MARCH 23

6 - 7 AM

## YOGA WITH CANP | Nautilus Foyer

Yoga with CANP helps you feed your body, mind, and spirit, making it the perfect way to kick off your conference day. Geared to all ability levels, this rise-and-shine practice provides a welcoming, non-competitive experience that's a great way to socialize. Limited space available, so please get there early!

7:15 - 8:15 AM

## CANP BREAKFAST AND CANP EXPO HALL | Pavilion POSTER PRESENTATIONS | Marina 6

7:15 - 8:15 AM

## SYMPOSIUM B | Hosted by Cardax THE EMERGING ROLE OF ANTI-INFLAMMATORY TREATMENT MODALITIES IN CHRONIC DISEASE AND AGING

This is a breakfast and symposium; pre-registration is required.

Nautilus 5

8:30 - 9 AM

## CANP WELCOME AND AWARDS | Grande Ballroom B&C

9 - 10:15 AM

## KEYNOTE | Grande Ballroom B&C

Kristy Wiese, Capitol Advocacy

Kristy's presentation will identify key issues/challenges and discuss implications for nurse practitioner practice within the policy arena.

10:15 - 10:45 AM

## CANP EXPO HALL | Pavilion POSTER PRESENTATIONS | Marina 6

11 AM - 12:15 PM

## CONCURRENT IN-TRACK SESSIONS

### DON'T MISS A BEAT: SUCCESSFULLY MANAGING ATRIAL FIBRILLATION IN PRIMARY CARE | Dr. Jennifer Ballard-Hernandez, DNP

This presentation reviews management strategies for atrial fibrillation in primary care setting in accordance with national guideline recommendations.

Grande Ballroom B&C

### WEIGHT HOMEOSTASIS EXPLAINS WHY DIETS OFTEN FAIL TO PREVENT METABOLIC DISEASE

Lauren Outland, RN, MSN, NP, PhD

Weight homeostasis explains why diets often fail to prevent metabolic disease. Pro-homeostasis alternatives like adequate sleep, gut health, intuitive eating, and exercise bursts can help.

Spinnaker

□ **LOOKIN' FOR EIGHT... THE MECHANISMS OF RODEO, EQUESTRIAN AND OTHER LARGE HERBIVORE CAUSED INJURIES** | Gordon H. Worley, MSN, FNP

This presentation will examine the mechanisms of injury and management considerations for injuries resulting from rodeo events, equestrian activities, and other interactions with large animals.

Nautilus 4

□ **SUCCESSFUL DEPRESSION SCREENING AND TREATMENT FOR WOMEN: A CASE-BASED TRAINING WITH APRN CLINICIAN EXPERTS** | Laura Lynn Van Auker, DNP, MSN, FNP-BC, SN-C, Elizabeth Rice, PhD and Jennifer Shaw Battista, PhD

Many women experience depression. This longitudinal case-based interactive training for depression screening tools and management will enhance skills for depression identification throughout the female lifespan.

Nautilus 4

□ **THE IMPORTANT ROLE OF THE MICROBIOME AND GUT HEALTH** | Kathryn Gesto, RN, MSN, CRNP

Understanding the role of the microbiome and our intestinal integrity in preventing and treating disease is key for providers.

Grande Ballroom A

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12:15 - 1:30 PM

**CANP EXPO HALL AND LUNCH** | Pavilion



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12:30 - 1:30 PM

**SYMPOSIUM C** | Hosted by Janssen

**CASTRATION-RESISTANT PROSTATE CANCER: CURRENT CONSIDERATIONS AND CHALLENGES.**

This is a lunch and symposium; pre-registration is required.

Nautilus 5

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1 - 4 PM

**WORKSHOPS 3 - 4**



**WS3**

□ **TELEHEALTH WORKSHOP - UTILIZING TELEMED TECHNOLOGIES TO EXPAND YOUR PRACTICE**

Sigi Marmorstein, NP

This workshop will prepare the NP to assess, implement and conduct tele-visits in his/her practice. A review of current platforms, digital accessories and latest technologies will be provided as well.

Marina 3

**WS4**

□ **MANAGEMENT OF CARDIAC DYSRHYTHMIAS**

Vanessa Kalis, DNP, APRN, CNS, ACNP-BC, PNP-AC

This workshop will incorporate the latest in cardiac dysrhythmia management, with an emphasis placed on hands-on EKG review for the identification of common dysrhythmias.

