

EDUCATION SESSION DETAILS

In-Track sessions = 1.25 CEUs. Workshops = 3 CEUs. Additional Fees apply to Workshops.



WEDNESDAY, MARCH 18, 2015

4:00 p.m. – 6:30 p.m.

CANP REGISTRATION | NEWPORT COAST FOYER

5:30 p.m. – 6:30 p.m.

CANP WELCOME RECEPTION | ATRIUM / POOL PATIO

THURSDAY, MARCH 19, 2015

6:45 a.m. – 7:45 a.m.

CANP CONTINENTAL BREAKFAST | ROSE GARDEN

6:45 a.m. – 7:45 a.m.

BREAKFAST SYMPOSIUM SPONSORED BY TAKEDA/LUNDBECK

Insights Into A Major Depressive Disorder Treatment Option

CARDIFF | RX 0%

Speakers: Gustavo Alva, MD, DFAPA and Michele Novella, APRN, PMHNP-BC, PMHCNS-BC

Discussion of a Treatment Option for Major Depressive Disorder. This is promotional/non-CME/CE presentation.

7:00 a.m. – 8:00 a.m.

POSTER VIEWING | GRAND PACIFIC FOYER

7:45 a.m. – 9:15 a.m.

GENERAL SESSION

Keynote Speaker

NEWPORT COAST BALLROOM

Speaker: Lisa B. Marshall, Motivational Speaker & Consultant

All successful leaders have something powerful in common: boldness, bravery, and kindness. In this talk, Lisa B. Marshall, explores these powerful principles of the extraordinary leader.

No CEUs Awarded

9:30 a.m. – 10:45 a.m.
In-Track Sessions

A. How to Manage 200 Emails a Day and Still Communicate with a Smile

CARDIFF | RX 0%

Speaker: Surani Kwan

This presentation will help you remain in control of your inbox by demonstrating useful tips and tools that can be used immediately.

B. Bariatric Surgery: A Lasting Option for Patients Suffering from Obesity

SALON 1-3 | RX 0%

Speaker: Mary Kirk

Obesity effects nearly 1 in 3 Americans. Traditional approaches and advances in surgery have led to lasting results for treatment of comorbidities related to obesity.

C. Cervical Spine Disorders

SALON 4-5 | RX 1%

Speaker: Kathleen Geier

This presentation will explore common disorders of the cervical spine using an interactive case study approach. Functional anatomy and clinical examples will be included.

D. Providing Palliative Care: People Really Do Die in America

BAYCLIFF | RX 0%

Speaker: Peggy Kirkwood

Palliative care provides symptom management as well as goals of care conversations with patient who are suffering from chronic, serious conditions.

10:45 a.m. – 11:00 a.m.

CANP NETWORKING BREAK | GRAND PACIFIC BALLROOM

11:00 a.m. – 12:15 p.m.
In-Track Sessions

A. Challenges and Rewards of the Medical Group Visit

CARDIFF | RX 0%

Speaker: Leslyn Watson

Today's healthcare reimbursement is based heavily on improved patient outcomes. NP-led group visits are an effective way to achieve this goal.

B. My Achy Breaky Heart: An Interactive Case-Based Update of the 2013 American College of Cardiology Foundation/American Heart Association Heart Failure Practice Guidelines

SALON 4-5 | RX 50%

Speakers: Virginia McCoy Hass, Michelle O'Rourke

Get the latest update on of the ACC/AHS heart failure guidelines as you collaborate with your colleagues in small groups to advance clinical reasoning skills.

C. The 'Next' in Next Generation Gene Sequencing Testing

BAYCLIFF | RX 0%

Speakers: Sylvia Estrada, Catherine Quindipan

The rapid pace of technological innovation has driven multi-gene panel testing into the clinical arena. Next generation gene sequencing has altered clinical cancer genetics.

No CEUs Awarded

D. Identifying and Treating Sexually Transmitted Infections the CDC Way!

SALON 1-3 | RX 50%

Speaker: Linda Goldman

Itching and burning and discharge – OH MY! Make the correct diagnosis and provide evidence-based treatment for Sexually Transmitted Infections (STI) in an interactive format.

12:15 p.m. – 1:30 p.m.

