

WEDNESDAY, MARCH 18, 2015

4:00 p.m. – 6:00 p.m.

CANP REGISTRATION

5:00 p.m. – 6:00 p.m.

CANP WELCOME RECEPTION

THURSDAY, MARCH 19, 2015

7:00 a.m. – 8:00 a.m.

CANP CONTINENTAL BREAKFAST

7:00 a.m. – 8:00 a.m.

BREAKFAST SYMPOSIUM SPONSORED BY TAKEDA/LUNDBECK

Insights Into A Major Depressive Disorder Treatment Option

Speakers: Gustavo Alva, MD, DFAPA and Michele Novella, APRN, PMHNP-BC, PMHCNS-BC

Discussion of a Treatment Option for Major Depressive Disorder. This is promotional/non-CME/CE presentation.

RX 0%

7:00 a.m. – 8:00 a.m.

POSTER VIEWING

8:00 a.m. – 9:15 a.m.

GENERAL SESSION

Keynote Speaker

Speaker: Lisa Marshall, Motivational Speaker & Consultant

9:30 a.m. – 10:45 a.m.

In-Track Sessions

A. How to Manage 200 Emails a Day and Still Communicate with a Smile

Speaker: Surani Kwan
This presentation will help you remain in control of your inbox by demonstrating useful tips and tools that can be used immediately.

RX 0%

B. Bariatric Surgery: A Lasting Option for Patients Suffering from Obesity

Speaker: Mary Kirk
Obesity effects nearly 1 in 3 Americans. Traditional approaches and advances in surgery have led to lasting results for treatment of comorbidities related to obesity.

RX 0%

C. Cervical Spine Disorders

Speaker: Kathleen Geier

This presentation will explore common disorders of the cervical spine using an interactive case study approach. Functional anatomy and clinical examples will be included.

RX 1%

D. Providing Palliative Care: People Really Do Die in America

Speaker: Peggy Kirkwood

Palliative care provides symptom management as well as goals of care conversations with patient who are suffering from chronic, serious conditions.

RX 0%

10:45 a.m. – 11:00 a.m.

CANP NETWORKING BREAK

11:00 a.m. – 12:15 p.m.

In-Track Sessions

A. Challenges and Rewards of the Medical Group Visit

Speaker: Leslyn Watson
Today's healthcare reimbursement is based heavily on improved patient outcomes. NP-led group visits are an effective way to achieve this goal.

RX 0%

B. My Achy Breaky Heart: An Interactive Case-Based Update of the 2013 American College of Cardiology Foundation/American Heart Association Heart Failure Practice Guidelines

Speakers: Virginia McCoy Hass, Michelle O'Rourke
Get the latest update of the ACC/AHA heart failure guidelines as you collaborate with your colleagues in small groups to advance clinical reasoning skills.

RX 50%

C. The 'Next' in Next Generation Gene Sequencing Testing

Speakers: Sylvia Estrada, Catherine Quindipan

The rapid pace of technological innovation has driven multi-gene panel testing into the clinical arena. Next generation gene sequencing has altered clinical cancer genetics.

RX 0%

D. Identifying and Treating Sexually Transmitted Infections the CDC Way!

Speaker: Linda Goldman

Itching and burning and discharge – OH MY! Make the correct diagnosis and provide evidence-based treatment for Sexually Transmitted Infections (STI) in an interactive format.

RX 50%

12:15 p.m. – 1:30 p.m.

CANP LUNCH

1:30 p.m. – 2:45 p.m.
In-Track Sessions

<p>A. National Trends in APRN Practice Authority</p> <p>Speaker: Susanne J. Phillips</p> <p><i>Healthcare access continues to grow in the U.S. as APRNs work to enact and amend statutes and regulations supporting full practice authority in individual states.</i></p> <p>RX 0%</p>	<p>B. Sugar in our Diet: How it Affects our Weight, Well Being, and Brain</p> <p>Speaker: Beth Haney</p> <p><i>Learn the impact of sugar on the body and brain and how we can help ourselves and our patients make better choices.</i></p> <p>RX 0%</p>	<p>C. Using Patient-delivered Partner Therapy (PDPT) to Prevent Chlamydia and Gonorrhea Infections: An Overview of Distribution Methods and an Innovative Web-based Solution for California Health Care Settings</p> <p>Speaker: Sarah Campbell</p> <p><i>Partner treatment prevents chlamydia and gonorrhea infection but is underused in clinic settings. Learn about innovative distribution methods including California's online resource for free partner medication.</i></p> <p>RX 5%</p>	<p>D. Repetitive Use Injuries of the Upper Extremities at Work & Play</p> <p>Speaker: A.J. Benham</p> <p><i>After a brief review of functional anatomy, this presentation will explore similarities in diagnosis and treatment of common upper extremity sports and work-related injuries.</i></p> <p>RX 10%</p>
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1:30 p.m. – 4:30 p.m.
Workshop 1

