



Agenda & Day Planner

Wednesday, March 15

4:00 - 6:30 pm	CANP Registration
5:30 - 6:30 pm	CANP Welcome Reception

Thursday, March 16

7:15 - 8:15 am	CANP Breakfast
8:30 - 10:15 am	Welcome and Keynote: Barbara Safriet

Meet Barbara J. Safriet, our keynote speaker, who promises to impart a wealth of information. For several years, Safriet taught at Lewis and Clark College Law School in Portland as a visiting professor of health law and policy. She was a member of the school's full-time faculty from 1976 to 1987. She also served as associate dean for academic affairs and a lecturer in health law at Yale Law School in New Haven for two decades.

Her role as a staunch advocate of nurse practitioners was punctuated in 1992 with the publication of her paper "Health Care Dollars and Regulatory Sense: The Role of Advanced Practice Nursing" in the Yale Law Journal. In 2010, she was commissioned by the Institute of Medicine to write a paper about maximizing the value of advanced practice nurses for its report "The Future of Nursing: Leading Change, Advancing Health."

10:15 - 10:30 am	Poster Presentations
10:30 - 11:45 am	In-Track Sessions A1- A4

- A1 Medical Cannabis Patient Education for Safe and Effective Use - Maria Mangini, BA, MS, PhD**
- This presentation will cover cannabis constituents, dosage forms, drug interactions, and rules of thumb for cannabis dosing which may be used to guide patients.
- A2 Occam vs Hickman: Medical Mystery in A 6-Year-Old Girl – Ruth Rosenblum, RN, MSN, NP, PhD**
- This presentation will discuss a medical mystery involving a 6-year-old. come with your problem solving and differential diagnosis skills to solve the mystery.

In-Track Sessions = 1.25 CEUs. Workshops = 3 CEUs. Additional fees apply to workshops.

*Preliminary agenda subject to change.



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March 16 - 19, 2017 // Burlingame, CA

REGISTER TODAY

#CANP40th

Thursday (cont.)

A3 Menopause - What Is It, How Do I Manage It, And When Is It Coming for Me and My Patients?
Dr. Beth Haney, DNP, FNP-C, FAANP

This presentation will describe the hormonal changes, the symptoms that women may have, and the latest evidence-based pharmacological and non-pharmacological treatments available.

A4 Got Milk? Low Milk Supply, Re-lactation, Induced Lactation - Mary DeNicola, DNP, FNP-BC

Mothers' Milk Matters. "Got Milk?" addresses the multiple variables involved in, and treatment options available for, low milk supply, re-lactation and induced lactation.

12 – 1:15 pm CANP Lunch

1:00 – 4:00 pm Workshop 1

WS 1 Cryotherapy, Shave Biopsies, and Punch Biopsies: When and How? - Ava Chase, DNP, FNP and Dr. Bryan Webb, DNP, AGNP

Cryotherapy, Punch, and Shave Excision techniques will be covered, as well as techniques for anesthesia. Practice on non-live models will be provided.

1:30 – 2:45 pm In-Track Sessions B1 – B4

B1 The Latest in Aesthetics: What You Need to Know to Guide Your Patients
Beth Haney, DNP, FNP-C, FAANP, Luxe Aesthetic Center

Millions of people are concerned about looking older and many turn to their NP for options. This presentation will help NPs understand aesthetic treatment options.

B2 The Patient Will See You Now - Primary Care in the Home
Sandra Bresnahan, MSN, ACNP-BC, RN

Patients with multiple chronic illnesses consume large portions of America's health dollars. Home based primary care can reduce healthcare increasing patient costs while satisfaction.

B3 Diabetes: Oral Agents VS Injectables: The Best Choice for your Patient in Primary Care Setting
Sheri Rickman Patrick, DNP, APRN, FNP-BC

This session is to educate NPs working in primary care in a systematic approach to prescribing oral or injectable agents in treating diabetes.

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Thursday (cont.)

B4 Cervical Cancer Screening Among Minorities in the United States

Christina Nardi, MSN, FNP, RN, CNL, DNP (c)

Highlighting the beliefs, barriers and interventions to increase cervical cancer screening rates and reduce disparities among minority women in the United States.