Marina 4

**CONCURRENT IN-TRACK SESSIONS****□ THE CONTINUUM OF STROKE MANAGEMENT: PERSPECTIVES FROM A NEUROCRITICAL CARE NURSE PRACTITIONER**

Melissa Dofredo MSN, ACNP, Kimberly Alva, MSN, ACNP and Travis Bradley, MSN, ACNP

Review ischemic and hemorrhagic stroke research and management, with implications for primary and acute care nurse practitioners. Includes discussion of NP role opportunities and challenges.

Nautilus 2

**□ INCONTINENCE HAPPENS | Lori Guelman, MSN, RN, FNP-BC**

The presentation is an overview of OAB and will review treatment options for different populations, including neurogenic and geriatric populations.

Spinnaker

**□ PHARMACOLOGY UPDATE WHAT IS NEW IN THE TREATMENT FOR OSTEOPOROSIS?**

Elaine Ruth Henson, RNC, MSN, ANP B/C

The metabolic process of bone loss robs retirement joy from millions of people through its consequences of osteoporotic hip and spinal fractures. This year another significant pharmaceutical treatment option has gained FDA approval and is now available.

Grande Ballroom A

**□ OPIOID PRESCRIBING: SAFE PRACTICE, CHANGING LIVES-UPDATE 2018 (PART 1) | Teresa Keane, MSN, PMHNP-BC**

Completely updated and refreshed program addressing safe practices for opioid prescribing, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. Includes discussion of pain, immediate release as well as ER/LA opioids, cannabis, and addiction and integrates the CDC Guideline (2016). Fully compliant with the FDA requirement for opioid REMS education.

Grande Ballroom B&C

*\* If you select this session from 1:45-3:00 p.m., you must attend Part II from 3:15-4:30 p.m. to receive 2.5 hours of ANCC and pharmacology credit from the Nurse Practitioner Healthcare Foundation. Partial credit will not be given. See complete accreditation details at [canpweb.org](http://canpweb.org).*

3 - 6 PM

**WORKSHOPS 5 - 6**



**WS5**

**□ 12 LEAD EKG (SOLD OUT)**

Stephanie Yoakum, RN, MSN, ACNP and Mary Huntsinger, RN, MSN, NP, PhD

This workshop will provide attendees with the tools they need to interpret an ECG in a systematic way including identifying abnormal findings requiring Treferral.

**Nautilus 1**

**WS6**

**□ BECOMING THE EXPERT: PHYSICAL EXAM OF THE SPINE AND SPINE-RELATED COMPLAINTS IN THE AMBULATORY CARE SETTING | Hattie Clark Grundland, RN, MS, NP**

This workshop helps you become the expert: learn, practice and perfect your physical exam of the patient with LBP and/or sciatica.

**Nautilus 3**

3:15 - 4:30 PM

**CONCURRENT IN-TRACK SESSIONS**

**□ PRIMARY CARE GUIDELINES TO MANAGE HYPERTENSION**

Dr. Valerie Ann Madaffari, DNP

Hypertension can be difficult to manage and treat. Attend this session to learn more about this diagnosis.

**Grande Ballroom A**

**□ GENES AND DRUGS | Pam Tarlow, PharmD**

Pharmacogenomics is the exciting, new science of how a person's genes can determine their response to medications. What does the NP need to know?

**Spinnaker**

**□ COMMON CARDIOVASCULAR COMPLAINTS: IDENTIFYING THE RED FLAGS**

Lynda Stoodley, DNP, NP-C, AGACNP-BC, AGPCNP-BC

This presentation will provide an in depth, evidence based discussion on the thorough examination and initial management of patients with common CV complaints.

**Nautilus 2**

**□ OPIOID PRESCRIBING: SAFE PRACTICE, CHANGING LIVES-UPDATE 2018 (PART 2) | Teresa Keane, MSN, PMHNP-BC**

Completely updated and refreshed program addressing safe practices for opioid prescribing, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. Includes discussion of pain, immediate release as well as ER/LA opioids, cannabis, and addiction and integrates the CDC Guideline (2016). Fully compliant with the FDA requirement for opioid REMS education.