CANP LUNCH | ROSE GARDEN

1:30 p.m. – 2:45 p.m.
In-Track Sessions

A. National Trends in APRN Practice Authority

BAYCLIFF | RX 0%

Speaker: Susanne J. Phillips

Healthcare access continues to grow in the U.S. as APRNs work to enact and amend statutes and regulations supporting full practice authority in individual states.

B. Sugar in our Diet: How it Affects our Weight, Well Being, and Brain

SALON 1-3 | RX 0%

Speaker: Beth Haney

Learn the impact of sugar on the body and brain and how we can help ourselves and our patients make better choices.

C. Using Patient-delivered Partner Therapy (PDPT) to Prevent Chlamydia and Gonorrhea Infections: An Overview of Distribution Methods and an Innovative Web-based Solution for California Health Care Settings

CARDIFF | RX 5%

Speaker: Sarah Campbell

Partner treatment prevents chlamydia and gonorrhea infection but is underused in clinic settings. Learn about innovative distribution methods including California's online resource for free partner medication.

No CEUs Awarded

D. Repetitive Use Injuries of the Upper Extremities at Work & Play

SALON 4-5 | RX 10%

Speaker: A.J. Benham

After a brief review of functional anatomy, this presentation will explore similarities in diagnosis and treatment of common upper extremity sports and work-related injuries.

1:30 p.m. – 4:30 p.m.
Workshop 1

12 Lead ECG | SUNSET | RX 15%

Speakers: Kimberly Newlin, Virginia Hass

Practitioners will learn some quick tricks to identify critical abnormalities on the ECG during this interactive and dynamic session.

Workshop 2

Journey to Self-Healing with Healing Touch | LAGUNA | RX 0%

Speaker: Rauni Prittinen King

Journey to Self-Healing with Healing Touch is a didactic as well as experiential workshop in which participants learn about the human energy system and how to use one's hands to heal self and others.

3:00 p.m. – 4:15 p.m.
In-Track Sessions

A. Geriatric Depression and Anxiety

SALON 1-3 | RX 60%

Speaker: Jennifer Serafin

This session will focus on screening and treatment options for geriatric depression and anxiety.

B. FPIES: Diagnosis, Treatment, and Nutrition Intervention

CARDIFF | RX 10%

Speaker: Kevin Letz

This presentation will review the symptoms, diagnosis, treatment, and nutrition intervention in food protein-induced enterocolitis syndrome (FPIES).

C. A New Menopause Generation: What Have We Learned 13 Years After the WHI?

SALON 4-5 | RX 75%

Speaker: Patricia Geraghty

Updates and refinements of the risks/benefits of menopause symptom management. Discusses women with special medical considerations or prolonged symptoms, and the evidence regarding bio-identical hormones.

D. What Nurse Practitioners Should Know About Recognizing and Treating Trigeminal Neuralgia

BAYCLIFF | RX 15%

Speaker: Robert Salsameda

Management of trigeminal neuralgia is best served by a team approach with communication between nurse practitioner, neurologists, and neurosurgeons, who together can provide various treatment options.

4:30 p.m. – 5:45 p.m.
In-Track Sessions

A. NP Documentation in an Electronic Environment

SALON 4-5 | RX 0%

Speaker: Katherine Kelly

Case studies will illustrate how problematic documentation can lead to litigation or regulatory hearings for nurse practitioners.

B. Clinical Homeopathy and Pain Management

SALON 1-3 | RX 0%

Speaker: Marcel Fraix

Homeopathic medications are a safe and efficacious option for the treatment of pain. The objective of this presentation is to discuss how to integrate homeopathic medications into the management of pain, including both somatic and neuropathic pain.

C. The NP-led Cardiac Anesthesia Pre-Operative Evaluation and Inpatient Consultation Service at Stanford Children's Hospital: A Description of our Model and High Level Overview of Pre-Operative Clinical Pearls.

CARDIFF | RX 50%

Speakers: Krisa Hoyle Elgin, Chloe Luu Journal

NP-led preoperative evaluation at Stanford Children's Hospital: What the NP and the patient need to know prior to elective anesthetics or surgery.

D. Aesthetics: Newest Treatments and Trends

BAYCLIFF | RX 20%

Speaker: Beth Haney

This presentation will give the attendee a broad overview of popular, effective aesthetics treatments and also provide tips on how to get started in aesthetics.

5:45 p.m. – 6:45 p.m.

CANP OPENING RECEPTION | GRAND PACIFIC BALLROOM

6:45 p.m. – 8:00 p.m.