<p>12 Lead ECG</p> <p>Speakers: Kimberly Newlin, Virginia Hass</p> <p><i>Practitioners will learn some quick tricks to identify critical abnormalities on the ECG during this interactive and dynamic session.</i></p> <p>RX 15%</p>

Workshop 2

<p>Journey to Self-Healing with Healing Touch</p> <p>Speaker: Rauni Prittinen King</p> <p><i>Journey to Self-Healing with Healing Touch is a didactic as well as experiential workshop in which participants learn about the human energy system and how to use one's hands to heal self and others.</i></p> <p>RX 0%</p>
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3:00 p.m. – 4:15 p.m.
In-Track Sessions

<p>A. Geriatric Depression and Anxiety</p> <p>Speaker: Jennifer Serafin</p> <p><i>This session will focus on screening and treatment options for geriatric depression and anxiety.</i></p> <p>RX 60%</p>	<p>B. FPIES: Diagnosis, Treatment, and Nutrition Intervention</p> <p>Speaker: Kevin Letz</p> <p><i>This presentation will review the symptoms, diagnosis, treatment, and nutrition intervention in food protein-induced enterocolitis syndrome (FPIES).</i></p> <p>RX 10%</p>	<p>C. A New Menopause Generation: What Have We Learned 13 Years After the WHI?</p> <p>Speaker: Patricia Geraghty</p> <p><i>Updates and refines of the risks/benefits of menopause symptom management. Discusses women with special medical considerations or prolonged symptoms, and the evidence regarding bio-identical hormones.</i></p> <p>RX 75%</p>	<p>D. What Nurse Practitioners Should Know About Recognizing and Treating Trigeminal Neuralgia</p> <p>Speaker: Robert Salsameda</p> <p><i>Management of trigeminal neuralgia is best served by a team approach with communication between nurse practitioner, neurologists, and neurosurgeons, who together can provide various treatment options.</i></p> <p>RX 15%</p>
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THURSDAY, MARCH 19, 2015 FRIDAY, MARCH 20, 2015

EDUCATION SESSION DETAILS

4:30 p.m. – 5:45 p.m.
In-Track Sessions

A. NP Documentation in an Electronic Environment

Speaker: Katherine Kelly
Case studies will illustrate how problematic documentation can lead to litigation or regulatory hearings for nurse practitioners.

RX 0%

B. Clinical Homeopathy and Pain Management

Speaker: Marcel Fraix
Homeopathic medications are a safe and efficacious option for the treatment of pain. The objective of this presentation is to discuss how to integrate homeopathic medications into the management of pain, including both somatic and neuropathic pain.

RX 0%

C. The NP-led Cardiac Anesthesia Pre-Operative Evaluation and Inpatient Consultation Service at Stanford Children's Hospital: A Description of our Model and High Level Overview of Pre-Operative Clinical Pearls.

Speakers: Krisa Hoyle Elgin, Chloe Luu Journal
NP-led preoperative evaluation at Stanford Children's Hospital: What the NP and the patient need to know prior to elective anesthetics or surgery.

RX 50%

D. Aesthetics: Newest Treatments and Trends

Speaker: Beth Haney
This presentation will give the attendee a broad overview of popular, effective aesthetics treatments and also provide tips on how to get started in aesthetics.

RX 20%

5:45 p.m. – 6:45 p.m.

CANP OPENING RECEPTION

FRIDAY, MARCH 20, 2015

6:00 a.m. – 7:00 a.m.

YOGA WITH CANP

7:00 a.m. – 8:00 a.m.

CANP CONTINENTAL BREAKFAST

7:00 a.m. – 8:00 a.m.

VENDOR HALL

7:00 a.m. – 8:00 a.m.

POSTER VIEWING

8:05 a.m. – 9:20 a.m.