**Grande Ballroom B&C**

*\* If you select this session from 3:15-4:30 p.m., you must attend Part 1 from 1:45-3:00 p.m. to receive 2.5 hours of ANCC and pharmacology credit from the Nurse Practitioner Healthcare Foundation. Partial credit will not be given. See complete accreditation details at [canpweb.org](http://canpweb.org).*

4:30 - 5 PM

**CANP EXPO HALL, EXHIBITOR PRIZE GIVE-AWAY  
AND NETWORKING BREAK | Pavilion**  
**POSTER PRESENTATIONS | Marina 6**



5 - 6:15 PM

**CONCURRENT IN-TRACK SESSIONS**

**□ IMPROVING CARE FOR ONE IN FIVE WOMEN: EVALUATING  
AND MANAGING DYSpareunia**

Trudy S. Egan, BSN RN and Donna Scemons, Dr., PhD FNP-C CNS

One in five women will suffer from dyspareunia at some time. A simple practice change greatly impacts women's health: assessing for dyspareunia at every visit.

**Spinnaker**

**□ TREATING PAIN IN THE ACUTE CARE SETTING: ROLE OF  
THE NURSE PRACTITIONERS | Theresa Mallick-Searle, MS, NP**

This timely lecture will focus on the importance of managing pain in the acute care setting, exploration of treatment options uniquely available to the hospitalized patient and present the evidence behind using multimodal analgesia in the acute care setting.

**Grande Ballroom A**

**□ ERRORS HAPPEN! MALPRACTICE CASE STUDIES**

Roxanne Filson and Lynn Pierce, NSO

This session will review three claim scenarios in detail so that NPs have an understanding of the situation, allegations and outcomes of professional negligence claims. We will discuss how risk management strategies could have been deployed to minimize risk exposure for the NP and for the patient.

**Grande Ballroom B&C**

7 - 10 PM

**HARBOR CRUISE | Supported by NSO**

**\$75 per person for onsite registration**

**Meet at the Sheraton Marina Dock in the back of the hotel**

There are few vistas quite as spectacular as San Diego at sunset, and adding a perspective from the water enhances the drama. Join us for a Hornblower Cruise that takes off from the Sheraton's own marina and explores the city's majestic views from the vantage point of San Diego Bay. Boarding begins at 6:30 p.m., and the cruise runs from 7-10 p.m. The tour will be narrated by the captain and music will set the mood. The festivities include hors d'oeuvres and two drink tickets, which are included in the price. The ship's occupancy is limited to 200, so we recommend signing up early. Be sure to prepare for the cool evening breezes by bringing a jacket or sweater. Bon voyage!



# SATURDAY, MARCH 24

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6:30 - 7:30 AM

## **CANP FUN RUN** | Supported by Planned Parenthood

Meet in the front lobby of the hotel at 6:15 AM

Running shoes? Check. Water bottle? Check. Desire for exercise, camaraderie, and a whopping good time? Check, check, check. This easy 5K course offers socializing at its best. Run, jog, or walk the 3.1-mile distance with your conference buddies old and new. Registration is \$15 per person, and includes a T-shirt, water, and a post-race snack.

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7:30 - 8:30 AM

## **POSTER PRESENTATIONS** | Marina 6

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7:30 - 8:30 AM

## **SYMPOSIUM D** | Hosted by California Milk Advisory Board

### **FOOD FIRST APPROACH TO HEALTH & WELLNESS.**

This is a breakfast and symposium; pre-registration is required.

Harbor 1

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8:45 - 10 AM

## **CONCURRENT IN-TRACK SESSIONS**

### **□ ANTIARRHYTHMIA DRUGS AND ANTICOAGULATION**

Stephanie Yoakum RN, MSN, ACNP and Mary Huntsinger RN, MSN, CNS, NP

This presentation will focus on commonly use antiarrhythmic medications and anticoagulation, including discussion of direct oral anticoagulants.

Grande Ballroom B&C

### **□ A CLINICAL APPROACH TO POTS AND DYSAUTONOMIA**

Emily H. Caldwell, MSN, ACNP

Diagnosis and Management of Dysautonomia, with specific attention on Postural Orthostatic Tachycardic Syndrome (POTS).

Nautilus 2

### **□ OUT OF THE WOODS – APPLYING WILDERNESS MEDICINE TO RURAL HEALTH CARE**

Gordon H. Worley, MSN, FNP, FAWM

This presentation will explore the value of wilderness medicine training, protocols, and skills to rural and other advanced practice nurses.