2:45 – 3:45 pm

Expo Hall Open and Poster Presentations

4:00 – 5:15 pm

In-Track Sessions C1 – C4

C1 Stay Ahead of the Curve: Don't Become a Malpractice Case Study - Roxanne Filson, Aon Affinity and Lynn Pierce, Aon Affinity

A review of current California NP claim data contrasted with data for NPs from across the country. This session includes claim scenarios as a risk education tool.

C2 Wound Assessment, Treatment, and Documentation in a low-no Resource Setting Holly Kirkland-Kyhn, PhD, FNP and Sarah Thrasher, RN, BSN, CMSRN

In summary, this presentation presents how to assess, treat and document wounds in a low-no resource setting

C3 International Travel in 2017: What to Know Before They Go - Michelle P. Zappas, DNP, FNP-BC

Preparing patients for international travel is becoming increasingly complex. Nurse practitioners need to be knowledgeable on how to safely prepare their patients for overseas travel.

C4 Drug Induced Liver Injury - Dr. Donald Gardenier, DNP, FNP-BC, FAAN, FAANP

Drug induced liver injury is the most common acute liver injury. In this session, we will review drugs most frequently associated with liver injury

5:30 – 6:30 pm

CANP Reception

6:00 pm

Symposium A

When to Start GLP-1 Therapy: Is Now the Time? – Sponsored by Novo Nordisk

Location: Cypress A

This presentation is intended for HCPs who are not familiar with the range of clinical data supporting earlier use of Victoza in patients with type 2 diabetes. After completing this program, participants will be able to understand the clinical profile of Victoza for use after metformin as monotherapy or in combination with 1 or 2 oral antidiabetic agents.

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Friday, March 17

6-7 am

CANP Yoga

Whether you're a master at Warrior III or most comfortable in Mountain Pose, Yoga with CANP is geared to all ability levels. This early-morning practice will get you off to an energizing start, bringing balance to your mind, body, and spirit before you plunge into a busy conference day.

7:15 – 8:15 am

CANP Breakfast, Expo Hall and Poster Presentations

8:30 – 10:15 am

Welcome and Keynote: Legislative Update Kristy Wiese, Capitol Advocacy

Kristy's presentation will identify key issues/challenges, discuss implications for nurse practitioner practice within the policy arena, and review lessons learned from SB 323 legislation.

10:15 – 10:45 am

Expo Hall and Poster Presentations

11:00 am – 12:15 pm

In-Track Sessions A1 - A4

A1 Hemophilia for NPs - Judy Kauffman, RN, MS, CPNP

Learn to recognize, assess and treat persons with inherited bleeding disorders in your healthcare setting.

A2 Curing Chronic Hepatitis C Virus in The Community Health Setting Megan Greenberg, RN, MS, FNP-BC

In this session, NPs will learn the ins and outs of treating chronic HCV in the primary care setting.

A3 Management for BPH In Primary Care - K. Chenin Kenig, RN, MSN, FNP-C

BPH affects the daily life of older men and accounts for numerous PCP visits. Learn about appropriate diagnosis and medical / surgical management of BPH.

A4 Successful Strategies for Managing Community Acquired Pneumonia (CAP) in Ambulatory Setting - Dr. Glenmore Hendricks, DNP, NP-C

To improve clinical skills in assessing, diagnosing, treatment and prevention of Community Acquired Pneumonia. Utilizing the CURB65 assessment tool and clinical judgement as guidelines. not receiving adequate education.

12:15 – 1:30 pm

CANP Lunch

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Friday (cont.)

1:00 – 4:00 pm

Workshop 2

WS2 Basic Suturing Techniques - Dr. Bryan Webb, DNP, AGNP and Ava Chase, DNP, FNP

This presentation covers wound closure and offers opportunity to practice basic suturing techniques.