SONOMA STATE ALUMNI RECEPTION | MARINER COVE

EDUCATION SESSION DETAILS

In-Track sessions = 1.25 CEUs. Workshops = 3 CEUs. Additional Fees apply to Workshops.



FRIDAY, MARCH 20, 2015

6:45 a.m. – 6:30 p.m.
6:00 a.m. – 7:00 a.m.

6:45 a.m. – 7:45 a.m.
6:45 a.m. – 7:45 a.m.
6:45 a.m. – 7:45 a.m.
7:45 a.m. – 9:15 a.m.

9:30 a.m. – 10:45 a.m.
In-Track Sessions

9:30 a.m. – 12:30 p.m.
Workshop 3

Workshop 4

10:45 a.m. – 11:15 a.m.
11:30 a.m. – 1:00 p.m.

11:15 a.m. – 12:30 p.m.
In-Track Sessions

12:30 p.m. – 1:30 p.m.
12:30 p.m. – 1:30 p.m.
1:45 p.m. – 3:00 p.m.
In-Track Sessions

1:45 p.m. – 4:45 p.m.
Workshop 5

Workshop 6

3:00 p.m. – 3:30 p.m.
3:30 p.m. – 4:45 p.m.
In-Track Sessions

5:00 p.m. – 6:15 p.m.
In-Track Sessions

6:30 p.m. – 10:00 p.m.