Grande Ballroom A

### **□ SOLUTIONS TO LEGAL ISSUES IN SETTING UP A PRACTICE: YOU DON'T KNOW WHAT YOU DON'T KNOW**

Melanie Balestra, NP and Deborah Maragopoulos, MN FNP-C

This presentation will discuss the types of business entities, legal pitfalls, contract issues, profitability and compliance with the boards to start a business.

Spinnaker

10 AM - 1 PM

**WORKSHOPS 7 - 8**



**WS7**

**□ MUSCULOSKELETAL INJECTIONS IN PRIMARY CARE: UPPER EXTREMITY (SOLD OUT)**

Kathleen Geier, DNP, FNP-C, MSN, ONC and AJ Benham, DNP, MSN, FNP

This workshop will review the most common musculoskeletal upper extremity conditions encountered in primary care which can be addressed by corticosteroid injections.

Spinnaker

**WS8**

**□ INFLUENCING PRACTICE THROUGH POLICY ANALYSIS**

Donna Emanuele, DNP, FNP-BC, FAANP, Virginia McCoy Hass, DNP, MSN, FNP-C, PA-C and Vanessa C. Parker, PhD, MA, MSN, CHES, PMHNP-BC

Participants will define, identify and select a policy problem from the health arena and provide a framework for review, analysis and evaluation of policy.

Marina 4

10:15 - 11:30 AM

**CONCURRENT IN-TRACK SESSIONS**

**□ HEART FAILURE PREVENTION: TRICKS AND TOOLS FOR RISK REDUCTION IN PRIMARY CARE**

Maria Fe White, NP, MSN, FHSA, CHFN

This session will review risk factors, risk reduction strategies and the management of heart failure in the primary care setting.

Grande Ballroom B&C

**□ MEN'S HEALTH CONCERNS: ERECTILE DYSFUNCTION & TESTOSTERONE REPLACEMENT THERAPY**

Arielle Bivas, MS, AGNP-BC and Steven Bereta, MS, RN, FNP-C

Talking about men's health concerns: Addressing erectile dysfunction and testosterone deficiency for the primary care clinician.

Grande Ballroom A

**□ DEATH AND DYING | Carl Wherry, MSN, ACNP-bc and Dale Perry**

This topic takes on final decisions one can make. Palliative care, hospice, and aid-in-dying are all options the nurse practitioner should be able to address.

Spinnaker

11:45 AM - 1 PM

**CONCURRENT IN-TRACK SESSIONS**

**□ FACT, FOLKLORE OR FICTION: DEMYSTIFYING PRESCRIBING CONUNDRUMS IN HEART FAILURE**

Stacey B. Gross, MS, RN, ACNP, CHFN, Chona Pedraja, MSN ACNP-BC and Desiree Covey, MSN ACGNP

This session will provide an overview of novel pharmacologic agents as well as guideline driven therapies for management of patients with heart failure.

Grande Ballroom A

❑ **POLYPHARMACY AND DEPRESCRIBING FOR THE ELDERLY** | Dr. Nancy Cornelius Trego, DNP, CNL, GNP-C

The process of deprescribing will be demonstrated using evidenced-based tools and a case study to identify unnecessary and inappropriate medications in elderly patients.

Grande Ballroom B&C

❑ **RUNNING FOR ELECTED OFFICE: PEARLS FOR SUCCESS**

Dr. Beth Haney DNP, FNP-C, FAANP

Nurses belong in politics! This presentation will provide information on running for elected office and give the NP pearls to help run a successful campaign.

Spinnaker

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1 - 2:15 PM

**CANP LUNCH AND RAFFLE** | Bay View Lawn

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2 - 5 PM

**WORKSHOPS 9 - 10**



**WS9**

❑ **STUDENT WORKSHOP**

An interactive discussion on regulatory and professional issues pertaining to NP practice in California. Highlights include a graduate NP panel and past BRN president. This workshop is free to all registered student conference attendees.

Nautilus 5

**WS10**

❑ **MANAGEMENT OF TYPE 2 DIABETES: NUTRITION AND PHARMACOLOGICAL THERAPY STRATEGIES FOR IMPROVING PATIENT OUTCOMES WITH INSULIN THERAPY** | Dr. Zarmine Naccashian, PhD, FNP/GNP, RN, CDE **(SOLD OUT)**

Current clinical guidelines of nutrition therapy, pattern management, pharmaceutical options to treat T2DM and to achieve target glucose management with insulin will be discussed.