GENERAL SESSION

2015 Legislative Update

Speakers: Kristy Wiese, CANP Legislative Advocate, Dr. Donna Emanuele, CANP President, DNP, FNP-BC, FAANP and Theresa Ullrich, CANP President-Elect, MSN, FNP-BC

RX 0%



1:45 p.m. – 3:00 p.m.
In-Track Sessions

<p>A. Nurse Practitioner Professional Liability Exposures – A Contemporary View</p> <p>Speaker: David Griffiths</p> <p><i>A review of current California NP claim data contrasted with data for NPs from across the country. The session includes claim scenarios as a risk education tool.</i></p> <p>RX 0%</p>	<p>B. How Low Can We Go? An Interactive Case-based Update of the JNC-8 Guidelines for Treatment of Hypertension</p> <p>Speakers: Virginia McCoy Hass, Michelle O'Rourke</p> <p><i>Get the latest update of the JNC-8 guidelines for hypertension treatment as you collaborate with your colleagues in small groups to advance clinical reasoning skills.</i></p> <p>RX 50%</p>	<p>C. Pediatric Dermatological Dilemmas</p> <p>Speaker: Roberta Bavin</p> <p><i>Children commonly develop rashes; the nurse practitioner's role is appropriate to assess, diagnose and manage. This presentation reviews common dermatological dilemmas that occur in children, focusing on assessment and management; educating parents and children regarding care, and including when to exclude them from school.</i></p> <p>RX 20%</p>	<p>D. Developmental & Behavioral Screening and Surveillance within the Medical Home</p> <p>Speaker: Kathryn Ann Willits</p> <p><i>This session will address how FNPs are seeing more children with academic under-achievement and behavioral problems in the classroom. We will discuss valuable facets of providing family-centered, continuous, comprehensive, coordinated, and compassionate care.</i></p> <p>RX 5%</p>
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1:45 p.m. – 4:45 p.m.
Workshop 5

<p>Demystifying Pain Management – A Case-based Workshop</p> <p>Speakers: Theresa Mallick-Searle, Mechele Fillman</p> <p><i>Interactive, case-based learning experience, exploring the mechanisms and management of both acute and chronic pain.</i></p> <p>RX 40%</p>
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Workshop 6

<p>Coaching Skills for Advanced Practice Nurses</p> <p>Speaker: Linda Bark</p> <p><i>The purpose of this presentation is to invite participants to learn and practice holistic coaching that they can apply to patient care. New autonomy and self-determination research supports this approach to behavior change.</i></p> <p>RX 0%</p>
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3:00 p.m. – 3:30 p.m.

CANP NETWORKING BREAK

3:30 p.m. – 4:45 p.m.
In-Track Sessions

<p>A. Teaching the Nurse Practitioners of the Future Today</p> <p>Speaker: Sigi Marmorstein</p> <p><i>Are we preparing our NPs for the roles of the future? This presentation will focus on the future roles of nurse practitioners in an ever changing health care system.</i></p> <p>RX 0%</p>	<p>B. Acute Coronary Syndrome: Transition from Hospital to Home</p> <p>Speaker: Kim Newlin</p> <p><i>Review of the pharmacologic management of acute coronary syndrome (ACS), the importance of adherence, the key components of patient education, and ways to increase self-care management.</i></p> <p>RX 30%</p>	<p>C. Atrial Fibrillation: The Basics and Beyond</p> <p>Speakers: Stephanie Yoakum, Mary Huntsinger</p> <p><i>Atrial fibrillation (AF) is the most common type of arrhythmia. This session will focus on advanced management of AF including antiarrhythmic drug therapy, ablation, anticoagulation, and more.</i></p> <p>RX 50%</p>	<p>D. Impacting Scope of Practice Through Social Media</p> <p>Speakers: Tina Reynolds, Leidhra Johnson, Uptown Studios</p> <p><i>This session will deliver hands-on training and tactics on how nurse practitioners can impact legislation through social media.</i></p> <p>RX 0%</p>	<p>E. Acute Stroke Management</p> <p>Speaker: Carl Wherry</p> <p><i>Presentation focused on acute stroke management. A review of treatment guidelines for ischemic stroke and discussion of current controversies in the management of hemorrhagic stroke.</i></p> <p>RX 0%</p>
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9:30 a.m. – 10:45 a.m.
In-Track Sessions