1:45 – 3:00 pm

In-Track Sessions B1 – B4

B1 Non-Opioid Pharmacology for Pain Management - Theresa Mallick-Searle, MS, NP

This lecture will focus on the identification of non-opioid multimodal pharmacology in pain management. Providing the practitioner with updated knowledge and skill in pain management.

B2 Food for the Brain: Learning How What We Eat Affects Cognition and May Prevent or Delay Dementia - Lenore Arab, PhD, MSC

Identifying the role of specific foods and dietary patterns can improve cognitive health and delay the onset of dementia and Alzheimer's.

B3 Transforming your 15-minute visit with Mind-Body Medicine - Anuj Khattar, MD

Learn ways to talk to your patients about stress and mindfulness, and walk away with tools you can start using tomorrow!

**B4 Transgender Men: Considerations for The Provision of Quality Care
Susan L. Adams, RN, NP, Ph.D. and Dr. Amy Nichols**

The care of transgender men can pose challenges for the clinicians and the patients. Issues and guidelines for the provision of care will be discussed.

3:00 – 6:00 pm

Workshops 3 & 4

WS3 The How, When, Why and Where of Standardized Procedures - Melanie Balestra, MN, JD and Susanne J. Phillips, DNP, MSN, FNP-BC

This workshop will enable all participants to write their own SPs in the correct format required by the BRN.

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Friday (cont.)

WS4 EKG Workshop – Patty Andre, NP

3:15 – 4:30 pm In-Tracks C1 – C4

C1 Care of the Critically Ill Obstetric Patient - Erika Wilson, RN, MS, ACNP

Understand the physiologic changes of pregnancy and review the evaluation and management of both pregnancy-specific and other common conditions associated with critical illness.

C2 Direct Oral Anticoagulants (DOAC) For Atrial Fibrillation and Venous Thromboembolism: Use and Nuances - Laura J. Zitella, MS, RN, ACNP-BC, AOCN

Case-based review of novel oral anticoagulant therapy to treat venous thromboembolism and atrial fibrillation, including choice of therapy, bleeding complications and reversal strategies.

C3 Chronic Vaginitis for the Generalist - Becca Neuwirth, MSN

This presentation addresses how generalists should address patients with chronic bacterial vaginosis or yeast, and those patients who continue having symptoms without a straightforward diagnosis.

**C4 Post Intensive Care Syndrome, What Every Primary Care Provider Should Know
Thomas Farley, MS, NP and Carla Wittenberg, MS, NP**

Post intensive care syndrome is a leading cause of morbidity after surviving critical illness. Review the most recent science on diagnosis and treatment.

4:30 – 5:00 pm Expo Hall and Poster Presentations

5:00 – 6:15 pm In-Track Sessions D1 – D4

D1 Aspirin Exacerbated Respiratory Disease and Aspirin Desensitization – Jane Wang, NP

Aspirin exacerbated respiratory disease as a distinct clinical entity requires both medical and surgical treatment as well as aspirin desensitization.

D2 Premenstrual Dysphoric Disorder- It's Not Just Bad PMS! - My Hanh Nguyen, PMHNP

This presentation will take an in depth look into the prevalence, etiology, diagnosis and various treatment options for PMDD.

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Friday (cont.)

D3 Treating Patients with Or at High Risk of Hereditary Cancer Using a Comprehensive Toolkit **Victoria Chaudhary, DNPc, RN, CNL**

A comprehensive toolkit can improve confidence in practitioners who offer care to patients seeking genetic services in the primary care setting.

D4 Leadership Training: Creating a Dynamic Chapter – Ideas That Work **Theresa Ullrich, MSN, NP-C**

This session is for Chapter Leaders and those interested in Chapter leadership. We will have a panel to discuss innovations in Chapter leadership.

7:00 – 10:00 pm CANP Casablanca Night – Sponsored by NSO

Slip into the mystique of days gone by at Casablanca Night, where you can test your skill against Lady Luck. We've recreated a casino just for you, featuring 21, blackjack, craps, roulette, and more. A DJ, dancing, and assorted games round' out the evening's festivities.