CANP REGISTRATION NEWPORT COAST FOYER				
YOGA WITH CANP CARDIFF PATIO Water and towels provided. Namaste. Yoga with CANP is open to all levels, from beginner to expert. Although yoga poses are a physical exercise, they have the added benefit of bringing great balance to the mind, body and spirit. A morning yoga practice is a great way to energize before a busy conference day.				
CANP CONTINENTAL BREAKFAST ROSE GARDEN				
VENDOR HALL GRAND PACIFIC BALLROOM				
POSTER VIEWING GRAND PACIFIC FOYER				
GENERAL SESSION AND NURSE PRACTITIONER OF DISTINCTION AWARD AND BRIDGING HEALTH CARE NEEDS AWARD				
2015 Legislative Update				
NEWPORT COAST BALLROOM RX 0%				
Speakers: Kristy Wiese, CANP Legislative Advocate, Dr. Donna Emanuele, CANP President, DNP, FNP-BC, FAANP and Theresa Ullrich, CANP President-Elect, MSN, FNP-BC				
A. Keeping Under the BRN Radar SALON 1-3 RX 0% Speaker: Melanie Balestra This lecture will teach the participant the BRN disciplinary process and how to avoid receiving complaints. Liability and risk prevention will be addressed for every situation from your own practice, as an employee and as an independent contractor. Just because there is not a specific law addressing the complaint, does not mean the BRN does not have their own opinion. Every NP needs to know how to stay under the BRN radar. Participants will leave the presentation with a new view of practice protections.	B. Review of Sleep Apnea BAYCLIFF RX 0% Speaker: Elizabeth Clauson Provides a review of sleep apnea and discussion on the increasing prevalence, risk factors, and current treatment options.	C. Smooth Transitions: Helping Your Heart Failure Patient CARDIFF RX 25% Speaker: Peggy Kirkwood This presentation will review heart failure care according to the 2013 AHA/ACC Guidelines and provide information on best practices to provide for smooth transitions from hospital to clinic to home.	D. Evaluation and Management of Head Injury in the Outpatient Setting: To CT or not to CT SALON 4-5 RX 0% Speaker: Reena Haymond Increase NP awareness of appropriate work up and clinical practice guidelines to inform and minimize risks associated with head injury.	
Bridging the Divide: Fine-tuning Communication Skills with Seriously Ill Patients and Their Families LAGUNA RX 0% Speakers: Liz Macera, Erin Crawford This workshop will provide practice using advanced communication skills that are useful in talking with patients with serious illnesses and their families.				
EKG Boot Camp: Basic EKG Review SUNSET RX 15% Speaker: Christina Craigo, Emily Caldwell Designed for nurses with an interest in advancing their knowledge of 12-lead EKGs, this workshop will provide dynamic, customized EKG interpretation for practical application.				
CANP NETWORKING BREAK GRAND PACIFIC BALLROOM				
CURES				
CURES Prescription Drug Monitoring Program				
GRAND PACIFIC BALLROOM Attendees at CANP's 38th Annual Educational Conference will be afforded a very unique opportunity, courtesy of the California Department of Justice Controlled Substance Utilization Review and Evaluation System (CURES) program. For a limited time during the conference, CURES representatives will be on hand to process applications for access to the CURES Prescription Drug Monitoring Program (PDMP), waiving the usual notarization requirement for onsite applicants.				
A. The Culture of the Nurse Practitioner: Dynamics and Patient Outcomes BAYCLIFF RX 0% Speakers: Krisa Elgin, Cassandra Bergero The culture in which nurse practitioners provide care is highly complex and changing. Stanford Children's NPs describe factors impacting their practice and patient outcomes.	B. AGITATION – Ativan Is Not The Answer CARDIFF RX 35% Speaker: Elizabeth Landsverk Most physicians use Ativan and other medications to treat dementia patients with behavioral issues. There's another way, with a focus on quality of life.	C. Equianalgesic Dosing: It's Not Just About the Math SALON 1-3 RX 100% Speaker: Mechele Fillman Equianalgesic dosing tables available online or in product information guides are only half of the equation when it comes to safe and effective opioid prescribing for patients. Through this presentation, the advance practice provider will feel more confident with prescribing safe and effective doses of opioids for their patients.	D. Updates in Antiarrhythmics & Anticoagulation SALON 4-5 RX 90% Speakers: Stephanie Yoakum, Mary Huntsinger As the population ages, we will encounter more patients on antiarrhythmics and anticoagulation agents in office and in-patient settings. This presentation will review basic indications and monitoring mechanisms for these drugs.	
CANP LUNCH ROSE GARDEN				
POSTER VIEWING (This time slot is mandatory for all poster presentations)				
A. Nurse Practitioner Professional Liability Exposures – A Contemporary View BAYCLIFF RX 0% Speaker: Lynn Pierce A review of current California NP claim data contrasted with data for NPs from across the country. The session includes claim scenarios as a risk education tool. No CEUs Awarded	B. How Low Can We Go? An Interactive Case-based Update of the JNC-8 Guidelines for Treatment of Hypertension SALON 4-5 RX 50% Speakers: Virginia McCoy Hass, Michelle O'Rourke Get the latest update of the JNC-8 guidelines for hypertension treatment as you collaborate with your colleagues in small groups to advance clinical reasoning skills.	C. Pediatric Dermatological Dilemmas SALON 1-3 RX 20% Speaker: Roberta Bavin Children commonly develop rashes; the nurse practitioner's role is appropriate to assess, diagnose and manage. This presentation reviews common dermatological dilemmas that occur in children, focusing on assessment and management; educating parents and children regarding care, and including when to exclude them from school.	D. Developmental & Behavioral Screening and Surveillance within the Medical Home CARDIFF RX 5% Speaker: Kathryn Ann Willits This session will address how FNPs are seeing more children with academic under-achievement and behavioral problems in the classroom. We will discuss valuable facets of providing family-centered, continuous, comprehensive, coordinated, and compassionate care.	
Demystifying Pain Management – A Case-based Workshop SUNSET RX 40% Speakers: Theresa Mallick-Searle, Mechele Fillman Interactive, case-based learning experience, exploring the mechanisms and management of both acute and chronic pain.				
Coaching Skills for Advanced Practice Nurses LAGUNA RX 0% Speaker: Linda Bark The purpose of this presentation is to invite participants to learn and practice holistic coaching that they can apply to patient care. New autonomy and self-determination research supports this approach to behavior change.				
CANP NETWORKING BREAK GRAND PACIFIC BALLROOM				
A. Teaching the Nurse Practitioners of the Future Today SALON 3 RX 0% Speaker: Sigi Marmorstein Are we preparing our NPs for the roles of the future? This presentation will focus on the future roles of nurse practitioners in an ever changing health care system.	B. Acute Coronary Syndrome: Transition from Hospital to Home BAYCLIFF RX 30% Speaker: Kim Newlin Review of the pharmacologic management of acute coronary syndrome (ACS), the importance of adherence, the key components of patient education, and ways to increase self-care management.	C. Atrial Fibrillation: The Basics and Beyond SALON 4-5 RX 50% Speakers: Stephanie Yoakum, Mary Huntsinger Atrial fibrillation (AF) is the most common type of arrhythmia. This session will focus on advanced management of AF including antiarrhythmic drug therapy, ablation, anticoagulation, and more.	D. Impacting Scope of Practice Through Social Media CARDIFF RX 0% Speakers: Tina Reynolds, Leidhra Johnson, Uptown Studios This session will deliver hands-on training and tactics on how nurse practitioners can impact legislation through social media.	E. Acute Stroke Management SALON 1-2 RX 0% Speaker: Carl Wherry Presentation focused on acute stroke management. A review of treatment guidelines for ischemic stroke and discussion of current controversies in the management of hemorrhagic stroke.
A. Pulmonary Nodules and Lung Cancer Screening SALON 1-3 RX 0% Speaker: Alicia Rigby Will discuss appropriate assessment of lung nodules including guidelines for follow-up. Review of USPSTF recommendations for lung cancer screening and pros and cons of implementation.	B. Chapter Leadership Best Practices BAYCLIFF RX 0% Speaker: Theresa Ullrich For current chapter and prospective chapter leaders to share chapter best practices and review the chapter Alignment Agreement.	C. Management of Behavioral and Psychological Symptoms of Dementia: A Spotlight on Psychotropic Medication Safety Concerns SALON 4-5 RX 50% Speaker: Nancy Trego A review of dementia epidemiology, prevalence, and health disparities. Discuss the clinical management of the behavioral and psychological management of dementia (BPSD). A review of non-pharmacological and pharmacological strategies for BPSD.	D. Periprocedural Evaluation and Management of Nurse Practitioner-led Paracentesis and Thoracentesis CARDIFF RX 25% Speaker: Jhoanna Anuran-Torres, Sue Kim-Saechao This presentation will focus on the evaluation and management process involved in nurse practitioner-led drainages, specifically paracentesis and thoracentesis.	
CANP EVENING EVENT ROSE GARDEN CANP is delighted to host a fun carnival-themed dinner and entertainment during our annual Evening Event. Come One, Come All! Celebrate the year's accomplishments, enjoy a relaxing evening with friends, and delight in all the midway has to offer!				