<p>A. Keeping Under the BRN Radar Speaker: Melanie Balestra</p> <p><i>This lecture will teach the participant the BRN disciplinary process and how to avoid receiving complaints. Liability and risk prevention will be addressed for every situation from your own practice, as an employee and as an independent contractor. Just because there is not a specific law addressing the complaint, does not mean the BRN does not have their own opinion. Every NP needs to know how to stay under the BRN radar. Participants will leave the presentation with a new view of practice protections.</i></p> <p>RX 0%</p>	<p>B. Review of Sleep Apnea Speaker: Elizabeth Clauson</p> <p><i>Provides a review of sleep apnea and discussion on the increasing prevalence, risk factors, and current treatment options.</i></p> <p>RX 0%</p>	<p>C. Smooth Transitions: Helping Your Heart Failure Patient Speaker: Peggy Kirkwood</p> <p><i>This presentation will review heart failure care according to the 2013 AHA/ACC Guidelines and provide information on best practices to provide for smooth transitions from hospital to clinic to home.</i></p> <p>RX 25%</p>	<p>D. Evaluation and Management of Head Injury in the Outpatient Setting: To CT or not to CT Speaker: Reena Haymond</p> <p><i>Increase NP awareness of appropriate work up and clinical practice guidelines to inform and minimize risks associated with head injury.</i></p> <p>RX 0%</p>
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9:30 a.m. – 12:30 p.m.
Workshop 3

<p>Bridging the Divide: Fine-tuning Communication Skills with Seriously Ill Patients and Their Families Speakers: Liz Macera, Erin Crawford</p> <p><i>This workshop will provide practice using advanced communication skills that are useful in talking with patients with serious illnesses and their families.</i></p> <p>RX 0%</p>

Workshop 4

<p>EKG Boot Camp: Basic EKG Review Speaker: Christina Craigo</p> <p><i>Designed for nurses with an interest in advancing their knowledge of 12-lead EKGs, this workshop will provide dynamic, customized EKG interpretation for practical application.</i></p> <p>RX 15%</p>

10:45 a.m. – 11:15 a.m.

CANP NETWORKING BREAK

11:15 a.m. – 12:30 p.m.
In-Track Sessions

<p>A. The Culture of the Nurse Practitioner: Dynamics and Patient Outcomes Speakers: Krisa Elgin, Cassandra Bergero</p> <p><i>The culture in which nurse practitioners provide care is highly complex and changing. Stanford Children's NPs describe factors impacting their practice and patient outcomes.</i></p> <p>RX 0%</p>	<p>B. AGITATION – Ativan Is Not The Answer Speaker: Elizabeth Landsverk</p> <p><i>Most physicians use Ativan and other medications to treat dementia patients with behavioral issues. There's another way, with a focus on quality of life.</i></p> <p>RX 35%</p>	<p>C. Equianalgesic Dosing: It's Not Just About the Math Speaker: Mechele Fillman</p> <p><i>Equianalgesic dosing tables available online or in product information guides are only half of the equation when it comes to safe and effective opioid prescribing for patients. Through this presentation, the advance practice provider will feel more confident with prescribing safe and effective doses of opioids for their patients.</i></p> <p>RX 100%</p>	<p>D. Updates in Antiarrhythmics & Anticoagulation Speakers: Stephanie Yoakum, Mary Huntsinger</p> <p><i>As the population ages, we will encounter more patients on antiarrhythmics and anticoagulation agents in office and in-patient settings. This presentation will review basic indications and monitoring mechanisms for these drugs.</i></p> <p>RX 90%</p>
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12:30 p.m. – 1:30 p.m.

CANP LUNCH

12:30 p.m. – 1:30 p.m.

POSTER VIEWING *(This time slot is mandatory for all poster presentations)*

FRIDAY, MARCH 20, 2015

SATURDAY, MARCH 21, 2015

EDUCATION SESSION DETAILS

5:00 p.m. – 6:15 p.m.
In-Track Sessions

A. Pulmonary Nodules and Lung Cancer Screening

Speaker: Alicia Rigby
Will discuss appropriate assessment of lung nodules including guidelines for follow-up. Review of USPSTF recommendations for lung cancer screening and pros and cons of implementation.

RX 0%

B. Chapter Leadership Best Practices

Speaker: Theresa Ullrich
For current chapter and prospective chapter leaders to share chapter best practices and review the chapter Alignment Agreement.