Marina 4

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2:30 - 3:45 PM

**CONCURRENT IN-TRACK SESSIONS**

❑ **ABNORMAL UTERINE BLEEDING - SORTING IT ALL OUT**

Patricia Geraghty MSN, FNP-BC, WHNP

Discusses variation in normal uterine bleeding, the approach to acute bleeding, and the PALM-COEIN approach to diagnosis and ongoing management of AUB with case presentations.

Grande Ballroom A

❑ **THE PAINFUL HIP PART I: EVALUATION**

Kathleen Geier, DNP, FNP-C, MSN, ONC

The Painful Hip Part I: Clinical Evaluation presents hip anatomy and physical examination and how they relate to common causes of hip pain.

Grande Ballroom B&C

❑ **HOW TO PRACTICE MULTIDISCIPLINARY PAIN MANAGEMENT IN A COMMUNITY SETTING**

Theresa Mallick-Searle, MS, NP

This lecture will explore the importance of multidisciplinary pain management, provide easy access to resources and empower the community provider to practice comprehensive pain management for improved outcomes with some of their most challenging of patients.

Spinnaker

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4 - 5:15 PM

**CONCURRENT IN-TRACK SESSIONS**

❑ **PEDIATRIC STROKE - LITTLE PATIENT BIG PROBLEM**

Gordon H. Worley, MSN, FNP CNS

This presentation will provide an overview of the current state of knowledge and best evidence-based practices for the recognition, diagnosis, and treatment of pediatric stroke.

Nautilus 2

❑ **THE PAINFUL HIP PART II: COMMON ACUTE & CHRONIC DISORDERS** | Kathleen Geier, DNP, FNP-C, MSN, ONC

The Painful Hip Part II: Common Acute & Chronic Disorders presents hip conditions seen in primary care and their imaging, treatment, and referral options.

Grande Ballroom B&C

❑ **THIS COULD BE YOU: PANEL OF 3 NPS WILL DISCUSS THEIR CASES WITH THE BRN** | Melanie Balestra, NP

Innocent actions can cause a complaint to be filed against an NP. A moderator and three NPs will discuss actual cases, outcomes and prevention.

Grande Ballroom A

❑ **WHAT? MY PPD IS POSITIVE! TUBERCULOSIS TESTING AND TREATMENT IN PRIMARY CARE**

Sheri Rickman Patrick, DNP, APRN, FNP-BC

This session is designed for beginner and intermediate NPs on the incidence, testing, treatment, education and community resources when treating tuberculosis.

Spinnaker

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5:30 - 6:30 PM

**CANP RECEPTION AND PAC RAFFLE** | Bay View Lawn

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6:30 - 7:30 PM

**CANP ALUMNI RECEPTIONS**

UC Davis | Harbor's Edge Restaurant

UC San Francisco | Executive Break Area

Santa Rosa Community Health  
Hotel Restaurant

CANP San Francisco Chapter

Harbor and Vine Wine and Cocktail Bar

University of San Diego | Nautilus 1

UC Irvine | Nautilus 2

UCLA | Nautilus 3

University of San Francisco | Nautilus 4

Samuel Merritt | Marina 6

# SUNDAY, MARCH 25

7:30 - 8:30 AM **CANP BREAKFAST** | Pavilion

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8:45 - 10 AM **CONCURRENT IN-TRACK SESSION**

□ **CHILDHOOD ANXIETY AND THE ROLE OF TRAUMA**

Elizabeth Rice, PhD and Deborah Johnson, BSN, MSN

This presentation will provide the most up to date research on childhood anxiety and the role of trauma.

Marina 3

□ **TAKING CARE OF YOUR GREATEST ASSET - YOU!**

Dr. Beth Haney, DNP, FNP-C, FAANP

Caregivers must care for themselves before they can offer care to others. Inner speech, exercise, diet, stress, and sleep play integral roles in well-being.

Spinnaker

□ **INTEGRATED BEHAVIORAL HEALTH IN PRIMARY CARE: INTERPROFESSIONAL STRATEGIES FOR THE MANAGEMENT OF CHRONIC PAIN**

Alexa Curtis PhD, FNP-BC and Nicolas Mills, MA

This presentation explores interprofessional strategies for the management of chronic pain within primary care to improve patient outcomes and provide therapeutic alternatives.