EDUCATION SESSION DETAILS

In-Track sessions = 1.25 CEUs. Workshops = 3 CEUs. Additional Fees apply to Workshops.



SATURDAY, MARCH 21, 2015

7:30 a.m. – 6:30 p.m.

6:30 a.m. – 7:30 a.m.

7:30 a.m. – 8:30 a.m.

7:30 a.m. – 8:30 a.m.

7:30 a.m. – 8:30 a.m.

9:00 a.m. – 12:00 p.m.
Workshop 7

9:00 a.m. – 10:15 a.m.
In-Track Sessions

10:15 a.m. – 10:30 a.m.

10:15 a.m. – 10:30 a.m.

10:30 a.m. – 11:45 a.m.
In-Track Sessions

11:45 a.m. – 1:00 p.m.

1:00 p.m. – 2:15 p.m.
In-Track Sessions

1:00 p.m. – 4:00 p.m.
Workshop 8

Workshop 9

2:15 p.m. – 2:30 p.m.

2:30 p.m. – 3:45 p.m.
In-Track Sessions

4:00 p.m. – 5:15 p.m.
In-Track Sessions

5:30 p.m. – 6:30 p.m.

6:30 p.m. – 7:30 p.m.

6:30 p.m. – 7:30 p.m.

6:30 p.m. – 7:30 p.m.

6:30 p.m. – 7:30 p.m.