RX 0%

C. Management of Behavioral and Psychological Symptoms of Dementia: A Spotlight on Psychotropic Medication Safety Concerns

Speaker: Nancy Trego
A review of dementia epidemiology, prevalence, and health disparities. Discuss the clinical management of the behavioral and psychological management of dementia (BPSD). A review of non-pharmacological and pharmacological strategies for BPSD.

RX 50%

D. Periprocedural Evaluation and Management of Nurse Practitioner-led Paracentesis and Thoracentesis

Speaker: Jhoanna Anuran-Torres, Sue Kim-Saechao
This presentation will focus on the evaluation and management process involved in nurse practitioner-led drainages, specifically paracentesis and thoracentesis.

RX 25%

6:30 p.m. – 10:00 p.m.

CANP EVENING EVENT

SATURDAY, MARCH 21, 2015

6:30 a.m. – 7:30 a.m.

CANP FUN RUN

7:30 a.m. – 8:30 a.m.

CANP CONTINENTAL BREAKFAST

7:30 a.m. – 8:30 a.m.

VENDOR HALL

7:30 a.m. – 8:30 a.m.

POSTER VIEWING

9:00 a.m. – 12:00 p.m.
Workshop 7

Chest X-Ray Recognition In the Office and Urgent Care Settings

Speaker: Angie Golden

This workshop will allow the NP working in family practice or urgent care settings to utilize a consistent approach to looking at CXR and identify patterns consistent with common issues in these settings. After the lecture portion using CXR the participants will practice the recognition of common patterns and charting of those patterns.

9:00 a.m. – 10:15 a.m.
In-Track Sessions

A. Establishing a Critical Care NP Practice: The UCSF Experience

Speaker: Thomas Farley
This presentation describes the integration of nurse practitioners into the Critical Care Medicine Service at the UCSF Medical Center.

RX 0%

B. Complex Regional Pain Syndrome: Diagnosis and Treatment

Speaker: Mechele Fillman
Complex Regional Pain Syndrome is difficult to diagnose and difficult to treat. Often, by the time the patient is diagnosed, the syndrome has progressed and, in some cases, even spread to other limbs making treatment more difficult. Early recognition and diagnosis is essential for successful treatment.

RX 50%

C. Diagnosing Heart Failure in Primary Care: Differentiating the Zebras from the Horses

Speaker: Maria Fe White
This session will discuss diagnostic testing for early identification of common and rare heart failure etiologies. A summary of the 2013 guideline-directed medical management of heart failure will also be presented.

RX 30%

D. Within Our Reach: Mobilizing Advanced Practice Roles for Perinatal, Neonatal, and Pediatric Disaster Preparedness and Response

Speaker: Patricia Frost
Whether it is H1N1, EV-D68, Ebola, earthquakes or man-made disasters as health care providers, we need to be ready to protect the most vulnerable. Advanced practice nurses play an essential role in creating a disaster ready community by working with patients, their organizations, and the emergency services community. Learn about proven strategies to incorporate disaster preparedness into everyday workflow for perinatal, neonatal, pediatric, and special needs.

RX 0%

10:15 a.m. – 10:30 a.m.

CANP NETWORKING BREAK

10:15 a.m. – 10:30 a.m.

POSTER VIEWING

10:30 a.m. – 11:45 a.m.
In-Track Sessions

A. RVUs and Other Productivity Measures: Understand How You are Being Paid for the Work You Do

Speaker: Surani Kwan
This presentation will prepare NPs to identify ideal ways to maximize profit in their workplace and establish themselves as a valuable asset to the practice.

RX 0%

B. The Fibromyalgia Syndrome: Updates in Diagnosis and Treatment

Speaker: Theresa Mallick-Searle
Updates in the new diagnostic criteria, along with expanded options for pharmacological and behavioral therapies, will be presented as new innovations into the treatment and management of fibromyalgia.

RX 30%

C. Advances in the Treatment of Gastroesophageal Reflux Disease

Speaker: Mary Kirk
Treatment of GERD includes lifestyle changes, medication, and surgical treatments. Advances in surgery has led to less invasive approaches, including LINX procedure and Medigus Endostapler.

RX 1%

D. Motivational Interviewing for Palliative Care

Speakers: Liz Macera, Erin Crawford
This session will review common disease trajectories and how to apply Motivational Interviewing techniques to patients with serious or chronic illness.