Saturday, March 18

6:30 – 7:30 am CANP Fun Run – Sponsored by Planned Parenthood

You watched the runners in Rio — now it's your turn. Lace up your sneakers, grab your water bottle, and head to the easy 5K course. Run, jog, or walk the 3.1-mile distance with your conference buddies old and new. Registration is \$15 per person, and includes a T-shirt, water, and a post-race snack.

7:15 – 8:15 am CANP Breakfast and Poster Presentations

8:45 – 10:00 am In-Track Session A1 – A4

A1 The Painful Shoulder Part I: Clinical Evaluation - A.J. Benham, DNP, MSN-FNP, ONC and Kathleen Geier, DNP, FNP-C, MSN, OCN

The Painful Shoulder Part I: A Sherlockian approach to historical clues, anatomical underpinnings and specialized exam techniques guaranteed to unravel the mysteries of even the most painful shoulder.

In-Track Sessions = 1.25 CEUs. Workshops = 3 CEUs. Additional fees apply to workshops.

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Saturday (cont.)

A2 Eating Disorders in Primary Care: An Attitude Check - Kortney Parman, RD, RN, MS, FNP-C

Discover how NPs can overcome the barriers to embracing their role of helping to detect and treat eating disorders within primary care settings.

A3 Kids: Gut, Food and Health - Andrea M. Girman, MD, MPH

A review of the emerging evidence related to the interconnected roles that the gut microbiome and food play in maintaining gut health in children.

A4 Environmental Health IQ: Test Your Environmental Health Knowledge and Improve Your Clinical Assessment Skills - Alexa Curtis PhD, FNP-BC; Erin Flyn, MPH, MSN, DNPc and Kelley Booth, RN, BSN, MPH, DNP-C

This presentation will provide the participant with an opportunity to assess environmental health knowledge, improve clinical assessment skills, and examine opportunities for global health advocacy.

10:00 am – 1:00 pm Workshops 5

WS5 Professional Practice Issues for New Graduates - Camille Fitzpatrick, MSN, AGPCNP-BC and Dr. Susanne J. Phillips

An interactive discussion on regulatory and professional issues pertaining to NP practice in California. Highlights include a graduate NP panel and past BRN president. This workshop is free to all registered student conference attendees.

10:15 – 11:30 am In-Track Sessions B1 – B4

B1 Elbow, Wrist and Hand: Physical Evaluation and Treatment - Kathleen A. Geier, DNP, FNP-C, MSN, ONC and A.J. Benham, DNP, MSN-FNP, ONC

A detailed review of elbow, wrist, and hand anatomy and physical examination with a focus on relating patient history & physical findings to diagnosis.

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Saturday (cont.)

B2 DSME: Helping Patients Succeed - Janet Hildebrand, FNP-BC, CDE

Diabetes self-management education provides knowledge, skill and ability necessary for self-care that improves biomarkers, psychological and behavioral outcomes. However, patients are not receiving adequate education.

B3 Reasons for Visit That Make You Cringe: The Anxious Patient in Primary Care Kristin Rhodes, MSN, FNP-C

When physical complaints are manifestations of anxiety- recognizing them, motivating patients to understand their anxiety and options for management with humor and compassion.

B4 Concierge/Boutique Practice: Is it Viable for NPs? - Dr. Beth Haney, DNP, FNP-C, FAANP

This presentation will provide an overview of NP practice environments with emphasis how “Boutique” NP practices could not only survive but thrive without accepting insurance.

11:45 am – 1:00 pm

In-Track Sessions C1 – C4

C1 Childhood Anxiety and the Role of Trauma - Elizabeth Rice, PhD and Deborah Johnson, MSN, RN, PMHNP-BC

Anxiety disorders are common disorders among children and adolescents. Traumatic experiences may exacerbate anxiety symptoms. This presentation provides research & clinical expertise on anxiety and trauma.

C2 Medication Therapy Management for the Senior Population: An Inter-Professional Approach for Improved Patient Outcomes - Alexa Curtis, BSN, PhD and Rujul Patel, PharmD, PhD

This presentation will review the provision of inter-professional Medication Therapy Management and the optimization of Medicare Part D benefits for community-dwelling seniors.