CANP REGISTRATION NEWPORT COAST FOYER			
CANP FUN RUN LOBBY CANP 5K FUN RUN/WALK <i>Ready. Set. GO! Enjoy the cool seaside morning with an invigorating walk, jog or run with fellow conference attendees along an easy 5K (3.1 miles) course. Always a conference highlight, the 5K Fun Run/Walk is a great way for members, exhibitors, sponsors and guests to come together and get moving before the day's educational sessions. All participants receive a T-shirt, water and a snack at the end of the race. Registration is \$15 per person. Check in begins at 6:15 a.m. Meet at the front of hotel entry. Sponsored by Planned Parenthood.</i>			
CANP CONTINENTAL BREAKFAST ROSE GARDEN			
VENDOR HALL GRAND PACIFIC BALLROOM			
POSTER VIEWING GRAND PACIFIC FOYER			
Chest X-Ray Recognition In the Office and Urgent Care Settings SUNSET Speaker: Angie Golden <i>This workshop will allow the NP working in family practice or urgent care settings to utilize a consistent approach to looking at CXR and identify patterns consistent with common issues in these settings. After the lecture portion using CXR the participants will practice the recognition of common patterns and charting of those patterns.</i>			
A. Establishing a Critical Care NP Practice: The UCSF Experience BAYCLIFF RX 0% Speaker: Thomas Farley <i>This presentation describes the integration of nurse practitioners into the Critical Care Medicine Service at the UCSF Medical Center.</i> <i>CEU's Pending</i>	B. Complex Regional Pain Syndrome: Diagnosis and Treatment SALON 1-3 RX 50% Speaker: Mechele Fillman <i>Complex Regional Pain Syndrome is difficult to diagnose and difficult to treat. Often, by the time the patient is diagnosed, the syndrome has progressed and, in some cases, even spread to other limbs making treatment more difficult. Early recognition and diagnosis is essential for successful treatment.</i>	C. Diagnosing Heart Failure in Primary Care: Differentiating the Zebras from the Horses SALON 4-5 RX 30% Speaker: Maria Fe White <i>This session will discuss diagnostic testing for early identification of common and rare heart failure etiologies. A summary of the 2013 guideline-directed medical management of heart failure will also be presented.</i>	D. Within Our Reach: Mobilizing Advanced Practice Roles for Perinatal, Neonatal, and Pediatric Disaster Preparedness and Response CARDIFF RX 0% Speaker: Patricia Frost <i>Whether it is H1N1, EV-D68, Ebola, earthquakes or man-made disasters as health care providers, we need to be ready to protect the most vulnerable. Advanced practice nurses play an essential role in creating a disaster ready community by working with patients, their organizations, and the emergency services community. Learn about proven strategies to incorporate disaster preparedness into everyday workflow for perinatal, neonatal, pediatric, and special needs.</i>
CANP NETWORKING BREAK GRAND PACIFIC BALLROOM			
POSTER VIEWING GRAND PACIFIC FOYER			
A. RVUs and Other Productivity Measures: Understand How You are Being Paid for the Work You Do BAYCLIFF RX 0% Speaker: Surani Kwan <i>This presentation will prepare NPs to identify ideal ways to maximize profit in their workplace and establish themselves as a valuable asset to the practice.</i>	B. The Fibromyalgia Syndrome: Updates in Diagnosis and Treatment SALON 1-3 RX 30% Speaker: Theresa Mallick-Searle <i>Updates in the new diagnostic criteria, along with expanded options for pharmacological and behavioral therapies, will be presented as new innovations into the treatment and management of fibromyalgia.</i>	C. Advances in the Treatment of Gastroesophageal Reflux Disease SALON 4-5 RX 1% Speaker: Mary Kirk <i>Treatment of GERD includes lifestyle changes, medication, and surgical treatments. Advances in surgery have led to less invasive approaches, including LINX procedure and Medigus Endostapler.</i>	D. Motivational Interviewing for Palliative Care CARDIFF RX 0% Speakers: Liz Macera, Erin Crawford <i>This session will review common disease trajectories and how to apply Motivational Interviewing techniques to patients with serious or chronic illness.</i>
CANP LUNCH ROSE GARDEN			