Grande Ballroom A

□ **THE PAINFUL KNEE, PART I: CLINICAL EVALUATION**

AJ Benham, DNP, MSN, FNP

The Painful Knee Part I: Clinical Evaluation: Review the most helpful historical clues, anatomical underpinnings, and specialized exam techniques for evaluating painful knees in primary care.

Grande Ballroom B&C

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10:15 - 11:30 AM **CONCURRENT IN-TRACK SESSIONS**

□ **ASSESSING, TREATING AND DOCUMENTING ON WOUNDS IN A LOW RESOURCE SETTING**

Holly Kirkland-Kyhn, PhD, FNP and Sarah Thrasher, NP

Presentation on wound assessment using the mnemonic TIME to identify tissue, infection/inflammation, moisture content, and edges of the wound. This will act as a framework.

Grande Ballroom A

□ **REFUGEE HEALTH: ADDRESSING THE EMOTIONAL IMPACT OF RESETTLEMENT AMONG AFGHAN & IRAQI REFUGEES**

Dr. Virginia McCoy Hass, DNP, MSN, FNP-C, PA-C and Hayatullah Niazi, NP, RN, MD, ADN

California is the top resettlement state for refugees entering the US. This presentation reviews culturally relevant mental health care for Afghan and Iraqi refugees.

Spinnaker

□ **THE PAINFUL KNEE, PART 2: COMMON ACUTE & CHRONIC CONDITIONS** | AJ Benham, DNP, MSN, FNP

The Painful Knee Part II: Common Acute & Chronic Conditions: An exploration of some common perpetrators of knee pain, including mechanisms of injury, common signs and symptoms, physical findings, and treatment and rehabilitation guidelines.

Grande Ballroom B&C

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11:45 AM - 1 PM

**CONCURRENT IN-TRACK SESSIONS**

□ **MENOPAUSE 2017 GUIDELINES: LOOKING AT SPECIAL POPULATIONS AND BUILDING ON EXISTING PRACTICE**  
Patricia Geraghty MSN, FNP-BC, WHNP

Updated menopause management, including early or prolonged symptoms, women not using estrogen, and those with bone, dementia, breast and uterine cancer, and cardiovascular disease concerns.

Grande Ballroom B&C

□ **REVERSING COGNITIVE IMPAIRMENT IN ASYMPTOMATIC ALZHEIMER'S DISEASE: THE VALUE OF EARLY DETECTION**  
Leslie M. Powell, MS, RN, CPNP, AGPCNP-BC

A community case study of Alzheimer's disease will be explored that will demonstrate the value of early detection in the prevention of cognitive impairment.

Grande Ballroom A

□ **ROLE OF THE NP IN RECOGNIZING HEALTH DISPARITIES: A POP-UP CLINIC EXPERIENCE**  
Melanie Keiffer, DNP, ANP-BC, CCRN

Using case exemplar, this session critically analyzes the NP role in relation to socially just care in an era of health care inequity.

Spinnaker

□ **THE HUMANISM POCKET TOOL: HOW TO STAY HUMANISTIC WITH CHALLENGING PATIENTS**  
Kristin Kopelson MS, FNP-BC, ACNP-BC, Andrew Schumer, MD and Carole Warde, MD

The Humanism Pocket Tool has been developed to support clinicians working with difficult populations. Learn effective methods to approach your most difficult patients.

Marina 3

# Poster Presentations

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## **THURSDAY, MARCH 22**

10:15 - 10:30 am  
2:45 - 3:45 pm

## **FRIDAY, MARCH 23**

7:15 - 8:15 am  
10:15 - 10:45 am  
4:30 - 5 pm

## **SATURDAY, MARCH 24**

7:30 - 8:30 am

### **INCREASING FOLLOW-UP IN COLLEGE STUDENTS WITH LATENT TUBERCULOSIS INFECTION**

Emily Middleton, RN, BSN, CCRN

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### **COMMON CARDIOVASCULAR COMPLAINTS: IDENTIFYING THE RED FLAGS**

Lynda Stoodley, DNP, NP-C, AGACNP-BC, AGPCNP-BC

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### **TREATING HOMELESS VETERANS WITH HEPATITIS C IN A PRIMARY CARE CLINIC**