C3 PPACA Meets Lactation - Mary DeNicola, DNP, FNP-BC

The PPACA (2010) stipulated lactation support as a covered benefit. Knowledge about current ICD10 lactation coding helps providers receive adequate reimbursement.

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Saturday (cont.)

C4 Chronic Hepatitis C: An Update on Screening, Evaluation and Management **Dr. Donald Gardenier, DNP, FNP-BC, FAAN, FAANP**

With a primary care focus, the risk factors, morbidity, treatment, and follow up of the patient with hepatitis C will be covered in this session.

1:00 - 2:15 pm **CANP Lunch and Raffle**

2:00 – 5:00 pm **Workshop 6 & 7**

WS6 Make Yourself Heard! Public Speaking Skills for NPs - Dr. Virginia McCoy Hass, DNP, MSN, FNP-C, PA-C; Donna Emanuele, DNP, RN, CNS, FNP-BC, FAANP and Dr. Vanessa C. Parker, PhD, MA, MSN, CHES, PMHNP-BC

Have fun with your peers as you learn and practice effective public speaking skills.

WS7 Musculoskeletal Injections in Primary Care: Upper Extremity - Kathleen Geier, DNP, FNP-C, MSN, ONC and A.J. Benham, DNP, MSN-FNP, ONC

This workshop will review the most common upper extremity musculoskeletal conditions encountered in primary care which can be addressed by intra-articular and trigger point injections.

2:30 - 3:45 pm **In-Track Sessions D1 – D4**

D1 Stranger in a Strange Land - Understanding Cultural Differences in Healthcare **Gordon H. Worley, MSN, FNP-C and Katrina M. Worley, MA**

This session will provide an overview of the differences between the healthcare expectations, beliefs, and practices of those from different cultures.

D2 Clinician Burnout: Use of Mindfulness to Alleviate Stress - Janet Hildebrand, FNP-BC, CDE

More clinicians are experiencing burnout secondary to changes in the clinical environment, studies have shown that mindfulness may alleviate reactivity to stress.

D3 Look Who's Driving Now - Camille Fitzpatrick, MSN, AGPCNP-BC

This presentation will provide information on assessment of the mobility needs of the older adult, obtaining a driving history and performing a physical exam to assess the degree of functional compromise in regards to driving.

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Saturday (cont.)

D4 I Feel a Breast Lump...Now What? Diagnostic Evaluation Approach by the NP

Sylvia S. Estrada, DNP, MSHCM

Palpable breast masses are common and usually benign, but NPs must make efficient evaluation and prompt diagnosis in order to rule out malignancy.

4:00 – 5:15 pm

In-Track Sessions E1 – E4

E1 Immunizations in Primary Care – Sheri Rickman Patrick, DNP, APRN, FNP-BC

This session is designed to educate NPs working in primary care about vaccines and common myths in order to educate parents and patients.

E2 Worries and Wishes: Advance Care Planning with Homeless Individuals

Sarah A. Hubbell, DNP(c), MSN and Jo Loomis, DNP, FNP-C

Homeless individuals often have unmet advance care planning needs. Learn how to choose forms, initiate conversations, and avoid pitfalls. Includes role-play opportunity.

E3 Negotiating Employment - Sharon P. O'Neill, JD, DNP, MSN, FNP-BC, PPNP-BC

This presentation discusses the job searching process and negotiation the terms of one's employment as a nurse practitioner (NP) by graduate and seasoned nurse practitioners.

E4 Using the STEADI Toolkit to Screen and Manage Falls in the Community Dwelling Older Adult

Janice A. Mark, RN, MSN, DNP (c) and Jo Loomis, DNP, FNP

Falls is a growing problem in the community dwelling senior. Learn how to screen and manage fall risk using the CDC's STEADI toolkit and algorithm.