RX 0%

11:45 a.m. – 1:00 p.m.

CANP LUNCH

1:00 p.m. – 2:15 p.m.
In-Track Sessions

A. The Role of Nurse Practitioners in the Development and Utilization of Telemonitoring Programs

Speaker: Sigi Marmorstein
In this educational program, the speaker will introduce the nurse practitioner to the practice of telemedicine, its utilization in hospitals, communities, and the home. Home telemonitoring devices and their utilization in management of chronic disease will be discussed.

RX 0%

B. Updates in Cannabinoid Science: A Critical Review of Selected Literature

Speaker: Theresa Mallick-Searle
This program will provide nurse practitioners with an understanding of the pathophysiology of the Endocannabinoid System, current research, and science behind the use of cannabinoids.

RX 30%

C. Diagnosis and Treatment of Epilepsy in 2014

Speakers: Jack Lin, Virginia Monsanto
Epilepsy is a common neurological disorder, impacting the lives of 1 in 100 people. This presentation will focus on the diagnosis and treatment of epilepsy.

RX 30%

D. Chronic Hepatitis C: An Update on Screening, Evaluation, and Management

Speaker: Donald Gardenier
With a primary care focus, the risk factors, morbidity, treatment, and follow-up of the patient with Hepatitis C will be covered in this session.

RX 50%

1:00 p.m. – 4:00 p.m.
Workshop 8

Professional Practice Issues for New Graduates

Speakers: Camille Fitzpatrick, Susanne Phillips
This session is designed for nurse practitioner students, recent graduates, and those new or returning to nurse practitioner practice; however, any registered conference participant may attend. The session helps the novice prepare for professional nurse practitioner practice. The session consists of three one-hour sessions. Participants may attend individual sessions

RX 0%

Workshop 9

Current Pharmaceutical Management of Type 2 Diabetes

Speaker: Zarmine Naccashian
Implementing individualized treatment options with insulin in patients with type 2 DM will be considered; taking into account patient's age, weight, diet preferences, comorbidities and life expectancy.

RX 75%

2:15 p.m. – 2:30 p.m.

CANP NETWORKING BREAK

2:30 p.m. – 3:45 p.m.
In-Track Sessions

A. Rural Pearls: Thriving as a New Clinician in the Boonies

Speaker: Benjamin Woodward

This presentation will review tools not taught in the typical NP program for both new clinicians, their colleagues, and educators, including specifics of clinical skills, emergency management, colleague communication, feedback methods, continuing education needs, and case study pearls from our rural family practice in Point Reyes Station, CA.

RX 5%

B. It's Not Grandma's Birth Control Pill: New Guidelines and New Products

Speaker: Patricia Geraghty

For both primary and specialty caregivers, and organized by contraceptive effectiveness, this presentation includes new guidelines for initiation/continuation of methods, contraception myth busters, and patient eligibility.

RX 75%

C. Assessment and Management of Autism in the Primary Care Setting

Speaker: Stephanie Spaulding

This presentation is designed to address the nurse practitioner role in assessing and managing Autism Spectrum Disorders and associated comorbidities in the primary care setting.

RX 0%

D. That Nagging Cough: Common Causes & Treatment of Chronic Cough

Speaker: Jane Wang

Chronic cough is a common health complaint that can be caused by single or multiple underlying conditions. The treatment, therefore, will be targeting the underlying conditions. Certain diagnostic studies can facilitate reaching the diagnosis.

RX 5%

4:00 p.m. – 5:15 p.m.
In-Track Sessions

A. Video Conference-shared Medical Appointments Improves Rural Diabetes Care

Speakers: Lisa Tokuda, Lenora Lorenzo

The session will examine a case study of a clinical pharmacist and a nurse practitioner from the VA Medical Center in Hawaii who delivered video conference-shared medical appointments to a remote clinic on the island of Guam.

RX 0%

B. Why the Letter "P" Means so Much to Medicine, Today- Primary Care, Pediatrics, Psychiatry, Pharmacists, Personalized Medicine and Pharmacogenetics

Speaker: Tracy Fremd

Today, 80 percent of the medications prescribed can be influenced by genetic makeup. Learn more about pharmacogenetic testing and how this will change prescribing medication in the next 10 years.

RX 100%

C. Meeting the Needs of the Underserved: A Nurse-run Free Clinic Project

Speakers: Susan Andera, Mary Baker

Nurse-managed, student-run free clinics staffed by nurse practitioners provide specialized training to graduate nurse practitioner students to meet needs of underserved and vulnerable populations.