Marcie J. Hoppe, MSN, FNP and Kristin Kopelson, RN, MSN, NP, PhD

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### **HERPES ZOSTER VACCINE TO THE HOMEBOUND ELDERLY: PREVENTION, PROTECTION, AND ACCESS TO CARE**

Serena Arts, MSN

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### **HEAD START: RAPID ASSESSMENT OF ADULTS WITH TRAUMATIC BRAIN INJURIES**

Pedro Alonso Colio, MSN, RN, ENP-C, FNP-C, CCRN

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### **FAILURE IS NOT AN OPTION: CREATING A CARDIOMYOPATHY CENTER OF EXCELLENCE WITHIN THE VA HEALTH CARE SYSTEM IN LONG BEACH, CALIFORNIA**

Cher Ann Hagaman, NP and Dr. Jennifer Ballard-Hernandez, DNP

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### **DEVELOPMENT AND EVALUATION OF A CLINICAL COMMUNICATION TOOL IN A HOMELESS PRIMARY CARE CLINIC**

Marcie J. Hoppe, MSN, FNP

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### **THE WEIGHT OF A HEALTHY HOME: EARLY SCREENING FOR CHILDHOOD OBESITY RISK**

Sara Herbenick, BSN, RN

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### **TELEPHONE? TEXT? TELECOMMUNICATE? CHOOSE YOUR MODALITY**

Linda M. Nyagaya, DNP student, BSN, RN

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### **ATRIAL FIBRILLATION AND AGING: ADDRESSING THE UPCOMING EPIDEMIC WITH EVIDENCE BASED CARE**

Patti McCluskey-Andre, DNP, AGACNP-BC, FNP-BC, CCNS, FAANP

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### **MANAGEMENT OF CHRONIC LOW BACK PAIN WITH A NONPHARMACOLOGICAL PAIN MANAGEMENT KIT AMONG ACTIVE DUTY MILITARY PERSONNEL**

Heidi M. Sterling, BSN, RN, DNP(c)

**RECOGNIZING AND REACHING OUT TO VICTIMS OF DOMESTIC MINOR SEX TRAFFICKING**

Aimee Paulson, DNP, FNP-C

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**A COMPARISON OF NPS/PAS AND EDMDS IN MANAGING PEDIATRIC/ADOLESCENT ABDOMINAL PAIN IN THE ED**

Dr. Karen Sue Hoyt, PhD, FNP-BC, ENP-C, CEN, FAEN, FAANP, FAAN

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**SAN DIEGO INTEGRATED CARE PROJECT AND PRACTICUM**

Maria Silveira, MSN, ANP-BC, MPH and Aida Gemechu, MPH, MBA

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**DIABETES SELF MANAGEMENT EDUCATION IN AN UNDERSERVED PRIMARY CARE SETTING**

Jessica Marie Salas, BSN, RN

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**WHAT'S KEEPING AMERICA'S HEROES AWAKE? SCREENING FOR OBSTRUCTIVE SLEEP APNEA IN MALE VETERANS WITH HYPERTENSION AND DIABETES**

Aaron James Stirling, BSN, RN, PHN

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**ENHANCING NURSE PRACTITIONER STUDENTS' CULTURAL COMPETENCY TO WORK WITH AMERICAN INDIANS**

Dr. Lisa Roberts, DrPH, MSN, RN, FNP-BC, CHES and Andrea Champlin

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**SCREENING FOR BINGE EATING DISORDER IN PATIENTS UNDERGOING A WEIGHT LOSS PROGRAM**

Doris Cheruiyot, RN, BSN

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**POWER TO THE PATIENTS: A HEART FAILURE TRANSITIONS OF CARE PROGRAM IN A HEART RESOURCE CENTER**

Katherine Nicole Oxina Padiernos, BSN, RN

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**FULL PRACTICE AUTHORITY IMPLICATION: A STEP BY STEP GUIDE FOR FACILITIES WITHIN THE VA HEALTHCARE SYSTEM**

Dr. Jennifer Ballard-Hernandez, DNP

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**TREATING INSOMNIA: WHAT YOU NEED TO KNOW**

Alex Sietsma, NP

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**OPTIMIZING CHRONIC PAIN MANAGEMENT: SELF-CARE UTILIZATION AMONG VETERANS WITH POST-TRAUMATIC STRESS DISORDER**

Anamarie Jumawan Lazo, RN, MSN, FNP-BC, DNP student