5:30 – 6:30 pm

CANP Reception

6:30 pm

Alumni Receptions

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Sunday, March 19

7:00 am **Symposium B**

Migraine Pathophysiology in Practice – Carol Barch, MN, FNP-BC - Sponsored by Depomed

7:30 – 8:30 am **CANP Breakfast**

8:45 – 10:00 am **In-Track Sessions A1 – A5**

A1 Warfarin Basics: An Introductory Course - Angela Higuchi, NP, RNFA

This CME lecture is to provide a basic overview to monitor, evaluate, and manage the care of patient who require anticoagulation with warfarin.

A2 Mentoring Our Own: Surviving the Challenge of Clinical Teaching - Melanie Keiffer, DNP

The purpose of this talk is to provide nurse practitioners with the skills to survive the challenges of clinical teaching.

A3 Cervical Cancer Screening: Who, What & When to Test - Linda Goldman, DNP, MSN

Pap screening guidelines have become a seemingly moving target for clinicians. Learn who, when, and which tests to use for various stages of risk.

**A4 NP Connection: The Veterans Choice Program and Veterans Health Care
Lenora Lorenzo, VA PIHCS**

The Veterans' Choice Program allows veterans to receive care from community-based providers. This presentation will prepare NP to serve as providers for Veteran health care.

A5 Riding at Risk: Effective Nursing Interventions to Prevent Deaths Injuries and Disability Among Child Passengers - Heidi Heflin, MN, RN and Stephanie Tombrello, LCSW, CPSTI

Preventing deaths, injuries and disability among child passengers: nurses as key partners in the effort to make every ride a safe ride for California children.

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Sunday (cont.)

10:15 – 11:30 am

In-Track Sessions B1 – B4

- B1** **Is It Reactive Airway Disease or Asthma? The Big Dilemma – Rebecca Rogers, DNPc, FNP, APRN, MSN, RN**

Reactive Airway Disease is often diagnosed as Asthma. Learn the differences and proper diagnosis, how and when to test, medication and lifestyle management.

- B2** **How to Develop an NP Productivity Tracker - Jill Olmstead, MSN, NP-C, FAANP and Davina Luciano, CCS-P, CPC, CHTS-CP, CHTS-TR**

This session will provide an overview of how the nurse practitioner can capture their productivity and use data to optimize their practice and revenue opportunities.

- B3** **Catching Depression”-Case-based Update of USPSTF Guidelines for Depression Screening Laura L. Van Auker, DNP, FNP-BC, SN-C; Elizabeth Rice, PhD, PMHNP-BC and Jennifer Shaw Battista, PhD, RN, NP, CNM, FACNM**

New US Preventive Services Guidelines to Increase Quality of Depression Screening and Treatment in Perinatal and Primary Care of Women

- B4** **Precepting: What's in It for Me? - A.J. Benham, DNP, MSN-FNP, ONC**

A frank discussion of the perils, pitfalls, and opportunities of old fashioned mentoring in a newfangled world.

11:45 am – 1:00 pm

In-Track Sessions C1 – C4

- C1** **Influencing Staff Behaviors to Create System-wide Change - Stacy Nelson, Ed.D., VitalSmarts**

Few people drive rapid, comprehensive change because they rely on pep talks and bribes. Learn the ability to motivate and enable staff through intentional influence.

- C2** **Restructuring Long Term Care: Changing Patterns and Policy Implications – Donna Emanuele, DNP, RN, CNS, FNP-BC, FAANP**

Long term care in America remains a growing dilemma. Alternative approaches, strategies & recommendations are offered in the restructuring of LTC reform & future nursing implications.

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Sunday (cont.)

C3 Defending PSA: Re-Thinking the USPSTF Recommendations for Prostate Cancer Screening
Steven Bereta, MS, RN, FNP-C

In this presentation, we will examine the controversy of evaluating PSA for the detection of prostate cancer, focusing on shared decision making and individualized risk.

C4 The Painful Shoulder Part II: Common Acute & Chronic Disorders - Kathleen Geier, DNP, FNP-C, MSN, OCN and A.J. Benham, DNP, MSN-FNP, ONC

The Painful Shoulder Part II: Common Acute & Chronic Disorders: An elementary expose' of some common perpetrators of shoulder pain, including hangouts, disguises, modus operandi, and effective means of rehabilitation. Dr. Watson approved.

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