RX 10%

D. Migraine: Updates in Diagnosis and Treatment

Speaker: Theresa Mallick-Searle

This presentation will review the recent ICHD-II criteria for migraine headaches, define non-migraine headaches, and provide updated, evidenced based pharmaceutical and non-pharmaceutical treatment strategies.

RX 30%

5:30 p.m. – 6:30 p.m.

CAMP RECEPTION

SUNDAY, MARCH 22, 2015

7:30 a.m. – 8:30 a.m.

8:30 a.m. – 9:45 a.m.
In-Track Sessions

CANP CONTINENTAL BREAKFAST

A. Measuring a Nurse Practitioner's Quality Outcomes in a Veterans Affairs Outpatient Setting using Professional Practice Evaluation and Core Performance Measures

Speaker: Shelly de Peralta
Ongoing Professional Practice Evaluation is an innovative program implemented at the VA that provides education, surveillance, and transparency in evaluating care provided by a nurse practitioner.

RX 0%

B. Equianalgesic Dosing: It's not Just About the Math

Speaker: Mechele Fillman
Equianalgesic dosing tables available online or in product information guides are only half of the equation when it comes to safe and effective opioid prescribing for patients. Through this presentation, the advance practice provider will feel more confident prescribing safe and effective doses of opioids for their patients.

RX 100%

C. Ortho NPs: Exploring Specialty Care Education and Career Opportunities

Speakers: A.J. Benham, Kathleen Geier
This presentation will review educational pathways and employment opportunities for NPs interested in orthopedics, including roles in acute care, surgery, specialty clinics, and primary care.

RX 0%

D. What's New in the Treatment of Acute Ischemic Stroke?

Speaker: Bonnie Faigeles
Review recent studies about treatment of Ischemic stroke, Endovascular Stroke Treatment, Antiplatelet medications, Statins, Warfarin, Novel Oral Anticoagulants and Hemicraniectomy.

RX 50%

9:45 a.m. – 10:00 a.m.

10:00 a.m. – 11:15 a.m.
In-Track Sessions

CANP NETWORKING BREAK

A. Shared Medical Appointments for Patients with Diabetes: Changing Paradigms of Care

Speakers: Lenora Lorenzo, Lisa Tokuda
Shared medical appointments are interactive medical appointments in which a multi-disciplinary team of providers sees a group of patients to augment management and improve clinical outcomes.

RX 0%

B. ABCs of Ablations

Speakers: Mary Eng Huntsinger, Stephanie Hoyt Yoakum
Ablations for atrial arrhythmias are being performed on increasing numbers of patients today. This presentation will cover indications, preparations, procedure, and post-care of these patients.

RX 30%

C. The Exercise Prescription: An Essential Component of the Primary Care Visit

Speaker: Margaret Johnston
Physical activity rates are decreasing nationally despite the known health benefits of exercise. The primary care exercise prescription can help counter this alarming trend.

RX 0%

D. Fatty Liver Disease

Speaker: Donald Gardenier
Non-alcoholic fatty liver disease (NAFLD) is increasing in prevalence. Epidemiology, identification, and management of NAFLD will be the focus of this session.

RX 25%

11:30 a.m. – 12:45 p.m.

In-Track Sessions

A. Assessing Pregnancy Intention as a Vital Sign in Primary Care

Speakers: Andria Hancock-Crear, Denise Lewis
Strategies will be presented for care teams in diverse settings to integrate pregnancy intention assessment into routine practice to improve chronic disease management and overall patient health.

RX 0%

B. Earthquake Preparedness

Speaker: Catherine Goodhue
This presentation will cover key elements of creating a disaster preparedness plan and survival kit for families with special health care needs.

RX 0%

C. A Fresh View of Cognitive Disorders in Older Adults: New Classification and Screening Strategies

Speaker: Lynda Mackin
A new diagnostic classification system for cognitive disorders exists. The APN must be able to select, administer, interpret, and discuss results of cognitive screening tests.

RX 0%

D. Dermatology for General Practitioners: Common Pediatric Dermatological Disorders

Speaker: Kammi Sayaseng
This presentation will address a few of the many common pediatric dermatological disorders, their clinical presentations, and up-to-date treatment regimens.

RX 50%