A. The Role of Nurse Practitioners in the Development and Utilization of Telemonitoring Programs CARDIFF RX 0% Speaker: Sigi Marmorstein <i>In this educational program, the speaker will introduce the nurse practitioner to the practice of telemedicine, its utilization in hospitals, communities, and the home. Home telemonitoring devices and their utilization in management of chronic disease will be discussed.</i>	B. Updates in Cannabinoid Science: A Critical Review of Selected Literature SALON 1-3 RX 30% Speaker: Theresa Mallick-Searle <i>This program will provide nurse practitioners with an understanding of the pathophysiology of the Endocannabinoid System, current research, and science behind the use of cannabinoids.</i>	C. Diagnosis and Treatment of Epilepsy in 2014 BAYCLIFF RX 30% Speakers: Jack Lin, Virginia Monsanto <i>Epilepsy is a common neurological disorder, impacting the lives of 1 in 100 people. This presentation will focus on the diagnosis and treatment of epilepsy.</i> <i>No CEUs Awarded</i>	D. Chronic Hepatitis C: An Update on Screening, Evaluation, and Management SALON 4 RX 50% Speaker: Donald Gardenier <i>With a primary care focus, the risk factors, morbidity, treatment, and follow-up of the patient with Hepatitis C will be covered in this session.</i>
Professional Practice Issues for New Graduates SALON 5 RX 0% Speakers: Camille Fitzpatrick, Susanne Phillips <i>This session is designed for nurse practitioner students, recent graduates, and those new or returning to nurse practitioner practice; however, any registered conference participant may attend. The session helps the novice prepare for professional nurse practitioner practice. The session consists of three one-hour sessions. Participants may attend individual sessions</i>			
Current Pharmaceutical Management of Type 2 Diabetes SUNSET RX 75% Speaker: Zarmine Naccashian <i>Implementing individualized treatment options with insulin in patients with type 2 DM will be considered; taking into account patient's age, weight, diet preferences, comorbidities and life expectancy.</i>			
CANP NETWORKING BREAK NEWPORT COAST FOYER			
A. Rural Pearls: Thriving as a New Clinician in the Boonies BAYCLIFF RX 5% Speaker: Benjamin Woodward <i>This presentation will review tools not taught in the typical NP program for both new clinicians, their colleagues, and educators, including specifics of clinical skills, emergency management, colleague communication, feedback methods, continuing education needs, and case study pearls from our rural family practice in Point Reyes Station, CA.</i>	B. It's Not Grandma's Birth Control Pill: New Guidelines and New Products SALON 1-3 RX 75% Speaker: Patricia Geraghty <i>For both primary and specialty caregivers, and organized by contraceptive effectiveness, this presentation includes new guidelines for initiation/continuation of methods, contraception myth busters, and patient eligibility.</i> <i>No CEUs Awarded</i>	C. Assessment and Management of Autism in the Primary Care Setting CARDIFF RX 0% Speaker: Stephanie Spaulding <i>This presentation is designed to address the nurse practitioner role in assessing and managing Autism Spectrum Disorders and associated comorbidities in the primary care setting.</i>	D. That Nagging Cough: Common Causes & Treatment of Chronic Cough SALON 4 RX 5% Speaker: Jane Wang <i>Chronic cough is a common health complaint that can be caused by single or multiple underlying conditions. The treatment, therefore, will be targeting the underlying conditions. Certain diagnostic studies can facilitate reaching the diagnosis.</i>
A. Video Conference-shared Medical Appointments Improves Rural Diabetes Care CARDIFF RX 0% Speakers: Lisa Tokuda, Lenora Lorenzo <i>The session will examine a case study of a clinical pharmacist and a nurse practitioner from the VA Medical Center in Hawaii who delivered video conference-shared medical appointments to a remote clinic on the island of Guam.</i>	B. Why the Letter "P" Means so Much to Medicine, Today- Primary Care, Pediatrics, Psychiatry, Pharmacists, Personalized Medicine and Pharmacogenetics SALON 1-3 RX 100% Speaker: Tracy Fremd <i>Today, 80 percent of the medications prescribed can be influenced by genetic makeup. Learn more about pharmacogenetic testing and how this will change prescribing medication in the next 10 years.</i> <i>No CEUs Awarded</i>	C. Meeting the Needs of the Underserved: A Nurse-run Free Clinic Project BAYCLIFF RX 10% Speakers: Susan Andera, Mary Baker <i>Nurse-managed, student-run free clinics staffed by nurse practitioners provide specialized training to graduate nurse practitioner students to meet needs of underserved and vulnerable populations.</i>	D. Migraine: Updates in Diagnosis and Treatment SALON 4-5 RX 30% Speaker: Theresa Mallick-Searle <i>This presentation will review the recent ICHD-II criteria for migraine headaches, define non-migraine headaches, and provide updated, evidenced based pharmaceutical and non-pharmaceutical treatment strategies.</i>
CANP RECEPTION SEAVIEW TERRACE			
AZUSA PACIFIC UNIVERSITY ALUMNI RECEPTION			
UCI ALUMNI RECEPTION LAGUNA/SUNSET			
UC DAVIS ALUMNI RECEPTION EMERALD COVE			
WESTERN ALUMNI RECEPTION CARDIFF			

EDUCATION SESSION DETAILS

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SUNDAY, MARCH 22, 2015

7:30 a.m. – 12:00 p.m.

7:30 a.m. – 8:30 a.m.

8:30 a.m. – 9:45 a.m.
In-Track Sessions

9:45 a.m. – 10:00 a.m.

10:00 a.m. – 11:15 a.m.
In-Track Sessions

11:30 a.m. – 12:45 p.m.
In-Track Sessions

CANP REGISTRATION NEWPORT COAST FOYER			
CANP CONTINENTAL BREAKFAST ROSE GARDEN			
A. Measuring a Nurse Practitioner’s Quality Outcomes in a Veterans Affairs Outpatient Setting using Professional Practice Evaluation and Core Performance Measures CARDIFF RX 0% Speaker: Shelly de Peralta <i>Ongoing Professional Practice Evaluation is an innovative program implemented at the VA that provides education, surveillance, and transparency in evaluating care provided by a nurse practitioner.</i>	B. Equianalgesic Dosing: It’s not Just About the Math SALON 1-3 RX 100% Speaker: Mechele Fillman <i>Equianalgesic dosing tables available online or in product information guides are only half of the equation when it comes to safe and effective opioid prescribing for patients. Through this presentation, the advance practice provider will feel more confident prescribing safe and effective doses of opioids for their patients.</i>	C. Ortho NPs: Exploring Specialty Care Education and Career Opportunities BAYCLIFF RX 0% Speakers: A.J. Benham, Kathleen Geier <i>This presentation will review educational pathways and employment opportunities for NPs interested in orthopedics, including roles in acute care, surgery, specialty clinics, and primary care.</i>	D. What’s New in the Treatment of Acute Ischemic Stroke? SALON 4-5 RX 50% Speaker: Bonnie Faigeles <i>Review recent studies about treatment of Ischemic stroke, Endovascular Stroke Treatment, Antiplatelet medicaions, Statins, Warfarin, Novel Oral Anticoagulants and Hemicraniectomy.</i>
CANP NETWORKING BREAK NEWPORT COAST FOYER			
A. Shared Medical Appointments for Patients with Diabetes: Changing Paradigms of Care BAYCLIFF RX 0% Speakers: Lenora Lorenzo, Lisa Tokuda <i>Shared medical appointments are interactive medical appointments in which a multi-disciplinary team of providers sees a group of patients to augment management and improve clinical outcomes.</i>	B. ABCs of Ablations CARDIFF RX 30% Speakers: Mary Eng Huntsinger, Stephanie Hoyt Yoakum <i>Ablations for atrial arrhythmias are being performed on increasing numbers of patients today. This presentation will cover indications, preparations, procedure, and post-care of these patients.</i>	C. The Exercise Prescription: An Essential Component of the Primary Care Visit SALON 1-3 RX 0% Speaker: Margaret Johnston <i>Physical activity rates are decreasing nationally despite the known health benefits of exercise. The primary care exercise prescription can help counter this alarming trend.</i>	D. Fatty Liver Disease SALON 4-5 RX 25% Speaker: Donald Gardenier <i>Non-alcoholic fatty liver disease (NAFLD) is increasing in prevalence. Epidemiology, identification, and management of NAFLD will be the focus of this session.</i>
A. Assessing Pregnancy Intention as a Vital Sign in Primary Care CARDIFF RX 0% Speakers: Andria Hancock-Crear, Denise Lewis <i>Strategies will be presented for care teams in diverse settings to integrate pregnancy intention assessment into routine practice to improve chronic disease management and overall patient health.</i>	B. Earthquake Preparedness BAYCLIFF RX 0% Speaker: Catherine Goodhue <i>This presentation will cover key elements of creating a disaster preparedness plan and survival kit for families with special health care needs.</i>	C. A Fresh View of Cognitive Disorders in Older Adults: New Classification and Screening Strategies SALON 1-3 RX 0% Speaker: Lynda Mackin <i>A new diagnostic classification system for cognitive disorders exists. The APN must be able to select, administer, interpret, and discuss results of cognitive screening tests.</i>	D. Dermatology for General Practitioners: Common Pediatric Dermatological Disorders SALON 4-5 RX 50% Speaker: Kammi Sayaseng <i>This presentation will address a few of the many common pediatric dermatological disorders, their clinical presentations, and up-to-date treatment regimens.</i>

CORPORATE MEMBERS

